

Fall 2016

WebTrac: New Online Registration!

Set up your account in just a few simple steps. Do it BEFORE registration dates to save time! (Google is the preferred browser.)

webtrac.maplegrovmn.gov

Create a login and password. Place a program into your wishlist now and then move it to your cart on registration day!

See the new
After School
Programs on
pages 27-28

Seniors/55 Forward program registration starts on **Monday**, August 15 at 9:00 am.

General program registration starts on **Tuesday**, August 16 at 9:00 am.

Swim and evening Water Aerobics registration begins **Wednesday**, August 17 at 9:00 am.

Don't waste time standing in line! Register with Webtrac.

Faxed and mailed registrations processed at random. See page 74.



Maple Grove Parks & Recreation Board

www.maplegrovmn.gov 763-494-6500

12951 Weaver Lake Rd, Maple Grove MN 55369



The Parks and Recreation Board office is located at the Maple Grove Community Center, 12951 Weaver Lake Road, Maple Grove, MN and is open 8:00 a.m. - 4:30 p.m., Monday through Friday. Phone number is 763-494-6500. Recreation registration is accepted from 7:00 a.m. to 6:00 p.m., Monday through Friday.

HOLIDAY CLOSURES

The Parks and Recreation Board office will be closed on the following days:

- Monday, September 5 (Labor Day)
- Friday, November 11 (Veterans Day)
- Thursday & Friday, November 24 & 25 (Thanksgiving)
- Monday, December 25 (Christmas)

PHONE NUMBERS

Main number	763-494-6500
Website	maplegrovern.gov
Recreation Registration.....	webtrac.maplegrovern.gov
Ballfield Reservations.....	763-494-6560
CC Birthday Party Packages.....	763-494-5966
CC Group Reservations, Room Rentals.....	763-494-5969
Central Park Information.....	763-494-6474
Central Park Rental Requests	763-494-5958
Eagle Lake Bldg Reservations	763-494-6507
Ice Arena Office.....	763-494-5968
Park Reservations	763-494-6507
Program/Game Status Recording.....	763-494-5959
Sports Dome Reservations.....	763-494-6480
Town Green Reservations.....	763-494-5969

PARKS AND RECREATION BOARD

Parks and Recreation Board office.....	763-494-6500
Chair: Bill Lewis.....	763-494-4084
John Ferm.....	612-328-1765
Ken Helvey	763-416-2049
Troy Nygaard	763-420-0256
Terry Sharp	763-420-9374
Deb Syhre	763-420-7258
Kelly Cunningham	612-385-6754
Council Representative: Phil Leith.....	763-425-1414

PARK BOARD MEETINGS

Regular meetings of the Maple Grove Parks & Recreation Board are held the third Thursday of every month at the Maple Grove Community Center beginning at 7:30 pm. Residents are invited and encourage to attend these meetings. Anyone wishing to present a topic for discussion should call 763-494-6500.

PARKS AND RECREATION BOARD STAFF

Director	Chuck Stifter
Superintendent of Recreation	Mark Saari
Superintendent of Parks and Planning.....	Jeff Evenson
Park Supervisor	Scott Roberts
Administrative Supervisor.....	Patty Anderson
Recreation Program Specialist.....	Michelle DeBace
Recreation Program Specialist.....	Katie Lallier
Rec. Facilities Operations Supervisor	Jeanne Vestal
Special Events & Volunteer Coordinator	Deb Coss
Senior Citizen Coordinator.....	Kris Orluck
Community Center Manager	Lisa Jost
Community Ctr Operations Supervisor.....	Frank Weber
Community Ctr Facility Maint Coord.....	Paul Mertes
Community Ctr Facility Coord	Sam Ellingson
Aquatic Supervisor.....	Lisa Gedker
Community Ctr Aquatic Coordinator	Adrienne Vassar
Youth Outreach Coordinator.....	Tanya Hilger
Playhouse Preschool Teacher.....	Gayle Selsback

REDUCED FEE RECREATION PROGRAM

Through the financial assistance of local community groups and organizations, the Maple Grove Parks and Recreation Board offers reduced fee recreation programs to low income families living in the City of Maple Grove or have children that attend school in the City of Maple Grove. Families that qualify may have each child in the family participate in one program each year for 50% of the normal participation fee (not to exceed \$100.00). If you are interested in receiving eligibility guidelines or have any questions about the program, please contact Mark Saari at 763-494-6510.

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Registration Information

Registration Start Dates

General program registration (see exceptions below) begins on **Tuesday, August 16** at 9:00 a.m. This includes online, mail-in, fax and walk-in registrations. **Seniors/55 Forward** registration begins **Monday, August 15** at 9:00 am. **Swim and evening Water Aerobics** registration begins **Wednesday, August 17** at 9:00 am. See page 74.

Using the new WebTrac Registration Site

1. **GO TO** webtrac.maplegrovern.gov
2. **CREATE AN ACCOUNT** through the site by providing basic information about you and your family.
3. **CREATE A LOGIN** (your email address) and choose a password.

Once registered, you can use your login and password to sign up for all activities on the site. If you forget your password, the site can send you a reminder email. Try out the Wishlist format! Place the program you're interested in into your wishlist now and then move it to your cart on registration day! If you have questions, please don't hesitate to contact Parks and Recreation at (763) 494-6500.

All Parks and Recreation programs are available to register online **EXCEPT** music, Playhouse Preschool, Defensive Driving and programs with a tiered-fee structure.

General Information

- Residents are citizens who live within the City of Maple Grove boundaries.
- If a class is full, you can waitlist online (put in your cart at no cost to complete) or call 763-494-6500. If an opening comes up, we will call from the waitlist in the order they were placed.
- Instructors are not authorized to accept registrations at the activity location.
- Class fees are not prorated for late registrations.
- Parks & Recreation will charge a \$15.00 fee for all NSF checks.

Refund Policy

- **Requests for refunds must be received at least three full business days before the first class session.** There will be a \$5.00 processing fee charged for each program. No refunds will be issued after the first class meeting unless for bona fide medical reasons.
- No refunds will be issued for any bus trips, but you may find someone to take your place - notify the office.
- Full refunds/credits will be issued for all classes or trips cancelled by Parks and Recreation.

Photo Policy

Please be advised that all participants involved in any department programs or special events are subject to possibly being photographed for promotional purposes. Such photographs may be used by Maple Grove Parks and Recreation without an obligation to provide compensation to those photographed.

Corrections and Updates

Staff makes every effort to ensure the brochure is free from errors, however sometimes errors or revisions in program details do occur. We appreciate your understanding when this occurs.

Youth Athletic Associations

Many Maple Grove youth sports are administered by volunteer organizations. Each organization has a Board of Directors and is run independently.

BASEBALL/FASTPITCH SOFTBALL

Organization: OMGAA - Osseo Maple Grove Athletic Association
Program: House Leagues - BB/FP Ages 9-18
Traveling Teams - BB Ages 10-15 & FP ages 9-18
Information: at www.omgaa.org

BASKETBALL

Organization: OMGBA - Osseo Maple Grove Basketball Association
Program: House Leagues - Grades K-12
Traveling Teams - Grades 5-8
Information: www.omgba.net

HOCKEY

Organization: OMGHA - Osseo Maple Grove Hockey Association
Program: House Leagues - Ages 4-15 (4 by 7/1/14)
Traveling Teams - Ages 9-17
Information: www.omgha.com

SOCCER

Organization: Maplebrook Soccer Association
Program: Traveling Teams - Ages 19 & under
Information: www.maplebrooksoccer.com

FOOTBALL

Organization: OFA - Osseo Football Assn
MGYFA - Maple Grove Youth Football Assn
Program: House Leagues - Grades 2 - 8
Information: www.osseofootball.org
www.mgyfa.com

SWIMMING

Organization: NHCP Swim Club
Program: Competitive Swimming - Ages 6 - 18
Information: www.teamunify.com/mnnhcp

WRESTLING

Organization: Osseo, Maple Grove Youth Wrestling
Program: Pre-Kindergarten - grade 6
Information: www.osseoyouthwrestling.org

TENNIS

Organization: Maple Grove Crimson Tennis Assn. Inc.
Program: Youth, ages 14 and older
Information: mgcrimsontennis@yahoo.com

LACROSSE

Organizations: Maple Grove Lacrosse Association
Maple Grove Girls Lacrosse
Osseo Park Center Boys & Girls Lacrosse
Program: Youth, grades 3 - 8 traveling
Information: www.mglax.net
MG Girls Lacrosse email corr0205@umn.edu
www.opcyouthlax.com



OSSEO MAPLE GROVE HOCKEY ASSOCIATION 2016-2017 REGISTRATION

The Osseo-Maple Grove Hockey Association provides an organized youth hockey program for boys and girls living or attending school within the Maple Grove and Osseo High School boundaries. The Osseo-Maple Grove Hockey Association is designed to teach basics through advanced skating and hockey skills and to develop teamwork and sportsmanship.

*Players must be 4 years old as of July 1, 2016 to participate in OMGHA. All new players must provide a copy of their government-issued birth certificate and/or school enrollment documentation for those living outside District 279 before their registration will be complete.

On-line registration will be available through OMGHA starting August 15, 2016 for all new and returning players.

Walk-in registration - check www.omgha.com for details.

See the www.omgha.com website for all your registration questions.



OSSEO MAPLE GROVE BASKETBALL ASSOCIATION 2016-2017 REGISTRATION

Boys and girls in grades K - 12 and live in the Osseo High School or Maple Grove High School attendance area. Registration is done online at OMGBA website, www.omgba.net at the online registration link. For further information regarding these programs, season dates and fees, check the OMGBA website, www.omgba.net.

Maple Grove Community Center

MEMBERSHIP SALE

November 1-10

SAVE 15%

Save an **ADDITIONAL \$10 OFF**
when you register on-line!

ALL-BUILDING MEMBERSHIP

- The Grove Cove Aquatic Center features an indoor leisure pool with a zero-depth beach area, water spray activities, tot slide and 130 ft waterslide.
- The indoor lap pool features a 25-yard lap pool with five lanes, volleyball net, rope swing and climbing wall open during scheduled times.
- The outdoor leisure pool features a zero-depth beach area, lazy river, tumble buckets, water walk, tot slide and interactive water sprays.
- The Maple MAZE Indoor Playground has four levels of climbing with 28 features for kids to slide down, crawl over and through. A larger toddler area for ages three and under with activity panels, molded animals and a tot slide.
- The gymnasium is scheduled primarily for open basketball and open pickle ball.
- Open ice skating, adult open hockey, low test figure skating and dead ice.

All Building Membership	RESIDENTS		NON-RESIDENTS		Membership Type
	Regular Rate	Sale Rate Annual / Monthly	Regular Rate	Sale Rate Annual / Monthly	
Youth / Senior	\$175	\$148.75 / \$12.40	\$195	\$165.75 / \$13.81	All Building Youth / Sr
Adult	\$195	\$165.75 / \$13.81	\$235	\$199.75 / \$16.65	All Building Adult
Family	\$375	\$318.75 / \$26.56	\$475	\$403.75 / \$33.65	All Building Family



POOL MEMBERSHIP

Access to the Grove Cove Aquatic Center featuring the indoor and outdoor pools as described above.

Pool Membership	RESIDENTS		NON-RESIDENTS		Membership Type
	Regular Rate	Sale Rate Annual / Monthly	Regular Rate	Sale Rate Annual / Monthly	
Youth / Senior	\$135	\$114.75 / \$ 9.56	\$160	\$136.00 / \$11.33	Pool Youth / Sr
Adult	\$160	\$136.00 / \$11.33	\$185	\$157.25 / \$13.10	Pool Adult
Family	\$325	\$276.25 / \$23.02	\$375	\$318.75 / \$26.56	Pool Family



PICKLEBALL MEMBERSHIP

Annual Pickleball Membership for Dual Locations. Play pickleball during scheduled times at the Maple Grove Community Center & Maple Grove Community Gymnasium.

RESIDENT: Regular \$175 Sale \$148.75/\$12.40 monthly NON-RESIDENT: Regular \$195 Sale \$165.75/13.81 monthly

Sign up on-line. It's quick and easy.

- Open our website at webtrac.maplegrovern.gov then log in or create an account using a username and password.
- Find the "Memberships" section.
- Select the type of membership you are purchasing. (All Building, Pickleball, or Pool)
- Scroll down to the Membership information. Add the membership to your basket by clicking the green plus sign on the left of the membership and proceed to checkout to make payment.
- Payment is made in full with a VISA, MasterCard or Discover card.
- **Renewing your membership?** In Webtrac, click "Membership Renewal" and follow the prompts.
- If you have trouble logging in or finding the membership you can call 763-494-6500 or 763-494-6508 for help.

AUTOMATIC RENEWAL is available when using the direct payment plan through a checking account. This payment plan requires patrons to register at the pool desk and bring a voided check with you.

A cancellation fee of \$25 fee applies in the first year of the membership.



End of the Season! Sounds of Summer 2016 Remaining Schedule

Mondays at 7:00 pm - Usher in the Week

August 15 MN State Band - official band of the state of MN
August 22 Coyote Wild - country rock

Wednesdays at 7:00 pm - Find the Joy

August 17 Divas Through the Decades - pop
August 24 Duely Noted - dueling pianos

Thursdays at 11:00 am - Celebrate the Family

August 11 Wendy's Wiggle, Jiggle and Jam - music & dance
August 18 The Alphabits - children's interactive music
August 25 Duke Otherwise - music for kids

Rainout announcements 763-494-5959 and on
Facebook.

Events are subject to change.

Look for us on Facebook!

No smoking. No alcohol.



Fridays at Sunset - Movies by Moonlight

August 12 *Inside Out*, rated PG
co-presented with Maple Grove Hospital
August 19 *Mamma Mia!*, rated PG-13
August 26 *Home*, rated PG
Sept. 2 *The Avengers*, rated PG-13
Visit the Community Center Birthday Party staff
before the movie!
Sept. 9 *Vertigo*, rated PG

7991 Main St N, Maple Grove, MN 763-494-6500 www.maplegrovern.gov



Birthday Parties

**Come celebrate your child's birthday at the
Maple Grove Community Center**

The Basic Party Package includes:

- A decorated party room for 90 minutes
- Paper products (cups, sporks, plates & napkins)
- Beverages (soda or juice boxes)
- Place settings for five adults
- A t-shirt for the guest of honor
- Choose 1 or 2 activities in one of the following areas - the indoor playground (Maple MAZE), Grove Cove Aquatic Center pools or ice skating.

The fee is \$100 for up to 10 youth and \$5.00 for each additional child. Checks are no longer accepted.

Check out page 61 for more information on birthday party packages.

Central Park of Maple Grove



12000 Central Park Way
Maple Grove, MN 55369
763-494-6474

Two blocks east of the Maple Grove Library

Open year-round!



SATURDAY MORNING YOGA CLASS

Reduce stress, increase flexibility, restore a healthy, positive mind and body balance. Gentle Vinyasa Flow builds heat, strength and flexibility through holding positions. For those who have some experience with Yoga or new to Yoga, but are active. Instructor, Dee James. **Bring a mat for floor work.** During inclement weather, group will meet inside the building.

Central Park of Maple Grove, The Garden

Saturdays, August 6 - 27

8:30 - 9:30 a.m.

Free will offering



- Park hours 6:00 am - 11:00 pm
- Playground
- Walking Trails
- Gardens & Labyrinth
- Restrooms open 8:00 am - 10:00 pm through October 1
- Interactive Fountain 10:00 am-10:00 pm. through October 1, weather permitting
- Pickleball & Sport Courts
7:00 am - 10:00 pm (some league play)

Look for more information at
maplegrovmn.gov/parks-and-recreation



Community Happenings

COMMUNITY CENTER

Fall Highlights 2016

- Thursdays through October 20 - **Farmers Market** 3:00-7:00 pm for Sept. and 3:00-6:00 pm for October.
- September 14 - **Memorial Blood Centers Blood Drive**. Watch for registration information.
- September 17 - **Taste of Maple Grove**. Sample food from many restaurants, check out the silent auction and entertainment. Pre-sale tickets available. Sponsored by MGHS Dance Team. www.tasteofmaplegrove.com.
- September 24 - **Cady Beth "It's All About You" Women's Expo**. 10:00 a.m. - 4:00pm. www.cadybethshows.com or 312-224-4907.
- October 8 - **Fall Festival Craft Show & Sale** 9:00 - 4:00 pm. Free. Sponsored by the Women of Today. maplegrovetw.com.
- October 15 - **Family Fitness Expo**. 9:00 a.m. - 8:00 pm. www.familyfitness.com or 612-695-0512.
- November 6 - **Maple Grove Lions Waffle Breakfast** 8:30 a.m. - 12:30 pm. www.maplegrovelions.org
- November 5 - **Home Improvement Expo** 10:00 a.m. - 5:00 pm. www.mediamaxevents.com
- November 12 - **Holiday Boutique Craft Sale** 9:00 a.m. - 4:00 pm. Sponsored by Maple Grove Lions and Senior Volunteers. 763-420-5745
- November 21 - **American Red Cross Blood Drive**. Sign up at www.americanredcross.org
- November 26 - **Holiday Craft Show by the Cadybeth Shows** 9:00 - 3:00 pm. www.cadybethshows.com
- Saturday, December 3 - **Breakfast or Lunch with Santa**. Sponsored by Maple Grove Community Organization. Pre-registration required. www.maplegrovedays.com

Like us on Facebook to stay updated on additional shows or cancellations. [Facebook/MapleGroveCommunityCenter](https://www.facebook.com/MapleGroveCommunityCenter)



HALLOWEEN FAMILY FUN

For children age 8 and younger and their parents or guardians. Wear your costume and bring your parents for an afternoon of silly spooky fun. Tricks and treats, games, music and more will be an eerie kickoff for your Halloween fun. Practice your scariest scream for the scream contest! On line registration ONLY at www.maplegrovedays.org begins Oct. 1. Register early as space is limited, or pay the day of event if openings are available. No mailed in or phoned in registrations will be accepted. For more information and to register, visit www.maplegrovedays.org or call the Maple Grove Community Organization (MGCO) voicemail at 763-494-5985 for more information.

Weaver Lake Park, 8401 Dunkirk Lane

Saturday, October 22

1:00 - 4:00 pm

\$5 per child

Adults are free.

BREAKFAST AND LUNCH WITH SANTA

Santa will be at the Maple Grove Community Center on Saturday, December 3. This annual event includes breakfast or lunch, photo with Santa opportunities, face painting, crafts and fun, fun, fun! Pre-registration is required.

On line registration ONLY at www.maplegrovedays.org begins November 1.

No mailed in or phoned in registrations will be accepted. For more information visit www.maplegrovedays.org or call the Maple Grove Community Organization (MGCO) voicemail line at 763-494-5985. Registration is limited. **Bring your camera!**

Maple Grove Community Center

Saturday, December 3

8:30 - 10:00 am

\$4 (per person)

Breakfast

11:00 - 1:00 pm

\$6 (per person)

Lunch



SANTA'S MAILBOX

Santa's mailbox is a special box where letters will be delivered directly to the North Pole. Children can drop off their letters in the Santa mailbox located in the Maple Grove Community Center, 12951 Weaver Lake Road. Letters to Santa can be dropped off between December 1 and December 14, 2016. Santa's elves will pick up letters each evening to bring to the North Pole. Mr. and Mrs. Claus request that each letter include the **full name and address** of each child so that Santa and his elves can answer each one.



ANGEL OF HOPE CANDLELIGHT MEMORIAL

Every year on December 6th at 7:00 pm a candlelight memorial is held at the Angel of Hope Statue in Maple Grove. The Angel of Hope is one of many Christmas Box Angels throughout the United States that are replicates of a statue commissioned by Richard Paul Evans, author of The Christmas Box, in response to reports that mourning parents were seeking a place to grieve and heal. The public is invited to attend this short, simple ceremony. Attendees are invited to bring a white flower to leave at the base of the statue in memory of loved ones. Candles will be provided. The Angel of Hope statue is located in the Maple Grove Arboretum, 9400 Fernbrook Lane. For more information, call 763-494-6535 or email, dcoss@maplegrovern.gov.

Volunteer Opportunities

MAPLE GROVE HISTORY CENTER

The Maple Grove Historic Preservation Society meets the third Thursday of every month at 7:00 pm in the Maple Grove History Museum, 9030 Forestview Lane (Public Works Building). Come and help us discover Maple Grove's past. Everyone is welcome. For more information, call 763-494-5983.



MAPLE GROVE AMBASSADOR SCHOLARSHIP PROGRAM

For seventeen years, the Ambassador program has excelled in providing young women ages 17 - 21 the opportunity to grow personally and professionally through involvement in community and civic events locally and across the greater Twin Cities. With support from local businesses and organizations, the program has awarded more than \$100,000 in educational scholarships to alumnae Ambassadors. Like us on Facebook at www.facebook.com/MGAmbassadors and visit www.maplegroveambassadors.com for more information.

MAPLE GROVE COMMUNITY ORGANIZATION (MGCO)



Did you enjoy Maple Grove Days this year? Are you looking for a way to become involved in your community? MGCO is a dedicated, fun group of volunteers who plan Maple Grove Days, Family Fun Halloween Event, and Breakfast with Santa. Volunteers and new members are always welcome as we work together to celebrate Maple Grove. Meetings are the 4th Tuesday of

each month at 7:00 pm at the Community Center, please join us. For more information, visit www.maplegrovedays.org. Everyone is welcome!

MAPLE GROVE JAZZ ENSEMBLE

The Maple Grove Jazz Ensemble rehearses Monday nights 7:00 - 9:00 pm at Osseo Middle School under the direction of Paul Mazzacano, award-winning professional musician, arranger, composer, conductor and educator. Any musician interested in auditioning or who would like more information should contact the director at ptmano@q.com or call him at 763-566-5150. The Jazz Ensemble performs several concerts each year, and invites requests for appearances by organizations throughout the Twin Cities area.



ADOPT-A-PARK

Adopt-A-Park is an opportunity for volunteers to help keep Maple Grove parks and trails beautiful. Adopt-A-Park is open to schools, community groups, civic organizations, faith communities, businesses, families and individuals. For information on Adopt-A-Park, please call 763-494-6535 or email dcoss@maplegrovern.gov.

Thanks to the following individuals and organizations who have adopted parks and trails. All who use these areas appreciate your help.

Basswood Elementary 5th grade classes, Bob Peterson, BSA Troop 211, Boy Scout Troop 584, Cintas Corporation, Cub Scout Pack 531, Cub Scout Pack 684, Cyber Advisors, Eagle Lake Preservation Association, Fish Lake Woods Home Owners Association, Girl Scout Troops 16242 and 17215, Great River Energy, Jatko family, LDS Church – Maple Grove Ward 247, LDS Cub Scout Pack 742, Lindley family, Lord of Life Lutheran Church, Maple Grove North Super Target Team Members, Maple Grove TAG, Maple Grove Junior High WEB, MOMS Club of Maple Grove/Fish Lake, MOMS Club of Maple Grove/Rush Creek, Norman family, Pam and Jim Crenna, Pavek family, Pruhs family, Rice Lake MOMS Club, Sam's Club, Sandy and Jessica Rocheleau, Spire Credit Union – Maple Grove, the CHOICE Inc. participants, the Jonquil Group, Timur's family, Weber family, Yousef M. and Elizabeth K. families and many anonymous volunteers.

DONATION OPPORTUNITIES

Angel of Hope Brick Memorial

Give a gift of caring. The memorial brick paver program supports the on-going care of the Angel of Hope statue. \$125

Arbor Lakes and Central Park Benches

Give the gift of relaxation. Park benches marked with a plaque will be a long-lasting remembrance. \$1800

Maple Grove Parks and Recreation Board

Give a gift of community. The Parks and Recreation Board welcomes donations of any amount. Donations can be for the general support of Parks and Recreation or specified for certain programs or areas.

Please contact Patty at 763-494-6504 or email panderson@maplegrovern.gov for more information.

Special Interest



PLAYHOUSE PRESCHOOL

The Playhouse Preschool is located in the Maple Grove Community Center at 12951 Weaver Lake Road. This is a State licensed program for children 3, 4 and 5 years of age. Through our curriculum we try to involve the children in a wide variety of experiences in order to arouse their curiosity, challenge their physical and intellectual abilities and encourage self-expression. This Kindergarten Readiness program is designed with the individual child's development in mind. Your child must be 3 by Sept. 1, 2016 to participate in the 2016 – 2017 program. If you are interested in sending your child to Playhouse Preschool in the fall of 2016, 2017 or 2018, please contact Jody at the Maple Grove Parks and Recreation Board office at 763-494-6505. Your child's name will be placed on a waiting list. You will be contacted sometime beginning in early January.

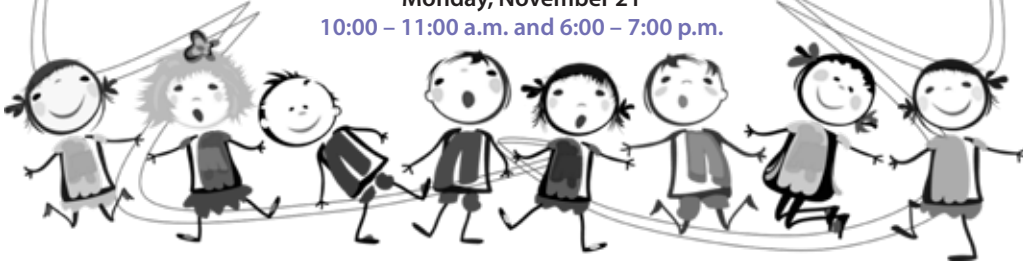
PLAYHOUSE PRESCHOOL OPEN HOUSE FOR FUTURE STUDENTS

Come visit the facility, meet the teachers, and pick up program information. Bring your child and a friend!

Maple Grove Community Center, 12951 Weaver Lake Road

Monday, November 21

10:00 – 11:00 a.m. and 6:00 – 7:00 p.m.



FARMERS MARKET PROVIDES YEAR ROUND FRESHNESS

Since 2004, the Maple Grove Farmers Market has been nourishing the community and northwest metro area. The Maple Grove Community Center is the site for the outdoor and indoor Farmers Market seasons.



Outdoor: Every Thursday through October 20
3 to 7 pm thru Sept; 3 to 6 pm in Oct

Shop from 50 vendors offering their own produce and specialty items such as breads, meats, eggs, cheese, honey, maple syrup, baked goods, pierogi, pasta, canned goods, jams, salsa, mustards, sauces and much more. For our shopper's convenience, credit/debit and EBT cards accepted. In addition, enjoy a wide variety of ready-to-eat sweet treats and snacks as well as grilled cheese sandwiches, grilled chops and brats, and a variety of freshly made coffee drinks, juices and smoothies as you sit and listen to the weekly live music. Free recipes, frequent shopper reward program, and seasonal special events round out your market experience. Make sure not to miss the super popular Power of Produce Kids Club for children ages 4-12!

Indoor: Thursdays – November 3 & 17, December 1 & 15, 2016 and January 12, February 9, March 9, April 13, and May 11, 2017. 3 to 6 pm.

Join 20+ vendors inside the Community Center to celebrate the harvest and holidays and then make it your New Year's resolution to keep coming in 2017. Live music each market, and the frequent shopper program continues, too!

Market Happenings: Visit MapleGroveFarmersMarket.com and follow on Facebook & Twitter



EAGLE LAKE COMMUNITY BUILDING

This facility is a fully remodeled and air conditioned WWII Fort Snelling Army barracks. The building located at 6259 Eagle Lake Dr. has one large room with tables and chairs for 47 people, restroom and kitchenette. A deck with picnic tables overlooks Eagle Lake, a small playground and ballfield. The lakeside setting with many mature trees is a great place for community groups, family gatherings, office retreats and more. Daily rental permit fees are \$25 for Maple Grove residents and \$200 for non-residents. For reservations or more information, please call 763-494-6507.

Adaptive Recreation

REACH for RESOURCES ADAPTIVE RECREATION

The adaptive recreation program is a cooperative effort of REACH for Resources and the cities of Brooklyn Center, Brooklyn Park, Golden Valley, Plymouth, Maple Grove, Chanhassen, Chaska, Waconia and St. Louis Park. REACH is an agency which serves individuals with developmental disabilities and their families in Western Hennepin County. Services include adaptive recreation, independent living support and counseling. For information and registration procedures, call 952-200-3030. NOTE: For persons not living in one of the above communities, you are considered a "Non-Resident" and need to add \$8 to select registration fees. **For more information, call 952-200-3030 or go to www.reachforresources.org.** Participants must pre-register with REACH.

ADULT ACTIVITIES

Wednesday Night Social - Various metro locations (Wednesdays, 6:30-8:30 pm) \$45 Res \$53 NR

Bowling - Doyle's in Crystal (Saturdays 12:00-2:00) \$40 Res, \$48 NR with an additional \$3.50 each week

On the Town - Ages 18 + (Friday & Saturday evening) Call REACH for additional information.

Yoga (Adult & Family) - Get into shape while gaining flexibility. St Louis Park (Tuesday evenings, 7:00-8:00 pm \$42 Res, \$50 NR (\$52 parent/child pair, \$20 for each additional family member, Res)

Zumba - Get into shape while learning popular dance moves. St Louis Park Rec. Center (Monday evenings, 6:30-7:30 pm) \$55 Res, \$63 NR

Non-Competitive Kickball - Brooklyn Center Youth Rec Center (Thursday evenings, 6:30-8:00 pm) \$30 res, \$38 NR

Steps and Social Time - Socialize while working on fitness goals! (Monday evenings, 6:30-8:00 pm) \$25 Res, \$33 NR

Taekwondo - All Ages 5+ - Korean Martial Arts - Plymouth (Thursday evenings, 6:30-7:30 pm) \$45 Res, \$53 NR

Empowerment Group - Gain more confidence and empowerment within your life. Various locations (Tuesday evenings, 6:30-8:00 pm) \$15 fee

Democracy and Discussion - Learn about Government and how to advocate for the things you believe in. Various locations (Thursday evenings, 6:30-8:00 pm) \$15 fee

TEEN ACTIVITIES

Bowling - Doyle's in Crystal (Saturdays 12:00-2:00 pm) \$40 Res, \$48 NR with an additional \$3.50 each week

Social Seekers - Ages 15 + This is a program for teens & adults on the Autism Spectrum. Program meets once a week for fun and social interaction. Hopkins (Wednesdays, 5:00-6:30 pm) \$200 Fee Please call for more information at 952-393-5866.

Teen Explorers - Meet new friends, movies, games, dining, art, community events and more. Various metro locations (Tuesday evenings, 6:30-8:30 pm) \$45 Res, \$53 NR

Yoga (Adult & Family) - Get into shape while gaining flexibility. St Louis Park (Tuesday evenings, 7:00-8:00 pm \$42 Res, \$50 NR (\$52 parent/child pair, \$20 for each additional family member, Res)



YOUTH ACTIVITIES

Bowling - Doyle's in Crystal (Saturdays 12:00-2:00 pm) \$40 Res, \$48 NR with an additional \$3.50 each week

Family Yoga - This class is designed for children that have a disability and their parents. Siblings are welcome too! St Louis Park (Tuesday evenings, 7:00-8:00 pm \$42 Res, \$50 NR (\$52 parent/child pair, \$20 for each additional family member, Res)

SPECIAL EVENTS

Ghostly Gala - Join our annual spooky celebration! Games, prizes, food, music, dancing and fun. October 29th, Brooklyn Park Community Center 5:00-7:00 pm Cost \$10 pre-register or \$15 pay at the door.

Dances for all - Join your friends & groove to all the latest hits! (St Louis Park High School-Aug.19th, Sept 16th, Oct 21st, Nov 18th, Dec 16th. Wear your favorite Holiday Sweater) (Brooklyn Park Com. Center-Oct 14th & Dec 30th - New Years Dance Party) Cost: \$5 at the door, all dances are from 7:00-9:00 pm

Weekend Ventures - Camp Edenwood, Eden Prairie, MN. This is a weekend respite program for ages 16 and older (August 26th - 28th) Cost: \$500. Call 952-393-5866 for additional information

Weekend Ventures - Down Town Mpls. - Spend a weekend at a hotel in Mpls. Enjoy a nice dinner and a show on Saturday! This is a weekend respite program for ages 16+ (Fri, Dec 2nd - 4th) \$500.00 for the weekend.

Holiday Jamboree - Join your friends for some holiday fun! (Brooklyn Park Community Activity Center. (Thurs. Dec. 15th 6:30-8:30 pm) Cost \$10 pre-register or \$15 pay at the door.

Bingo - (Brooklyn Center Community Activity Center. Fri. Sept 30, 6:30-8:00 pm) Cost: \$7 Pre-Registration or \$10 at the door

Karaoke Night - Sing along to your favorite tunes with friends! Safari Island, Waconia (Fri. Nov 4th, 6:30-8:00 pm) \$5.

Glitter Glam Pumpkins - Get into the Halloween Spirit at this event! Brookview Com. Center (Mon. Oct 17th, 6:30-8:00 pm) \$12 pre-registration required.

Halloween Snaks and Cinema - Get into the Halloween Spirit at this event! Brooklyn Park (Thur. Oct 27th, 6:30-8:00 pm) \$5 pre-register, \$7 at the door.

Pizza & Thanksgiving Bingo - Have fun with friend! St Louis Park Rec Center (Tues. Nov 15th, 6:30-8:00 pm) \$15

Snaks and Cinema, Frozen Hot Chocolate Bar - Showing "Disney's Frozen" Brooklyn Park (Wed. Dec 7th, 6:30-8:00 pm) \$5 pre-register, \$7 at the door.

Tiny Trees and Candy Sleigh Crafts - Come celebrate the season! St Louis Park (Tues. Dec 13th, 6:30-8:30 pm) \$12 pre-reg. required.

Holiday Cooking Treat Platter - Come celebrate the season by creating 5 different holiday treats to take home! Eisenhower Com. Center (Tues. Dec 19th, 6:15-8:15 pm) \$15 pre-reg. required.

Gingerbread Houses - Come celebrate the season! St Louis Park Rec Center (Fri. Dec 2nd, 6:30-8:30 pm) \$8 pre-registration or \$10 at the door

AMERICANS WITH DISABILITIES ACT NOTICE

In compliance with the Americans with Disabilities Act of 1990, upon request, reasonable accommodations can be provided to allow individuals with a disability to participate in Maple Grove Parks and Recreation Board services, programs and activities. Please call 763-494-6500 or TTY 763-494-6525.

MAPLE GROVE SKATING SCHOOL LEARN TO SKATE USA PROGRAM

An Indoor Ice Skating Program at the Maple Grove Community Center Ice Arena

The Maple Grove Skating School Learn To Skate USA Program is designed for all ages, 3 through Adult, as an indoor ice skating program which provides a simple but progressive method of group ice skating instruction. This program is endorsed by U.S. Figure Skating, USA Hockey, and US Speedskating. Class titles include: Hockey Skating Development, Snowplow Sam, Skating School, Adult, Advanced Skating School, Junior Club 1, Junior Club 2, Senior Club, Bridge Beyond The Basics, High Bridge Beyond The Basics, and Jump To New Heights. Please register for classes as soon as possible, as classes fill quickly. Registrations are NOT accepted at the arena on the first day of the session. Class fees are not prorated for late registrations. On the first day of class, all participants MUST check in at the Maple Grove Skating School Participant Check-In located in the Warm Area between the Premier Bank Rink and the West Rink in the lower level of the arena. You MUST bring your Class Registration receipt to the first day of class to verify your registration. Note: At times, participants may repeat a level before advancing to the next level. Attendance is important in order to learn new skills that build on the skills learned during the previous class. Participants will be evaluated on the first day of class to verify that they have been registered for the appropriate level. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovern.gov with any questions.

SKATING EQUIPMENT

Single blade skates are allowed for classes. Double blade skates are not allowed at any time. During each class, a limited number of skate rentals (sizes youth 8 to adult 12) are available, per pair, for a nominal fee. Sticks, pucks and skate trainers are not allowed at any time.

CLOTHING RECOMMENDATIONS

Warm, flexible clothing that includes mittens/gloves, a jacket, snow pants/leggings, and a hockey/bike helmet

NEW SATURDAY MORNING OPEN FREESTYLE

Open Freestyle is a 45 minute session where a participant can make use of additional practice time on a full sheet of ice, and if interested, private lessons with a U.S. Figure Skating Coach. Open Freestyle is available to participants who have passed Basic 6 and above. Private lessons are available and contracted separately between a participant and a U.S. Figure Skating Coach. The use of the on-ice harness will be available on this session and may be used only by a participant along with a Maple Grove Skating School staff member who has been trained in the use of the on-ice harness. A Saturday morning Open Freestyle session has been added for September through December.



Like us on Facebook!
[www.facebook.com/
grovecoveskating.school](https://www.facebook.com/grovecoveskating.school)

ON-ICE HARNESS AND OFF-ICE HARNESS

The Maple Grove Skating School is proud to offer the use of an on-ice harness and off-ice harness to Maple Grove Skating School participants. The on-ice harness and off-ice harness are tools that assist participants by alleviating the fear of falling when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. The Maple Grove Skating School Learn To Skate USA Program information includes class descriptions regarding the "JUMP TO NEW HEIGHTS" off-ice harness class and the existing classes that utilize the on-ice harness and off-ice harness. This is truly an exceptional opportunity for the Maple Grove Skating School participants! Register today!

17TH ANNUAL ICE SHOW (AGES 3 – ADULT)

Any participant registered CONTINUOUSLY in the Maple Grove Skating School Learn To Skate USA Program at the Maple Grove Community Center Ice Arena, from October 2016 through April 2017, is eligible to participate in the 2017 Maple Grove Ice Show. The Ice Show is scheduled for April 15, 2017. Further information will be distributed during classes. Registration for the 17th Annual Ice Show will take place in mid-November 2016. All ages, 3 through Adult, and all abilities are welcome to participate! Note: Exclusion for participation: If a Maple Grove Skating School participant is registered ONLY for Open Freestyle and/or Jump To New Heights and is not registered for any other level in the Maple Grove Skating School Learn To Skate USA Program, the participant is not eligible for Ice Show registration.

MAPLE GROVE SKATING SCHOOL OFFICIAL APPAREL

The Maple Grove Skating School and the City of Maple Grove are proud to offer the Official Apparel for the Maple Grove Skating School. The Official Apparel consists of a black polyknit, long sleeved, full zipper jacket with the Maple Grove Skating School logo embroidered on the back and a black polyknit pant. Show your pride for the Maple Grove Skating School by wearing the Official Apparel. Purchase and wear the jacket alone or purchase the jacket and pant together. Orders take place twice a year: July and November. Contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovern.gov for information regarding the sizing chart, prices and order form.

MAPLE GROVE SKATING SCHOOL ON FACEBOOK

The Maple Grove Skating School is on Facebook. Become a fan and receive Maple Grove Skating School updates. "Like" the official Maple Grove Skating School page on Facebook today!



Maple Grove
Skating School

Learn To Skate

SNOWPLOW SAM (SNOWPLOW SAM 1 – 3)

Ages 3 – 5

Snowplow Sam teaches the Snowplow Sam 1 – 3 levels. It is designed to help young participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: standing up, forward/backward skating, forward/backward swizzles, forward one-foot glides, forward stopping, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time. One parent/guardian is encouraged to participate with his/her participant in the first two classes of the session. Parents/Guardians are required to wear skates if they wish to participate on the ice.

~A helmet (hockey/bike) is highly recommended.

~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Wednesdays, September 14 – October 12

6:00 – 6:30 p.m. \$65, \$70 NR (5 ses) 403102-01

6:30 – 7:00 p.m. practice time

Wednesdays, September 14 – October 12

6:30 – 7:00 p.m. \$65, \$70 NR (5 ses) 403102-02

6:00 – 6:30 p.m. practice time

Wednesdays, October 26 – December 7 (ex Nov 23)

6:00 – 6:30 p.m. \$78, \$83 NR (6 ses) 403102-03

6:30 – 7:00 p.m. practice time

Wednesdays, October 26 – December 7 (ex Nov 23)

6:30 – 7:00 p.m. \$78, \$83 NR (6 ses) 403102-04

6:00 – 6:30 p.m. practice time

Saturdays, September 10 – October 15

10:45 – 11:15 a.m. \$78, \$83 NR (6 ses) 403102-05

11:15 – 11:45 a.m. practice time

Saturdays, September 10 – October 15

11:15 – 11:45 a.m. \$78, \$83 NR (6 ses) 403102-06

10:45 – 11:15 a.m. practice time

Saturdays, September 10 – October 15

11:45 – 12:15 p.m. \$78, \$83 NR (6 ses) 403102-07

11:15 – 11:45 a.m. practice time

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

10:45 – 11:15 a.m. \$52, \$57 NR (4 ses) 403102-08

11:15 – 11:45 a.m. practice time

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

11:15 – 11:45 a.m. \$52, \$57 NR (4 ses) 403102-09

10:45 – 11:15 a.m. practice time

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

11:45 – 12:15 p.m. \$52, \$57 NR (4 ses) 403102-10

11:15 – 11:45 a.m. practice time

DAYTIME SNOWPLOW SAM (SNOWPLOW SAM 1 – 3)

Ages 3 – 5

Snowplow Sam teaches the Snowplow Sam 1 – 3 levels. It is designed to help young participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: standing up, forward/backward skating, forward/backward swizzles, forward one-foot glides, forward stopping, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time. One parent/guardian is encouraged to participate with his/her participant in the first two classes of the session. Parents/Guardians are required to wear skates if they wish to participate on the ice.

~A helmet (hockey/bike) is highly recommended.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Ages 3 – 4

Tuesdays, September 13 – October 11

10:15 – 10:45 a.m. \$65, \$70 NR (5 ses) 403101-01

10:45 – 11:15 a.m. practice time

Ages 4 – 5

Tuesdays, September 13 – October 11

10:45 – 11:15 a.m. \$65, \$70 NR (5 ses) 403101-02

10:15 – 10:45 a.m. practice time

Ages 3 – 4

Tuesdays, October 25 – December 6 (ex Nov 22)

10:15 – 10:45 a.m. \$78, \$83 NR (6 ses) 403101-03

10:45 – 11:15 a.m. practice time

Ages 4 – 5

Tuesdays, October 25 – December 6 (ex Nov 22)

10:45 – 11:15 a.m. \$78, \$83 NR (6 ses) 403101-04

10:15 – 10:45 a.m. practice time

Ages 3 – 5

Thursdays, September 8 – October 13

10:15 – 10:45 a.m. \$78, \$83 NR (6 ses) 403101-05

10:45 – 11:15 a.m. practice time

Ages 3 – 5

Thursdays, October 27 – December 8 (ex Nov 10 & 24)

10:15 – 10:45 a.m. \$65, \$70 NR (5 ses) 403101-06

10:45 – 11:15 a.m. practice time



Learn To Skate

SKATING SCHOOL (BASIC 1 – 3)

Ages 6 – 12 or passed Snowplow Sam 3

Skating School teaches the Basic 1 – 3 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward to backward two-foot turns, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time.

~A helmet (hockey/bike) is highly recommended.

~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Basic 1 – 3

Wednesdays, September 14 – October 12

7:00 – 7:30 p.m. \$65, \$70 NR (5 ses) 403103-01

7:30 – 8:00 p.m. practice time

Basic 1 – 3

Wednesdays, October 26 – December 7 (ex Nov 23)

7:00 – 7:30 p.m. \$78, \$83 NR (6 ses) 403103-02

7:30 – 8:00 p.m. practice time

Basic 1

Saturdays, September 10 – October 15

11:45 – 12:15 p.m. \$78, \$83 NR (6 ses) 403103-03

11:15 – 11:45 a.m. practice time

Basic 2 – 3

Saturdays, September 10 – October 15

12:15 – 12:45 p.m. \$78, \$83 NR (6 ses) 403103-04

11:45 – 12:15 p.m. practice time

Basic 1

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

11:45 – 12:15 p.m. \$52, \$57 NR (4 ses) 403103-05

11:15 – 11:45 a.m. practice time

Basic 2 – 3

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

12:15 – 12:45 p.m. \$52, \$57 NR (4 ses) 403103-06

11:45 – 12:15 p.m. practice time



DAYTIME SKATING SCHOOL (BASIC 1 – 3)

Ages 6 – 12 or passed Snowplow Sam 3

Skating School teaches the Basic 1 – 3 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward to backward two-foot turns, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time.

~A helmet (hockey/bike) is highly recommended.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Thursdays, September 8 – October 13

10:45 – 11:15 a.m. \$78, \$83 NR (6 ses) 403104-01

10:15 – 10:45 a.m. practice time

Thursdays, October 27 – December 8 (ex Nov 10 & 24)

10:45 – 11:15 a.m. \$65, \$70 NR (5 ses) 403104-02

10:15 – 10:45 a.m. practice time

HOCKEY SKATING DEVELOPMENT (HOCKEY 1 – 4)

Ages 6 – 12 or passed Snowplow Sam 3

The most important skill in the development of a hockey player is skating technique and it is the primary focus of this hockey program. Participants will learn to maneuver faster and become more agile on the ice. This program is endorsed by USA Hockey. There are four levels for this hockey program: Hockey 1 – 4. Participants who are new to the program will be placed in Hockey 1 and progress through all four levels in order to learn all of the fundamentals. This hockey program will NOT talk about the game of hockey or use sticks or pucks. Each class consists of a 30 minute group lesson and a 30 minute practice time.

~A helmet (hockey) is highly recommended.

~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Wednesdays, September 14 – October 12

6:00 – 6:30 p.m. \$65, \$70 NR (5 ses) 403205-01

6:30 – 7:00 p.m. practice time

Wednesdays, October 26 – December 7 (ex Nov 23)

6:00 – 6:30 p.m. \$78, \$83 NR (6 ses) 403205-02

6:30 – 7:00 p.m. practice time

Saturdays, September 10 – October 15

10:45 – 11:15 a.m. \$78, \$83 NR (6 ses) 403205-03

11:15 – 11:45 a.m. practice time

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

10:45 – 11:15 a.m. \$52, \$57 NR (4 ses) 403205-04

11:15 – 11:45 a.m. practice time

Learn To Skate

ADULT (ADULT 1 – 6)

Ages 13 – Adult

Adult teaches the Adult 1 – 6 levels. It is designed to help participants develop the coordination and strength necessary to maneuver on skates. Examples of elements taught include: forward/backward skating, forward/backward swizzles, forward/backward one-foot glides, forward stopping, forward/backward edges, forward/backward crossovers, etc. Each class consists of a 30 minute group lesson and a 30 minute practice time.

~A helmet (hockey/bike) is highly recommended.

~Please arrive at the arena 30 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Wednesdays, September 14 – October 12

7:00 – 7:30 p.m. \$65, \$70 NR (5 ses) 403106-01

7:30 – 8:00 p.m. practice time

Wednesdays, October 26 – December 7 (ex Nov 23)

7:00 – 7:30 p.m. \$78, \$83 NR (6 ses) 403106-02

7:30 – 8:00 p.m. practice time

Saturdays, September 10 – October 15

12:15 – 12:45 p.m. \$78, \$83 NR (6 ses) 403106-03

11:45 – 12:15 p.m. practice time

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

12:15 – 12:45 p.m. \$52, \$57 NR (4 ses) 403106-04

11:45 – 12:15 p.m. practice time

ADVANCED SKATING SCHOOL (BASIC 4 – 6)

Participants who have passed Basic 3

Advanced Skating School teaches the Basic 4 – 6 levels. Examples of elements taught include: forward/backward crossovers, forward outside/inside three turns, hockey stops, forward spirals, backward to forward two-foot turns, etc. Each class consists of a 45 minute group lesson and a 60 minute practice time.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Wednesdays, September 14 – October 12

7:30 – 8:15 p.m. \$70, \$75 NR (5 ses) 403107-01

6:30 – 7:30 p.m. practice time

Wednesdays, October 26 – December 7 (ex Nov 23)

7:30 – 8:15 p.m. \$83, \$88 NR (6 ses) 403107-02

6:30 – 7:30 p.m. practice time

Saturdays, September 10 – October 15

9:45 – 10:30 a.m. \$83, \$88 NR (6 ses) 403107-03

10:45 – 11:45 a.m. practice time

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

9:45 – 10:30 a.m. \$56, \$61 NR (4 ses) 403107-04

10:45 – 11:45 a.m. practice time

JUNIOR CLUB 1 (BASIC 7 – 8)

Participants who have passed Basic 6

Junior Club 1 teaches the Basic 7 – 8 levels. Examples of elements taught include: mohawks, moving three turns, pivots, beginning one foot spins, ballet jumps, etc. Each class consists of a 60 minute group lesson and a 60 minute practice time.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, September 10 – October 15

8:45 – 9:45 a.m. \$89, \$94 NR (6 ses) 403108-01

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

8:45 – 9:45 a.m. \$60, \$65 NR (4 ses) 403108-02

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)



JUNIOR CLUB 2 (FREE SKATE 1 – 3)

Participants who have passed Basic 8

Junior Club 2 teaches the Free Skate 1 – 3 levels. Examples of elements taught include: forward/backward edges on an axis, forward/backward scratch spins, waltz jumps, toe loops, etc. Each class consists of a 60 minute group lesson and a 60 minute practice time.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, September 10 – October 15

8:45 – 9:45 a.m. \$89, \$94 NR (6 ses) 403109-01

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

8:45 – 9:45 a.m. \$60, \$65 NR (4 ses) 403109-02

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)

Learn To Skate

SENIOR CLUB (FREE SKATE 4 – 6)

Participants who have passed Free Skate 3

Senior Club teaches the Free Skate 4 – 6 levels. Examples of elements taught include: forward/backward power three turns, spiral sequences, camel spins, loop jumps, the axel, etc. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute group lesson, 30 minute off-ice group lesson, and a 60 minute practice time.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, September 10 – October 15

7:45 – 9:30 a.m. \$100, \$105 NR (6 ses) 403110-01

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

7:45 – 9:30 a.m. \$67, \$72 NR (4 ses) 403110-02

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)



Maple Grove
Skating School

BRIDGE BEYOND THE BASICS

Participants who are ALSO registered for Free Skate 1 – 6

Elements in Free Skate 1 – 6 are difficult and many participants repeat these levels. Participants will receive both group and individualized instruction that will assist participants to pass the Free Skate 1 – 6 levels. The focus of this class will be the individual participant. Each participant will concentrate on the specific elements that must still be achieved by the participant in order to pass the Free Skate 1 – 6 levels. Participants will have access to the on-ice harness at the Free Skate 4 – 6 levels. This is an additional class offered exclusively to participants who are also registered for Free Skate 1–6. Participants must continue to be registered for Free Skate 1–6 in order to participate in Bridge Beyond The Basics.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Wednesdays, September 14 – October 12

7:30 – 8:15 p.m. \$70, \$75 NR (5 ses) 403111-01

Wednesdays, October 26 – December 7 (ex Nov 23)

7:30 – 8:15 p.m. \$83, \$88 NR (6 ses) 403111-02

Saturdays, September 10 – October 15

9:45 – 10:30 a.m. \$83, \$88 NR (6 ses) 403111-03

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

9:45 – 10:30 a.m. \$56, \$61 NR (4 ses) 403111-04

HIGH BRIDGE BEYOND THE BASICS

Participants who have passed Free Skate 6

High Bridge Beyond The Basics teaches advanced elements and assists in preparing participants for U.S. Figure Skating introductory tests and competitions. Participants will receive both group and individualized instruction. There will be a progression of class levels that will focus on stroking/edges/power skating/spins/jumps, the on-ice warm up and off-ice cool down, proper ice etiquette, introductory U.S. Figure Skating Moves in the Field patterns, introductory U.S. Figure Skating test/competition elements, proper stretching techniques, goal setting/ positive thinking, boot/blade education, and parent/guardian education. Participants will have access to the on-ice harness and off-ice harness. Each class consists of a 60 minute group lesson, 30 minute off-ice group lesson, and a 60 minute practice time.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

~Please arrive at the arena 20 minutes prior to the group lesson on the first day of class.

Maple Grove Community Center Ice Arena

Saturdays, September 10 – October 15

7:45 – 9:30 a.m. \$100, \$105 NR (6 ses) 403112-01

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

7:45 – 9:30 a.m. \$67, \$72 NR (4 ses) 403112-02

9:45 – 11:00 a.m. practice time

(ice resurface from 10:30 – 10:45 a.m.)

JUMP TO NEW HEIGHTS

Off-Ice Harness Class

Participants who have passed Basic 6

Jump To New Heights is an off-ice harness class that teaches proper jump rotation utilizing the off-ice harness. This 15 minute class is limited to 3 participants and will offer off-ice harness instruction and off-ice jump technique instruction. Participants will receive immediate feedback and analysis of his/her jump rotation. Mastering jump rotation is essential when learning new on-ice jumps and/or perfecting already consistent on-ice jumps. Participants may wear either their skates or shoes during this class.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

Maple Grove Community Center Ice Arena

Sundays, September 11 – October 16

9:00 – 9:15 a.m.	\$24, \$29 NR (6 ses)	403113-01
9:15 – 9:30 a.m.	\$24, \$29 NR (6 ses)	403113-02

Sundays, October 30 – December 4 (ex Nov 13)

9:00 – 9:15 a.m.	\$20, \$25 NR (5 ses)	403113-03
9:15 – 9:30 a.m.	\$20, \$25 NR (5 ses)	403113-04

Wednesdays, September 14 – October 12

7:40 – 7:55 p.m.	\$20, \$25 NR (5 ses)	403113-05
7:55 – 8:10 p.m.	\$20, \$25 NR (5 ses)	403113-06

Wednesdays, October 26 – December 7 (ex Nov 23)

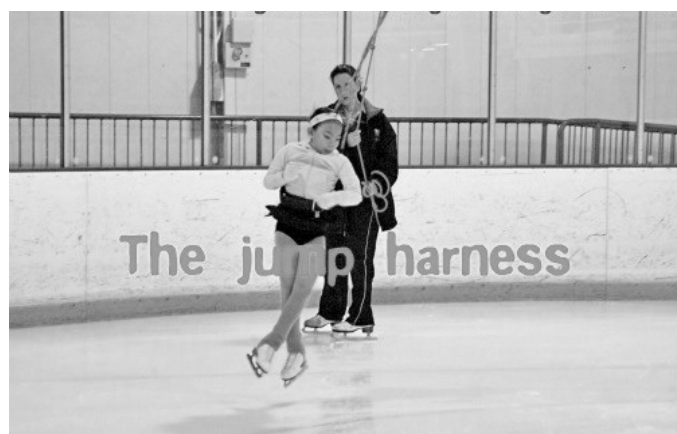
7:40 – 7:55 p.m.	\$24, \$29 NR (6 ses)	403113-07
7:55 – 8:10 p.m.	\$24, \$29 NR (6 ses)	403113-08

Saturdays, September 10 – October 15

8:25 – 8:40 a.m.	\$24, \$29 NR (6 ses)	403113-09
9:35 – 9:50 a.m.	\$24, \$29 NR (6 ses)	403113-10
9:50 – 10:05 a.m.	\$24, \$29 NR (6 ses)	403113-11

Saturdays, October 29 – December 3 (ex Nov 12 & 26)

8:25 – 8:40 a.m.	\$16, \$21 NR (4 ses)	403113-12
9:35 – 9:50 a.m.	\$16, \$21 NR (4 ses)	403113-13
9:50 – 10:05 a.m.	\$16, \$21 NR (4 ses)	403113-14



OPEN FREESTYLE

Participants who have passed Basic 6

Open Freestyle is a 45 minute session where a participant can make use of additional practice time on a full sheet of ice, and if interested, private lessons with a U.S. Figure Skating Coach. Open Freestyle is available to participants who have passed Basic 6 and above. Private lessons are available and contracted separately between a participant and a U.S. Figure Skating Coach. The use of the on-ice harness will be available on this session and may be used only by a participant along with a Maple Grove Skating School staff member who has been trained in the use of the on-ice harness. Registration fees submitted here only provide entrance and access to the Open Freestyle ice session. The Maple Grove Community Center All Building Membership or Open Ice Skating Coupons are NOT VALID for Open Freestyle. If you are interested in more information regarding Open Freestyle or private lessons, please contact the Skating Director, Mandy Pirich, at 763-494-5967 or email mgskatingschool@maplegrovern.gov with any questions.

Note: If a participant does not pre-register for Open Freestyle, the fee for each 45 minute session will be \$9.75 and payable to the Maple Grove Ice Arena Attendant before the session begins.

~Skating attire is highly recommended and jeans are not allowed. Please wear clothing that is easy to move in: figure skating dress, t-shirt, tights/leggings, athletic wear, etc.

Maple Grove Community Center Ice Arena

Wednesdays, September 14 – October 12

5:15 – 6:00 p.m.	\$41.25 (5 ses)	403114-01
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Wednesdays, October 26 – December 7 (ex Nov 23)

5:15 – 6:00 p.m.	\$49.50 (6 ses)	403114-02
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Saturdays, September 10 – October 15

6:45 – 7:30 a.m.	\$49.50 (6 ses)	403114-03
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Saturdays, October 29 – December 3 (ex Nov 12 & 26)

6:45 – 7:30 a.m.	\$33.00 (4 ses)	403114-04
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Target Center Group Tickets



CIRQUE DU SOLEIL - TORUK Minneapolis Target Center

Inspired by James Cameron's AVATAR, TORUK – The first flight transports you to the world of Pandora in a visually stunning live setting. Experience a storytelling odyssey through a new world of imagination, discovery and possibility. Through a riveting fusion of cutting-edge visuals, puppetry and stagecraft buoyed by a soaring cinematic score, Cirque du Soleil applies its unique signature style to James Cameron's imaginary world and "makes the bond" between two kindred artistic visions that capture the imagination. *Cirque du Soleil . . . In A Stunning New Light!* **Please arrive at least ½ hour early for performance.** All registration accepted immediately. Please indicate on your registration form if you want to sit with another family (not guaranteed). You will be notified when the tickets arrive at the Parks & Recreation office for pick-up. The deadline is Friday, September 16 or until spaces fill.

Target Center, 600 First Ave N, Minneapolis

Saturday, October 1

4:00 pm \$69 (lower level)

Sunday, October 2

1:00 pm \$69 (lower level)

Ticket

CirqueDuS_1

Ticket

CirqueDuS_2



KELLOGG'S TOUR OF GYMNASTICS CHAMPIONS

Makes post-Olympic stop at the Target Center

Three-time world all-around champion Simone Biles of Spring, Texas/World Champion Centre, 2012 Olympic team and all-around champion Gabby Douglas of Virginia Beach, VA/Buckeye Gymnastics, 2012 Olympic team and floor exercise champion Aly Raisman of Needham, Mass./Brestyan's American Gymnastics, 2008 Olympic all-around champion Nastia Liukin and 2012 Olympic team gold-medalist Jordyn Wieber headline the 2016 Kellogg's Tour of Gymnastics Champions cast that also includes members of the both 2012 and 2016 U.S. "Gymnastics fans across the nation will get to see the biggest names in the sport at the Kellogg's Tour of Gymnastics Champions," said Steve Penny, president of USA Gymnastics. "The Kellogg's Tour is always a lot of fun and a great way for Americans to celebrate the athletes' performances at the Olympic Games."

Please arrive at least ½ hour early for performance. All registration accepted immediately. Please indicate on your registration form if you want to sit with another family. (not guaranteed). You will be notified when the tickets arrive at the Parks & Recreation office for pick-up. The deadline is Friday, Sept 16 or until spaces fill.

Target Center, 600 First Ave N, Minneapolis

Sunday, October 9

5:00 pm

\$61 (lower rows
of upper level)

Ticket

Gymnastics



MICHAEL W. SMITH & AMY GRANT CHRISTMAS SHOW *with Special Guest Jordan Smith*

Multi-platinum, Grammy-winning Christian music superstars MICHAEL W. SMITH and AMY GRANT are partnering together for the holiday event of the year. See Michael W. Smith and Amy Grant perform all of your favorite Christmas and holiday songs. JORDAN SMITH from NBC's "The Voice" will also be joining Michael and Amy for an evening of holiday celebration! All registration accepted immediately. Please indicate on your registration form if you want to sit with another family (not guaranteed). You will be notified when the tickets arrive at the Parks & Recreation office for pick-up. The deadline is Friday, November 25 or until spaces fill

Target Center, 600 First Ave N, Minneapolis

Saturday, December 10

7:00 pm

\$48 (lower level)

Ticket

Smith_Grant

Music for Everyone

MUSIC FOR EVERYONE

This is a program that offers private music lessons and group activities for students of all ages, from pre-schoolers to adults. The cities of *Maple Grove, Brooklyn Park, Golden Valley, New Hope and Plymouth* have formed this music consortium to present quality music instruction to their residents. Persons not living in one of the above communities have the opportunity to take part in these lessons, but will be charged an additional non-resident fee per program.



PRIVATE LESSONS

Ages 7 – Adult

The private music lesson program is ultimately designed to be a 12 month continuum for the entire year. Registration fees are taken on a quarterly basis. New students can enroll for private lessons at any time during the quarter, as space allows and fees can be pro-rated. Lesson times will be arranged by individual teachers. All private lessons are 30 minutes long and meet once per week. Additional costs will occur for lesson books and materials. In the event that an instructor has to cancel due to an emergency, the instructor will try to make-up the lesson or a refund will be issued at the request of the participant.

The lessons are held at the Maple Grove Community Center and the Village Hall at Lakeview Knolls Park.

- ♦ The fall session begins the week of September 12. A variety of days & times are offered. **Call Alyssa (763-509-5224) to arrange a private lesson day and time prior to registration.**
- ♦ **\$274.00 residents, \$284.00 non-residents • 12 lessons (includes recital fee)** Non-resident fees are charged to participants not living in a member city
- ♦ All students must bring their receipt to their first private lesson.
- ♦ Registration is available in person during Parks & Recreation business hours, by fax, 763-494-6456 (Visa, MasterCard or Discover) or by mail. **On-line registration not available.**



PRIVATE GUITAR

From beginning classical to jazz, to acoustic to electric expertise, a course of study can be designed for a life-long guitar playing experience.

404202-01

MUSIC MATTERS!



NOT
available
for Internet
registration!

PRIVATE PIANO

Weekly lessons are offered for beginner, intermediate and advanced students. This course includes basic and advanced keyboard technique, sight reading, basic music theory and ensemble playing.

404201-01

PRIVATE VOICE

Instruction will include proper voice placement, breath control, diction, note reading and intonation. Whether a beginner or a more experienced singer, our teachers will be able to increase your level of performance.

404204-01

PRIVATE VIOLIN/VIOLA

Get more enjoyment from your school orchestra by improving your performing skills. If you are just getting started, in the middle, or even an advanced player – just sign up! You will study technique, musicianship, sight reading and interpretation.

404203-01

PRIVATE BRASS

Develop a rich and beautiful tone, improve your sight-reading, expand your range, play classical and jazz styles. Beginner to advanced students welcome on trumpet, trombone and baritone.

404205-01

PRIVATE WOODWINDS

Learn new skills or improve those you already have on flute, clarinet and saxophone. Develop tone, rhythm and reading skills.

404206-01

PRIVATE HARP

Individual lessons on folk and lever harp will teach beginning to intermediate techniques, sight and note-reading, rhythm and give you an introduction to literature.

404207-01

Music for Everyone

GROUP MUSIC LESSONS



FIRST STEPS IN MUSICLAND

Ages 18 months - 3 years with a parent

This preschool class teaches toddlers basic musical concepts. In this educational class, parents and children will have fun dancing, singing and playing instruments while the children learn valuable skills such as rhythm, eye-hand coordination, gross motor and focused learning. This class is taught by a licensed music educator. Come for fun and leave with a foundation for future musical skills and knowledge. Parents participate with their child. **All registration accepted immediately**

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Mondays, September 12 - October 17

9:30 - 10:15 a.m.	\$50(R), \$58(NR)	404108-01
10:20 - 11:05 a.m.	\$50(R), \$58(NR)	404108-02

Mondays, October 24 - November 28

9:30 - 10:15 a.m.	\$50(R), \$58(NR)	404108-03
10:20 - 11:05 a.m.	\$50(R), \$58(NR)	404108-04

**NOT
available
for Internet
registration!**



PIANO FOR LITTLE MOZARTS

Ages 4 - 6

Find a friend or a sibling to explore beginning steps at the piano with a Little Mozart's partners' lesson. Students will receive a fantastic jump start on the piano with hands-on activities. Each lesson includes music facts, movements, singing, percussion instruments, and time on the keyboard. Students will also be exposed to the rich heritage of classical music by some of the greats--Mozart, Beethoven, and many more. **Children should know their numbers 1-5 and letters A-G before starting this class.**

All registration accepted immediately.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Mondays, September 12 - October 17

11:15 - 11:45 am • Level 1	\$84(R), \$92(NR)	404109-04
11:45 - 12:15 pm • Level 1	\$84(R), \$92(NR)	404109-05
12:15 - 12:45 pm • Level 2	\$84(R), \$92(NR)	404109-06

Mondays, October 24 - November 28

11:15 - 11:45 am • Level 1	\$84(R), \$92(NR)	404109-01
11:45 - 12:15 pm • Level 1	\$84(R), \$92(NR)	404109-02
12:15 - 12:45 pm • Level 2	\$84(R), \$92(NR)	404109-03

Kids World - Active Kids

MAPLE GROVE YOUTH WRESTLING FALL CLINIC

Boys and girls grades Pre-K - 8

This program is for wrestlers of all skill levels from beginner to advanced. Wrestling and is open to all athletes regardless of future high school affiliation. Emphasis will be on teaching and refining the most basic wrestling skills. Focus will be put on incorporating the fun and competitive aspects of the sport. Participants should wear shorts, t-shirts and wrestling or gym shoes for practices. If participation allows we will have a tournament with participants receiving end of season trophies. If participation does NOT allow for an end of program tournament, participants will receive a Maple Grove Wrestling t-shirt instead of a trophy. Questions call Troy Seubert at 763-913-0601 or email mgwrestling99@gmail.com.

Maple Grove Senior High, Wrestling Gym

Practices Tuesdays & Thursdays, October 4 - Nov. 1 (ex Oct 20)

6:00 - 7:00 p.m	\$20	407117-01
Late added camps (see on-line reg. for more details)		
Tues/Thurs, Oct/Nov	\$60	407117-02
Thur-Fri, Oct 20-21	\$30	407117-03

LITTLE DRAGONS

Karate for ages 3 & 4

Little Dragons is a program designed for children ages 3 and 4. The classes will cover basic Taekwondo skills, balance, coordination, self control, respect and most importantly, the kids will have fun. Uniforms are not mandatory but may be purchased at the school. Wear loose fitting clothing. Classes taught by certified black belts. Classes are not progressive.

Maple Grove World Taekwondo Academy, 6463 Sycamore Court N, Maple Grove

Tuesdays, September 6 - October 11

10:30 - 11:00 a.m.	\$50 (6 ses)	405110-01
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Tuesdays, October 18 - November 22

10:30 - 11:00 a.m.	\$50 (6 ses)	405110-02
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KARATE FOR CHILDREN

Ages 5 - 12

A program taught by professional black belts structured to teach children the understanding of respect and discipline while learning basic Taekwondo. Classes start with a basic warm up and stretching. Classes are not progressive. Karate uniforms may be purchased at the school, but are not required. Loose fitting clothing is acceptable. Classes are not progressive.

Maple Grove World Taekwondo Academy, 6463 Sycamore Court N, Maple Grove

Mondays, September 12- October 17

5:30 - 6:15 pm	\$50 (6 ses)	405110-03
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Mondays, October 24- November 28

5:30 - 6:15 pm	\$50 (6 ses)	405110-04
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Osseo World Taekwondo Academy, 10401 93rd Ave, Osseo

Saturdays, September 10 - October 15

12:00 - 12:45 pm	\$50 (6 ses)	405110-05
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Saturdays, October 22 - December 3 (ex Nov 26)

12:00 - 12:45 pm	\$50 (6 ses)	405110-06
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Kids World - Active Kids

TOTS IN MOTION

Ages 2½ - 4 with a parent

This program is designed especially for parent(s) and child. Explore the joys of learning through body awareness. Children participate in games and songs to help develop motor skills, coordination, and promote social interaction. *Children must be 2½ by the time class begins and accompanied by a parent or responsible teenager.* Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, September 15 – November 10 (ex Oct 20)

9:30 - 10:15 a.m. \$52 (8 ses) 405108-01

KIDS IN MOTION

Ages 3½ - 6

Come move with us! This class is all about fitness and movement. Exciting games and fitness activities that develop a child's mind and body are all included. This class will focus on fun and fitness while achieving a good sense of self-awareness. *Child must be 3½ by the time class begins.* Students should wear comfortable clothing and tennis shoes. Instructor, Renae Cole.

Maple Grove Community Center, Gym

Thursdays, September 15 – November 10 (ex Oct 20)

10:30 - 11:15 a.m. \$52 (8 ses) 405108-02



TINY TOT GYMNASTICS

Ages 2 & 3 with a parent

Come on little ones, here is your chance to try out your tumbling skills in a safe environment. In this class children will be introduced to a variety of mat exercises, low balance beam, tumbling and games that develop coordination. Students should wear leotards or shorts, please no tights.

Maple Grove Middle School, Auxiliary Gym, 7000 Hemlock Ln

Wednesdays, September 21 – November 9

5:30 - 6:05 p.m. \$52 (8 ses) 405106-01

6:15 - 6:50 p.m. \$52 (8 ses) 405106-02

Saturdays, September 17 - November 12 (ex Oct 22)

9:00 - 9:35 a.m. \$52 (8 ses) 405106-03

9:45 - 10:20 a.m. \$52 (8 ses) 405106-04

10:30 - 11:05 a.m. \$52 (8 ses) 405106-05

TINY TOT GYMNASTICS

Ages 3½ - 4

This course is designed to be movement based and will focus on development of coordination. Tumbling, uneven bars, low balance beam and a variety of mat exercises will be introduced. *Parent viewing first and last lesson only.* Child must be 3½ years of age by the start of class. Students should wear leotards or shorts, please no tights.

Maple Grove Middle School, Auxiliary Gym, 7000 Hemlock Ln

Wednesdays, September 21 – November 9

7:00 - 7:45 pm \$52 (8 ses) 405106-06

Saturdays, September 17 - November 12 (ex Oct 22)

11:15 - 12:00 pm \$52 (8 ses) 405106-07

PRE-SCHOOL GYMNASTICS

Ages 4½ - Kindergarten

This course will include tumbling, low balance beam work and a variety of mat exercises. Child must be 4½ years of age by the start of class. Leotards or shorts may be worn, no tights. Lessons missed by students will not be made up. *Parent viewing first and last lesson only.*

Maple Grove Middle School, Auxiliary Gym, 7000 Hemlock Ln

Tuesdays, September 20 – November 15 (exclude Nov 8)

6:00 - 6:45 pm \$52 (8 ses) 405107-01

7:00 - 7:45 pm \$52 (8 ses) 405107-02

Thursdays, September 15 – November 17 (ex Oct 13 & 27)

6:00 - 6:45 pm \$52 (8 ses) 405107-03



ELEMENTARY GYMNASTICS

Grades 1 - 6

A program designed whereby students complete a variety of skills before moving on to a more difficult level. Students should wear leotards or shorts, please no tights. Lessons missed by students will not be made up. *Parent viewing first and last lesson only.* Instructor, Jodi Hartwig.

•**Beginner 1** - No previous experience or limited instruction.

•**Beginner 2** - Completed Beginner 1 or tested to verify ability.

•**Intermediate** - Completed Beginner 2 or tested to verify ability.

Maple Grove Middle School, Auxiliary Gym, 7000 Hemlock Ln

Mondays, September 19 – November 14 (ex Oct 31)

6:00 - 7:00 pm • Beg 1 \$56 (8 ses) 405105-01

7:05 - 8:05 pm • Beg 2/Int \$56 (8 ses) 405105-02

Thursdays, September 15 – November 17 (ex Oct 13 & 27)

7:00 - 8:00 pm • Beg 1 \$56 (8 ses) 405105-03



TODDLER & ME DANCE CLASS

18 months – 3 years with a parent

Music, movement, balance and the basic dance steps are introduced in a fun, friendly and positive manner. This class includes mom, dad or another loved one's participation with their little dancer. The teacher will keep the class moving along while parents take an active role in encouraging, supporting and keeping the little dance on track. *Great intro to dance!*

Maple Grove Middle School, Comm. Gym, 7000 Hemlock Ln

Mondays, September 19 - November 7

9:15 – 10:00 a.m. \$88 (8 ses) 405403-01



BALLET, TAP & JAZZ COMBO

Ages 2 - 3½

Come little ones, here's your chance to move. This class incorporates ballet, tap and jazz techniques while also encouraging self-expression and creativity. High energy music is used throughout the class to get dancers moving and having fun! Dancers will have a small performance for parents the last day of class. *Tap shoes are required.*

Maple Grove Middle School, Comm. Gym, 7000 Hemlock Ln

Mondays, September 19 - November 7

10:15 – 11:00 a.m. \$88 (8 ses) 405402-01

BALLET, TAP & JAZZ COMBO 2

Ages 3 - 5

For little ones who have taken the Tippi Toes Ballet, Tap, Jazz Combo class previously, our Level 2 class continues to encourage self-expression and creativity through dance while introducing new dance steps and high energy music to keep dancers moving and having fun. Dancers will have a small performance for parents the last day of class. *Tap shoes are required.*

Maple Grove Middle School, Comm. Gym, 7000 Hemlock Ln

Mondays, September 19 - November 7

10:15 – 11:00 a.m. \$88 (8 ses) 405402-02



INTRODUCTION TO JAZZ, TAP & BALLET

Ages 4 - 5

Welcome to the world of dance! This Jazz, Tap and Ballet class is for dancers who would like to learn dance routines through a variety of games and activities. Participants will dance to a variety of musical styles to learn techniques. Emphasis will be on having fun. **Tap shoes are required, and if needed, they can be purchased at Payless Shoes. Ballet shoes are recommended but not required. Please wear comfortable clothing.**

Fernbrook Elementary School, Cafeteria, 9661 Fernbrook Ln

Wednesdays, September 21 – November 9

5:45 – 6:35 p.m. \$52 (8 ses) 405404-01

HIP HOP AND JAZZ COMBO

Ages 6 - 8

Learn the basics of hip-hop and jazz in this fun exciting introductory dance class. This class will foster your child's creativity and expression in a supportive dance setting. Your child will move and groove to fun upbeat music while exploring their own individuality. Come join us!

Fernbrook Elementary School, Cafeteria, 9661 Fernbrook Ln

Wednesdays, September 21 - November 9

6:40 - 7:30 p.m. \$52 (8 ses) 405405-01

FALL INTO MIXED MEDIA

Ages 5 - 12

Fall is in the air and the days are beginning to get cool just like this class!!! This nature themed basic studio art class allows children to work with a variety of media while being creative. Children will explore mediums such as clay, drawing, painting, pastel and more (materials vary by week). Did we mention art classes build self-confidence? Don't forget to **bring a paint shirt** as art can get a messy. Instructor is Sarah Fisher.

Maple Grove Middle School, Room D144, 7000 Hemlock Lane

Saturdays, September 24 - October 29

6:00 – 6:45 pm • Ages 5-7 \$60 (6 ses) 405302-01

7:00 - 7:45 pm • Ages 8-12 \$60 (6 ses) 405302-02



Kids World - Preschool

PRESCHOOL ADVENTURES

Ages 3½ - 5 (without a parent)



An Apple A Day

Apples, apples, all around! What a delicious time of the year. During this class we will talk about apples! We will discover how apples grow and different things we can make from apples. We will have a yummy apple snack and create a "sweet apple" project! Instructor, Barb Hiltner.

Maple Grove Community Center

Monday, September 26

9:30 – 11:30 a.m.

\$13

405306-01

Spinning Spiders

Little fingers will be wiggling and little voices will be giggling as we explore our 2 favorite spider songs - Itsy, Bitsy Spider and Little Miss Muffet! What fun we will have as we enjoy singing spider songs and "spinning" up a spider project. A simply super spider snack will complete this special class. Instructor, Barb Hiltner.

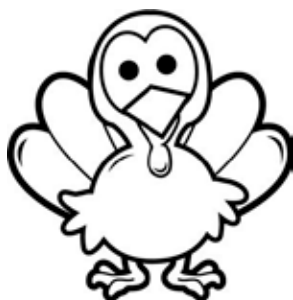
Maple Grove Community Center

Monday, October 24

9:30 – 11:30 a.m.

\$13

405306-02



Gobble! Gobble! Gobble!

Let's talk turkey! Come and join us as we have fun with turkeys! We will enjoy turkey songs and create a fun turkey project. Then we will gobble up a great turkey treat! Instructor, Barb Hiltner.

Maple Grove Community Center

Monday, November 21

9:30 – 11:30 a.m.

\$13

405306-03

A Cookie For You & A Cookie For Me

What a sweet class this will be! We will talk about sharing our favorite season snack - cookies! What a fun way to cook up some real sharing with tasty treats. We will make a delicious snack and a sweet project! Instructor, Barb Hiltner.

Maple Grove Community Center

Monday, December 5

9:30 – 11:30 a.m.

\$13

405306-04

Kids World - Kidcreate Studio

KIDCREATE STUDIO

Kidcreate Studio launches children into the incredible world of art. Their energized classes, camps and birthday parties offer an exciting format for art exploration and focus on art creation and art education. Lesson plans, designed by an art education professional, are age appropriate and devised to inspire the individual child. Teachers provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts. Parents can be assured their child is being educated in a supportive environment where giggles and grins are encouraged. For more information about Kidcreate Studio visit the web site at www.kidcreatestudio.com.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Storybook Art Class with Kidcreate

Ages 18 months - 6 years with parent

Together in this class, we'll develop a love of art and reading! Beloved story books will inspire us to imagine the fantastic! Have you ever seen a mouse covered in paint, gone on a trip with a tank engine named Thomas or drawn with a magical purple crayon? Outstanding children's books will inspire our project each day. A variety of kid-friendly art materials will be used. Come and create right along with your child in these hands on classes! Children must be accompanied by a caregiver.

Thursdays, September 15 – October 6

9:30 - 10:30 a.m.

\$56

405304-01

All About Me! with Kidcreate

Ages 18 months - 6 years with parent

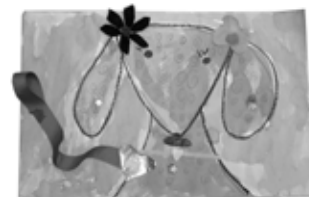
Hey kids, this class is all about you! Let's make art inspired by all your favorite things. What's your favorite kind of cookie or lollipop flavor? What kind of pets do you love? We'll get messy with many different types of art materials, such as paint and clay, and learn basic art concepts and techniques. Mom, make room on that refrigerator. Your child will be excited to have these masterpieces displayed. These projects will journal your child's world and everything they love right now. What great keepsakes! Come and create right along with your child. Children must be accompanied by a caregiver.

Thursdays, October 13 - November 3

9:30 – 10:30 a.m.

\$56

405304-02



Dazzling Doodlers with Kidcreate

Ages 18 months - 6 years with parent

Calling all aspiring doodlers! This is the art class you've been waiting for! Painting, drawing, and clay- it's all so much fun! We will experiment with many techniques, styles and materials as we make handprint flower gardens, dinosaurs that glow-in-the-dark, silly clay owls and more. Your child will have an artsy good time as they create dazzling doodles and silly scribbles in this highly anticipated class. Come and create right along with your child. Children must be accompanied by a caregiver.

Thursdays, Nov 10 - Dec 8 (ex Nov 24)

9:30 – 10:30 a.m.

\$56

405304-03



KIDCREATE STUDIO

Kidcreate Studio launches children into the incredible world of art. Their energized classes, camps and birthday parties offer an exciting format for art exploration and focus on art creation and art education. Teachers provide a positive, fun, self-esteem building atmosphere where children learn to express themselves through the visual arts in a supportive environment where giggles and grins are encouraged. For more information about Kidcreate Studio visit the web site at www.kidcreatestudio.com. Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Halloween Craft Party with Kidcreate

Ages 18 months - 6 years with parent

Park your broom at the door and come on in! Together, you and your child will create an adorable picture of a haunted house, complete with spooky ghosts. This project even glows-in-the-dark! The kids are welcome to wear costumes to class. Children must be accompanied by a caregiver.

Friday, October 28

9:30 – 10:30 am

\$16

405304-04

3D Thanksgiving Craft with Kidcreate

Ages 18 months - 6 years with parent

Those pilgrims sure were crafty! The kids will celebrate Thanksgiving by creating an adorable 3D turkey that is sure to attract smiles. This is a great class for siblings to attend together! Children must be accompanied by a caregiver.



Friday, November 18

9:30 – 10:30 am

\$16

405304-05

Holiday Ornament Making Party with Kidcreate

Ages 18 months - 6 years with parent

All new ornaments! Join us for an ornament making party. We will set up 4 stations, each with a different ornament project. These ornaments will make great keepsakes or holiday gifts! This is a great class for siblings to attend together! Come and create ornaments right along with your child. Children must be accompanied by a caregiver.



Friday, December 9

9:30 – 10:30 am

\$16

405304-06

Wacky Halloween Witch with Kidcreate

Ages 4 - 9

Double, double toil and trouble; fires burn and caldrons bubble. We'll use air-dry and Model Magic® clay along with a little Halloween magic to create this wonderfully wacky witch. The kids are welcome to wear their costumes to class. *Please pack a nut free snack and drink for your child.*

Saturday, October 29

1:00 – 4:00 pm

\$33

405304-07

Camp Holidays with Kidcreate

Ages 4 - 9

What's the best thing about the holidays? The crafts, of course! Holiday crafts are sure to get your elf into the holiday spirit! They'll have a holly jolly time as they draw and paint Santa, create Santa bobble heads and so much more. This is an extremely popular camp, register early before it fills up! *Please pack a nut free snack and drink for your child.*

Saturdays, December 3 & 10

9:00 am – 12:00 noon

\$66

405304-08

How to Draw a Kitty with Kidcreate

Ages 5 - 12

In this class, the kids will learn how to draw an adorable kitty using a simple step-by-step process. The final project will be painted on a real canvas board! Register early for this popular class! *Please pack a nut free snack and drink for your child.*

Saturday, September 24

1:00 – 4:00 pm

\$33

405304-09

Minecraft & More App Art with Kidcreate

Ages 5 - 12

Your Minecraft® master will love this explosive art camp! Your child will learn about and be inspired by the artistry of top grossing app games like Minecraft, Clash of Clans and Angry Birds. We'll work with air-dry clay, Model Magic® and paint to create app-solutely fabulous masterpieces! *Please pack a nut free snack and drink for your child.*

Thursday & Friday, October 20 & 21

1:00 – 4:00 pm

\$66

405304-10

Canvas and Clay Camp with Kidcreate

Ages 5 - 12

Creating with clay and painting on canvas - it just doesn't get any better than that! In this one-day camp, your child will get to experiment with many different types of art while learning simple step-by-step painting and clay techniques. They will make 3D bears, owls that glow-in-the-dark, a scratch board painting of a cat and so much more!



What a great way for your child to explore the incredible world of art! *Please pack a nut free snack, lunch and drink for your child.*

Saturday, November 12

10:00 am – 3:00 pm

\$66

405304-11

Kids World - Kidcreate Studio

Holi-Dazzled Snow Globes with Kidcreate

Ages 5 - 12

The holidays are right around the corner! Start the holiday season off right for your child by signing them up for a holiday themed class they will love. Each child will get to design and create a dazzling snow globe! *Please pack a nut free snack and drink for your child.*

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Friday, December 2

1:00 – 4:00 pm

\$33

405304-12

Ooey Goopy Clay

Creation with

Kidcreate

Ages 5 - 12

It's ooey and goopy and oh so much fun! What kid doesn't love to get messy as they create with clay? The

children will use a variety of tools and techniques to make owls, monsters, bowls and much, much more. Making a mess may be the best, but working with clay is really cool too! *Please pack a nut free snack and drink for your child.*

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Thursday & Friday, December 29 & 30

1:00 – 4:00 pm

\$66

405304-13



Kids World - Artistic Moments

ARTISTIC MOMENTS - PRESCHOOL

Ages 3 - 5 with a parent

Artistic Moments are designed to meet the artistic needs of all children. Children will have the opportunity to work with a variety of materials they may not ordinarily have access to. Fees include all supplies. These classes are taught by Kris Holtmeyer, Artistic Moments Instructor. **All classes are held at Maple Grove Senior High, Room 277.**

Halloween Ceramics, Mom (Or Dad) & Me

Calling all ghosts and goblins! Halloween is creeping up on us, so it's time to raise the spirits and let the haunting begin! Ghosts, spiders, pumpkins and more are choices you have in this fun-filled class. The ceramics (greenware) is fired in a kiln and cleaned prior to class. Acrylic paints are used to complete the project, so *remember to bring a paint shirt!* All artistic abilities welcome!

Saturday, October 22

9:00 - 10:30 am

\$18

405301-01

Creative Thanksgiving Cookies, Mom (Or Dad) & Me

You will want to gobble up these creative Thanksgiving cookies! Learn the basic skills of cookie decorating. Have fun using different decorating tips and colorful tubes of icing to create your edible works of art. You will make four festive cookies to take home. All artistic abilities welcome!

Saturday, November 19

9:00 – 10:30 am

\$18

405301-02

Kids World - Artistic Moments

Holiday Ornament Art, Mom (Or Dad) & Me

Would you like to have fun designing and painting ornaments for the holidays? Join us for this fun and creative activity! You will have an opportunity to design your very own patterns, or use one of the many templates available. Using a variety of paintbrushes and colorful paints, have fun brushing vibrant colors onto your ornament. Create original works of art! A nontoxic liquid sealer will be applied to the paint after it has cured. These make great gifts for someone special. All artistic abilities welcome!

Maple Grove Senior High, Room 277.

Saturday, December 10

9:00 - 10:30 a.m.

\$18

405301-03

ARTISTIC MOMENTS - ELEMENTARY

Grades K – 4

Artistic Moments are designed to meet the artistic needs of all children. Children will have the opportunity to work with a variety of materials they may not ordinarily have access to. These classes are taught by Kris Holtmeyer, Artistic Moments Instructor. Supplies are included; *bring a paint shirt.* **All classes are held at Maple Grove Senior High, Room 277.**

Halloween Ceramics

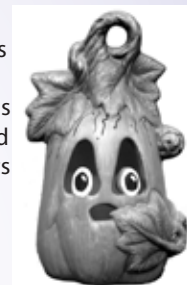
Calling all ghosts and goblins! Halloween is creeping up on us, so it's time to raise the spirits and let the haunting begin! Ghosts, spiders, pumpkins and more are choices you have in this fun-filled class. The ceramics (greenware) is fired in a kiln and cleaned prior to class. Acrylic paints are used to complete the project, so *remember to bring a paint shirt!* All artistic abilities welcome!

Saturday, October 22

10:45 - 12:15 pm

\$18

405301-04



Creative Thanksgiving Cookies

You will want to gobble up these creative Thanksgiving cookies! Learn the basic skills of cookie decorating. Have fun using different decorating tips and colorful tubes of icing to create your edible works of art. You will make four festive cookies to take home. All artistic abilities welcome!

Saturday, November 19

10:45 - 12:15 am

\$18

405301-05

Holiday Ornament Art

Would you like to have fun designing and painting ornaments for the holidays? Join us for this fun and creative activity! You will have an opportunity to design your very own patterns, or use one of the many templates available. Using a variety of paintbrushes and colorful paints, have fun brushing vibrant colors onto your ornament. Create original works of art! A nontoxic liquid sealer will be applied to the paint after it has cured. These make great gifts for someone special. All artistic abilities welcome!

Saturday, December 10

10:45 - 12:15 pm

\$18

405301-06

Kids World - Science Explorers



SCIENCE EXPLORERS – PRESCHOOL

Ages 3½ - 6

These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. Fee include all supplies.

All classes are held at Maple Grove Community Center



Silly Slimes!

Are you ready for some gooey, sloppy experiments? Then slide into this exciting, hands-on lab as we experiment with gooey, silly and slimy mixtures. Be sure to dress so you can get messy as we learn why mixtures act the way they do.

Tuesday, September 20

9:30 - 11:00 a.m.

\$15

405702-01



Dynamite Dinosaurs

Enter the Science Explorers' time machine and journey back to a world where dinosaurs ruled the earth. Become a paleontologist to learn how enormous or small these amazing creatures were, plus participate in a mini dino dig. You will have a dynamite time with hands-on experiments, studying fossils, and much more as we journey back in time.

Tuesdays, October 4 – 25

9:30 - 11:00 a.m.

\$56 (4 ses)

405702-02

Zany Zoo

Do you love animals? Then hop on board the Science Explorers' monorail for a journey through our Zany Zoo. Exciting, hands-on stops include Zoo Keeping 101, the aquarium, the aviary and more as we explore unusual animals and their habitats. Hop, skip, jump or gallop on board for this imaginary zany zoo adventure... see you at the zoo!

Tuesdays, November 1 – 29 (ex Nov 8)

9:30 - 11:00 a.m.

\$56 (4 ses)

405702-04



Exploring Light and Sound

Ages 3½ - 6

Join Science Explorers as we investigate the spellbinding world of light and sound. While exploring light, we will use colored filters, prisms, and more to learn where light comes from and how it travels. Then we will use musical instruments and more to engage our senses in learning about sound and how it travels. We will create a musical instrument, learn about primary and secondary colors and more in this fascinating world of light and sound.

Tuesdays, December 6 – 20

9:30 - 11:00 a.m.

\$42 (3 ses)

405702-05

SCIENCE EXPLORERS – ELEMENTARY

Grades 1 - 5

These classes are designed to meet the needs of children by providing them with high quality, hands-on science programs. All supplies are included with program fee.

Maple Grove Community Center

Wizard School

Grades 1 - 5

Join Science Explorers as we investigate a wizard's laboratory. You will become an apprentice as you learn the science behind the magic. Learn to harness electricity to make your own wand. Explore the secret world of alchemy as you create scientific potions and more in this fun, hands-on imaginative class.

Thursday, October 20

9:30 - 11:30 am

\$20

405702-06



Battling Robo-Botz

Grades 2 - 6

Have you ever wanted to build a robot? Then join us as we build simple motorized robots that will battle for the title "Best Bot". After each round, your team will reconfigure your robot to build it bigger...better...stronger using your new found knowledge of mechanical movement. Imagine, build and battle your way through the competition of amazing Robo-Botz.

Wednesday, December 28

9:30 am - 12:00 pm

\$25

405702-03

Kids World - After School Programs



AFTER SCHOOL ACTIVITIES

As a cooperative venture between the Maple Grove Parks and Recreation Department and District 279 Schools, after school activities are offered to elementary age children. The programs are designed to be fun activities for children to explore new and exciting interests in a wide variety of areas such as sports, arts, crafts, enrichment and much more. **Variety of locations!**

Provide your own transportation.

If you have experience working with youth and would like to instruct After School Programs, please contact Michelle at 763-494-6516. We are open to all program suggestions.

SEPTEMBER

Stepping Stones with Artistic Moments

Ages 5-12

Have you always wanted to make a special steppingstone? Join us for a fun and creative adventure in the world of outdoor design! Learn how to mix cement and place it in a special mold. Let your imagination run wild and create a beautiful masterpiece by making your handprint and arranging colorful stones, glass or other embellishments in your stone. Projects can be taken home the same day, but need to set after class. Cure time is approximately one week. Stepping stones can be used indoors or outdoors. ***Don't forget your paint shirt!***

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Monday, Sept 19

4:30 - 6:00 pm \$17 406109-01

Flag Football

Grades 2-4

Come join us in the fun game of flag football. During this program you will learn the basic skills needed to play the game. The group will work on passing, catching and defending, while also playing games weekly. Don't miss the fun!!

Fernbrook Elementary, Gym, 9661 Fernbrook Ln

Mondays, Sept 19 – Nov 7 (ex Oct 10 & 31)

4:30-5:30 pm \$26 406109-02

Beginning Soccer

Grades 1-3

Boys and girls, come have fun with us while learning the basic skills of soccer. The skills taught include dribbling, passing, shooting and goal keeping. Weekly games will be played. Don't miss the excitement!!

Oakview Elementary, Gym, 6710 E Fish Lk Rd

Tuesdays, Sept 20 – Nov 1 (ex Oct 25)

4:30-5:30 pm \$26 406109-03

Beginning Basketball

Grades 1-3

Join your friends in this instructional basketball program for boys and girls. The beginning skills taught include: passing, shooting and dribbling. Every young player should start here! Stay fit while having fun!

Fernbrook Elementary, Gym, 9661 Fernbrook Ln

Wednesdays, Sept 21 – Oct 26

3:25-4:25 pm \$26 406109-04

Hip Hop/Jazz Class Session with Tippi Toes Dance

Ages 6-12

This Hip Hop dance class was created especially for children by Tippi Toes Dance! Using popular, age-appropriate music, students learn choreography in Hip Hop and Jazz styles. The Tippi Toes version of Hip Hop dance is extremely tasteful and kid-friendly. We want our dancers to feel comfortable in what they wear to dance class! Dancers can wear shorts, leggings or sweatpants. T-shirts with tennis shoes work best! Boys and girls welcome!

Fernbrook Elementary, Gym, 9661 Fernbrook Ln

Wednesdays, Sept 21 – Nov 9

4:30-5:30 pm \$88 406109-05

Cedar Island Elementary, Gym, 6701 E Fish Lk Rd

Thursdays, Sept 22 – Nov 10 (ex Oct 20)

4:30-5:30 pm \$77 406109-06

Master Minions on Canvas with Artistic Moments

Ages 5-12

Who doesn't like these funny little characters? Choose your favorite Minion character and learn how to replicate your favorite using an easy method. You will have an opportunity to learn a fun painting technique and use different brushes to create a colorful painting that you can proudly display! All artistic abilities welcome. ***Please bring an art shirt... we may get messy.***

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Monday, Sept 26

4:30 - 6:00 pm \$17 406109-07

SEPTEMBER, OCTOBER, NOVEMBER

Kids Yoga: Anxious to Awesome™

Do you know a child who misses school because of tummy aches or headaches? Does your child avoid joining social activities due to anxious feelings? Your child is not alone. And, there are practical tools from yoga that can help. In Anxious to Awesome™ children will learn yoga techniques to relax their minds and remain in control. Through breath work, meditation and movement, kids will develop self-regulation and self-care strategies they can confidently draw on whenever anxious feelings arise.

Cedar Island Elementary, Gym, 6701 E Fish Lk Rd

Wednesdays, Sept 21 - Oct 26 (Ex Oct 19)

4:30 - 5:45 pm • Ages 8-12 \$48 406109-20

Wednesdays, Nov 2 – Dec 14 (ex 11/23)

4:30 - 5:45 pm • Ages 4-7 \$48 406109-13

Beginning Scrapbooking

Grades 2-5

Come have fun with us as we learn to decorate, journal and save your memories in a scrapbook. In this two hour class, kids will each get a coordinated kit that is unique and fun to work with! The class requires you to bring approximately 24-30 photos of holiday, birthday and/or other fun photos to work with during class - everything else is provided! This is a project that you and your family will treasure for a long time. Come join in the fun!

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Tuesday, Sept 20

4:30 - 6:30 pm \$16 406109-08

Tuesday, Oct 11

4:30 - 6:30 pm \$16 406109-09

Tuesday, Nov 1

4:30 - 6:30 pm \$16 406109-10

Kids World - After School Programs

OCTOBER

Halloween Cake Wars with Artistic Moments

Ages 5-12

Halloween is slowly creeping up on us! Cake decorating has never been more fun! Team-up with a friend or two, or make new friends and let the fun begin! Using your creative thinking, you and your teammate(s) will brainstorm festive designs and then strategically decorate your team's cake using colorful bags of icing and a variety of decorating tips to create your masterpiece! Who will win? All artistic abilities welcome. Fills fast, register soon!

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Wednesday, Oct 5

4:30 - 6:30 pm

\$23/person

406109-11

Halloween Ceramics with Artistic Moments

Ages 5-12

Calling all ghosts and goblins! It's time to raise the spirits and let the haunting begin! Ghosts, monsters, cats, pumpkins and more are choices you have in this fun-filled class. The ceramics (greenware) is fired in a kiln and cleaned prior to class. Acrylic paints are used to complete the project, so remember to **bring a paint shirt!**

Village Hall at Lakeview Knolls, 9391

Fernbrook La N (upper Arbor View parking lot)

Monday, Oct 17

4:30 - 6:00 pm

\$17

406109-12



NOVEMBER

LEGO Art Sculptures with Artistic Moments

Ages 5-12

Do you like three-dimensional art? Have you ever thought about creating a unique sculpture using Legos? Legos are fun for all ages! Join us for this creative adventure as we explore the world of Lego art! You will have an opportunity to brainstorm and sketch ideas for your theme-based sculpture. Choose your favorite concept and you are ready to begin! Using a variety of colorful Legos pieces, you will strategically build your sculpture brick by brick and watch it come to life! But, the best part of all – you can take your sculpture home with you to enjoy for years to come!

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Monday, Nov 7

4:30 - 6:00 pm

\$17

406109-14

Lost in Space with Science Explorers

Grades K-5

Blast off on an adventure through the universe with Science Explorers! On our adventure, we will investigate the planets of our solar system, plus explore black holes, nebulae and more. Then we will create glowing, slithering space slime to learn what is needed for life to exist on other planets.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Thursdays, Nov 10 & 17

4:30 - 5:30 pm

\$23

406109-15

Create a Plate with Artistic Moments

Ages 5-12

Explore ceramics in a different way! Create your own Turkey Plate using your hand print on a ceramic plate. Brush-on colorful acrylic paints and watch your plate transform into a unique work-of-art! The ceramics will be fired in a kiln prior to class. A liquid sealer will be applied to your completed plate. **Please bring an art shirt... we may get messy.**

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Monday, Nov 21

4:30 - 6:00 pm

\$17

406109-16

DECEMBER

Winter Wonderland Ceramics with Artistic Moments

Ages 5-12

Snowmen, ornaments, winter animals and more are choices you have in this fun-filled ceramics class. These pieces are new this year to the After School Ceramic Program. Don't miss the fun! The ceramic (greenware) is fired in a kiln and cleaned prior to the class. Students will be using acrylic paints to complete their project. Then felt will be attached to the bottom to prevent scratching.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Thursday, Dec 1

4:30 - 6:00 pm

\$17

406109-17

Myth Busting 101 with Science Explorers

Grades K-5

Mind-blowing myths or scientific facts? Join Science Explorers as we confirm or bust strange myths and wacky urban legends. We will ask the crazy questions, develop hypotheses, then smash it, crash it, sink it or launch it to determine if the myth is confirmed, plausible or busted.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Tuesdays, Dec 6, 13 & 20

4:30 - 5:30 pm

\$34

406109-18

Holiday Cookie Art with Artistic Moments

Ages 5-12

Fill your day with holiday cheer! Holiday cookie decorating is festive and fun! Here's your chance to create five special cookies. Enjoy them for yourself, or share them with family and friends. Your creations are sure to make this season special! Kids will be allowed to enjoy eating one of their special creations during class. **Attention Parents:** If for any reason your child should not eat a cookie during class, please contact Michelle DeBace, Maple Grove Parks and Recreation, at 763-494-6516.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Thursday, Dec 22

4:30 - 6:00 pm

\$17

406109-19



Active Kids, Teens & Families

HORSE BACK RIDING LESSONS

Ages 6 – 11

For those of you who want to try riding for the first time or for the experienced rider that wants to brush up on their skills; join us at Caille Farm. Learn basic care, stable safety, handling and feeding of horses. Lessons will be on well trained horses that give confidence to new riders, yet deliver challenge to the more advanced. Lessons will be held at Caille Farms indoor arena. You provide your own transportation. Parent viewing can be done from 9:00-9:30 a.m. and 2:30-3:00 pm. For more information or directions contact Barb at 763-295-5250. *Long pants and tennis shoes are required. Attention parents: A waiver needs to be signed by a parent prior to lessons - access it at www.caillefarms.com, click on camps. Please bring a bag lunch.* Instructor, Barb Anderson Whiteis and staff.

Caille Farm, 9209 Iffert Ave NE, Monticello, MN 55362

9:00 a.m. – 3:00 pm

Monday, Oct 10	\$70	405109-01
Thursday, Oct 20	\$70	405109-02
Friday, Oct 21	\$70	405109-03
Friday, Nov 25	\$70	405109-04
Friday, Dec 2	\$70	405109-05
Wednesday, Dec 28	\$70	405109-06

FENCING FOR YOUTH

Ages 6 – 12

Come learn real fencing skills while having fun in our special Musketeers Fencing class! This new program introduces children to the fundamentals of fencing with the foil weapon. This class is performed in a non-threatening environment with an emphasis on skill building, concentration, self-discipline and fun. Classes are designed to enhance motor skills, social and perceptual growth by teaching safe, age appropriate foil fencing skills to each child. Fencing may help improve concentration while developing self-control through fun and organized activities that are developmentally correct. We provide everything needed to fence (mask, jacket, glove and weapon). *The fencer need only to come dressed comfortably for freedom of movement, including long sweat pants and running shoes.*

Maple Grove Community Center, Gymnasium

Saturdays, Sept 17 – Oct 22

10:00 – 11:00 a.m. \$72 (6 ses) 405104-01

Saturdays, Oct 29 - Dec 17 (ex Nov 5 & 26)

10:00 – 11:00 a.m. \$72 (6 ses) 405104-02

new

MODERN ARMS FENCING

Ages 13 – adult

Classical fencing emphasizes the practice of the sword as an art, a science and as recreation. The curriculum provides a fun level introduction to the sports with minimal rules and lots of play. Fencers learn at a comfortable pace while being able to fence with others of all levels. Fencing equipment is provided for the class. All levels welcome. *The fencer need only to come dressed comfortably for freedom of movement, including long sweat pants and running shoes.*

Church of the Open Door gym, 9060 Zanzibar Ln N, MG

Thursdays, Sept 15 – Oct 20

6:00 – 7:30 pm \$72 (6 ses) 405104-03

Thursdays, Nov 3 - Dec 15 (ex Nov 24)

6:00 – 7:30 pm \$72 (6 ses) 405104-04

MAPLE GROVE CHEER LITTLE LEADERS CLINIC

Ages 4 – 12

Come experience an exciting cheerleading clinic with the Maple Grove Senior High Cheerleaders! During the clinic, you will work with the Crimson Cheerleaders to learn jumps, cheers, tumbling, stunting and a dance. The clinic also includes a performance at half time of the Maple Grove Senior High football game on 9/23/16. Please visit crimsoncheer.com for more information. Please indicate shirt size when registering; Youth small (6-8), youth medium (10-12), youth large (14-16) or adult small. Performance: Friday, September 23rd 7:00-9:00 pm.

Maple Grove Senior High, Main Gym, 9800 Fernbrook Ln

Saturday September 17

9:00-12:00 \$45 407103-01

OSSEO CHEERLEADING CLINIC

Grades K-12

Come join Osseo Senior High cheerleading for a fall clinic and halftime performance at the Varsity Football game on Friday, September 23. The clinic will begin at 5:00 pm and we will keep the little leaders in our care until after their halftime performance! The clinic will consist of learning chants, cheers and a dance that will be performed at the game. Pizza, t-shirt and pom poms are provided. Indicate shirt size at the time of registration. Youth sizes (small, medium or large) and adult sizes (small - large).

Osseo Middle School, Cafeteria, 10223 93rd Ave N

Friday, September 23

5:00-7:40 pm \$30 407303-01

MAPLE GROVE ELEMENTARY CHEER

Grades 2 - 6

This is an elementary competitive cheer program which includes high level instruction in tumbling, dance, stunting, cheer and performance skills. Choreography combining all of these facets will be taught to create a competitive routine. Two competitive team levels will be offered. Level 1 is offered to anyone at any level. Level 2 will be offered to athletes with demonstrated skills in gymnastics, stunting and competitive cheer or dance. Each team will compete their fun and action-packed routine in at least three local cheer competitions. Program costs cover four months of coaching instruction, competition fees to at least three local events and a practice uniform. *Shoes, new/replacement uniforms and socks are an additional cost.* Please email mg youthcheer@gmail.com for more information.

Maple Grove Middle School, Gym C, 7000 Hemlock Ln

FREE Evaluation day: Tuesday, September 13 from 6-8 pm. If you are considering joining the Level 2 team, attending the evaluation day is required to check skills and confirm that athletes are placed in the appropriate level. Uniform fitting day and mandatory parent meeting is **Sunday, Sept 18, 6:00-7:30 pm.**

Level 1

Practices, Tuesdays September 27, 2016 - January 31, 2017

5:15 – 6:45 pm \$250 407103-03

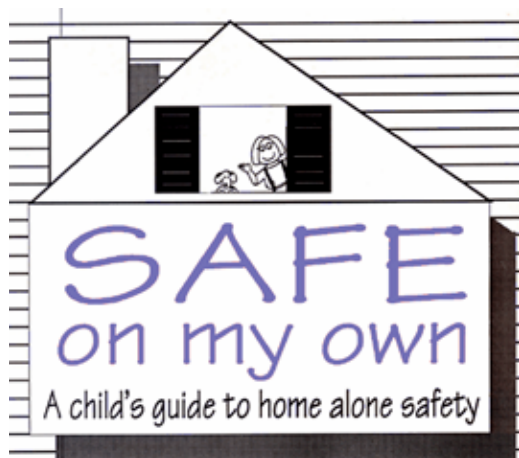
Level 2

Practices, Tuesdays & Sundays, September 27 – January 31

Tuesdays, 6:45 – 8:15 pm

Sundays, 6:00 – 7:30 pm \$300 407103-04

Safety Programs, Kids & Teens



SAFE ON MY OWN

Ages 7 - 10

This course is ideal for children 7-10 years of age. Children learn how to prevent and prepare for emergencies, safety when home alone, phone safety, and what to do if someone is choking or bleeding. No pressure, no stress, just an esteem-building education that participating youth can use to keep themselves safe. Fee includes all materials. This course is sponsored by the American Red Cross.

Maple Grove Community Center

Saturday, September 10

9:00 - 10:30 a.m. \$16 405503-01

Saturday, November 19

9:00 - 10:30 a.m. \$16 405503-01

HOME ALONE - FOR PARENTS & CHILDREN

Youth & Adults

Is your child prepared to stay home alone? Does he or she know what to do in case of a fire, if there is a stranger at the door, when friends come to play, when using the internet, if they get hungry and want a snack? Be sure that you have the frank conversations and all of the necessary tools in place so your child is well equipped to stay home without an adult. Home Alone is taught by Sheryl Nefstead, a District 279 teacher with significant experience teaching teens safety and home life skills. She will guide you and your child through the important questions to consider and share the tools you need before you make the important decision to leave your child home alone. A Maple Grove Police Officer will provide your family with Hennepin County guidelines, various safety considerations and a child safety checklist. This class will help your child feel comfortable and provide you with the information you need to assure that your family is safe in all settings, but mostly when you prepare for the big step of leaving your child home alone. A collaborative program offered by Maple Grove Parks and Recreation and District 279 Community Education. Instructors, Sheryl Nefstead & Maple Grove Police Officer.

Maple Grove Middle School, 7000 Hemlock Ln

Wednesday, October 5

6:30 - 8:00 pm \$14.00 - student 405502-01

\$5.00 - parent (required) 405502-01

\$5.00 - additional person 405502-01

BABYSITTING WORKSHOP

Ages 11 - 15

This course is ideal for current and future babysitters, teaching them the best ways to be safe and keep the children in their care safe. Training for real life, includes essential professional leadership and caregiving skills, safety skills to prevent emergencies, how to manage real-life problems, including emergencies and tips on finding babysitting jobs. No pressure, no stress, just an esteem-building education that participating youth will use throughout their lives. This course is sponsored by the American Red Cross. Students 11 years of age or older who correctly demonstrate all skills and complete all course worksheets are eligible to receive a certificate of completion. This course is based on hands-on skills. No written test will be given. **Children 10 years of age may take the course, however, they will not receive the certification.** Students should bring a bag lunch. The fee includes all supplies.

Maple Grove Community Center

Saturday, August 27

9:00 am - 4:30 pm \$81 305501-04

Saturday, September 3

9:00 am - 4:30 pm \$81 405501-01

Saturday, October 8

9:00 am - 4:30 pm \$81 405501-02

Saturday, November 12

9:00 am - 4:30 pm \$81 405501-03

Saturday, December 17

9:00 am - 4:30 pm \$81 405501-04









Jumpstart your teen's first business.
SIGN UP FOR BABYSITTER'S TRAINING TODAY.



Teen Happenings

MAPLE GROVE TEEN CENTER

If you are a teen, then this place is for you! We have computers for youth to do homework, play games, and access the Internet. The center is also a great place to hang out with friends, listen to music and play video games. The teen center has an iPad to play music, pool tables, video games, a projection screen TV, lounge area, Xbox 360 and more! Most of all, teens can be themselves and have fun in safe environment. The Teen Center is located inside the Community Center with access to the gymnasium, Grove Cove Aquatic Center, ice arena, skate plaza and concession stand.

Student I.D. is recommended when entering Community Center property. Hours of operation may be restricted due to special events. Teen Center is not open to teens during regular school hours.

HOURS OF OPERATION

School year

Monday - Thursday3:00 pm - 9:00 pm
Friday3:00 pm - 10:00 pm
Saturday.....10:00 a.m. - 10:00 pm
Sunday.....12:00 pm - 6:00 pm

Non-school days (student vacation days)

Monday - Thursday10:00 a.m. - 9:00 pm
Friday10:00 a.m. - 10:00 pm



TEEN CENTER BIRTHDAY PARTIES

Grades 6 - 12

Celebrate your birthday with your friends in our Teen Center. We will supply the cake and some decorations; you bring your friends! You will have access to the Teen Center and all it has to offer, including unlimited access to the pool table and the Xbox 360. You can watch your favorite movies, listen to your favorite music on our iPad and so much more. Your birthday is special, so celebrate it at the Maple Grove Teen Center! Call 763-494-5969 to make your reservation.

\$85.00 Teen Center will be open to the public
\$90.00 Private Teen Parties are available on Sunday evenings starting at 6:00 pm You will have exclusive use of the Teen Center for 2 hours.

Teen Center and Gym Party Option

For the active party goers you may want to rent out our gymnasium, play a game of basketball, volleyball or your choice of indoor activity. You will get exclusive use of the Teen Center and the Gymnasium for 2 hours.

\$130.00 You will have exclusive use of the Teen Center for 2 hours & the gym for 1 hour. Includes 1 roll of quarters for the arcade games.

TEEN CENTER RENTAL INFORMATION

Do you have a birthday, sports team party or special occasion to celebrate? The Maple Grove Teen Center is available to rent for any teen related party. For information call the Rental Coordinator, 763-494-5969

MAPLE GROVE TEEN ADVISORY GROUP MG-TAG

Calling all Maple Grove Teens - Grades 6-12!

The Maple Grove Teen Center wants your input. We are an all youth advisory group, we provide feedback on programs and operations of the Maple Grove Teen Center, and our goal is to enhance the quality of teen programs in Maple Grove. We want to hear your voice. All members are in grades 6-12. Some of the events we participate in are Maple Grove Days, Club Night at the Teen Center, Random Adventures and Adopt-A-Park.

Meetings are held at the Maple Grove Teen Center on the 1st and 3rd Thursday of every month at 4:00 pm. Our fall meetings are: **September 15, October 6 & 20, and November 3 & 17.**

Membership Requirements

Youth Grades 6 to 12, able to attend monthly meetings, willing to participate in MG-TAG discussions and projects and willing to respect the involvement, privacy and opinions of others.

Sign up today! MG-TAG registration form available at www.maplegrovern.gov on the Teen Center page.



MAPLE GROVE TEEN ADVISORY GROUP ADOPT-A-PARK FALL CLEAN UP DAY

MG-TAG will be cleaning our park, North Arbor Lake Trail. We invite all teens to join us to clean the trail and around the lake. Come out and enjoy the weather, meet new friends and learn what MG-TAG is all about. Meet at the Maple Grove Teen Center at 4:00 pm. After the work is done, we will enjoy conversation and snacks at the Teen Center.

Thursday, September 15
4:00 - 6:30 pm

FREE PIZZA FRIDAYS IN NOVEMBER

Join us Fridays in the Teen Center for the month of November! Enjoy pizza and hanging with friends.

Maple Grove Teen Center
Fridays, November 4, 11 & 18
Pizza served at 6:00 pm

MAPLE GROVE SKATE PLAZA

The Maple Grove Skate Plaza is located next to the Maple Grove Community Center. It is open daily during park hours from 6:00 a.m. - 10:00 pm. Skateboards, scooters, in-line skaters and BMX bikes are welcome. Helmets and protective gear is strongly recommended for all participants. This park is unsupervised; users assume all risks inherent in the use of this facility. Use the facility with safety in mind!

Teen Happenings

TEEN EVENTS & ACTIVITIES

Join us this fall for two great events. Our DJs have new music, videos and give-aways. Maple Grove Parks and Recreation welcomes all students attending Maple Grove Middle School and Osseo Middle School to participate in our teen events.

October – Costume Party

Osseo Middle School

Friday, October 28, 7:00 -9:00 pm

\$7.00 (or \$6.00 in costume), payable at the door

October – Haunted House

Maple Grove Community Center

Saturday, October 29, 7:00 -9:30 pm

\$2.00 payable at the door

December - Ugly Sweater Dance

Maple Grove Middle School

Friday, December 16, 7:00 - 9:00 pm

\$7.00 payable at the door. Please bring correct admission.



HALLOWEEN COSTUME EXCHANGE & DONATION

Do you have Halloween Costumes that are cluttering up your closet? The Maple Grove Teen Advisory Group is hosting an all-ages costume exchange. You can help out other families in need and give new life to a gently used costume at the same time. MGTAG has set up a Halloween Costume Exchange that allows you to exchange or donate any size used costume and choose a new costume for your child or yourself, or provide a costume for someone in need in Maple Grove.

Costume Drop Off: Drop off your clean and gently used costumes at the Teen Center anytime between 8:00 a.m. - 9:00 pm from October 3 until Friday, October 21.

Costume Pick Up: Pick up a "new" costume starting Thursday, October 13 through Friday, October 21 from 10:00 a.m. - 9:00 pm at the Maple Grove Teen Center. Contact Tanya Hilger thilger@maplegrovern.gov.

STARWARS JEDI MOVIE MAKING

Ages 10-16

From a galaxy far, far away, Star Wars comes to life! Work on a stop-motion animated Lego Star Wars Movie. Pick your characters to star in your mini-movie; the possibilities are endless. Star Wars action figures, Legos, and backdrops will be available for filming in class. Student groups' final projects will be emailed to parents, or students may bring a USB jump drive the last day to take home their films immediately. Bring snacks and a drink or money to purchase snacks from the Community Center concession stand.

Maple Grove Community Center

Saturday, October 22

9:30 am - noon

\$35

408412-01

HALLOWEEN CAKE WARS

Ages 10 - 17

Just like the popular TV show Cupcake Wars; but this time you and your team will have an entire cake to decorate! You and your teammate(s) will brainstorm Halloween designs and then decorate your team's cake. You will use colorful bags of icing and a variety of decorating metal tips to create your masterpiece. Compete against the other teams and produce the most creative and uniquely designed cake. Judges will determine a winner at the end of class. All supplies will be provided and all participants will take home a piece of their cake! Sign up now!!

Maple Grove Community Center

Friday, October 21

1:30 - 3:30 pm

\$30

408401-01

MAGIC WIZARD WORKSHOP

Ages 10 - 17

In the tradition of Houdini, now you can learn Trick's, Illusion's & Escapes with this hands on class. Get an inside look into the mystical world of magic. Students are invited to bring and share some of their tricks if they like. The class will cover many topics including some history of magic, Houdini, stage presence, magic with everyday objects and how the psychology of magic can benefit your everyday life. Class is taught by



magician, escape-artist Karl Achilles.

Maple Grove Community Center, Teen Center

Friday, October 7

5:00 - 6:30 pm

\$10

408407-01

GHOST HUNTERS

Ages 10 - 17

Do you believe in ghosts? Could it be true? This class offers an insight into the paranormal. A great beginner's class if you are looking to get into this ever popular field. Learn techniques, the in's & out's, the do's & don'ts. Topics include EVP's, EMF's, Ouija Boards, Ectoplasm & more. Bring your stories & questions to this unique class taught by magician Karl Achilles who has used his knowledge of magic to prove or debunk the world of the mysterious.

Town Green, Meeting Room, 7991 Main St N

Friday, October 14

6:00 - 7:30 pm

\$10

408406-01

Teen Happenings



HOLIDAY COOKIE BAKE AND TAKE

Ages 11 – 17

Delight your family with homemade treats. Make classic favorites such as peanut butter stars and colorful sugar cookies. Also, try out some new recipes and surprise your family. All bakers will take home approximately five dozen treats. *Bring two cookie sheets, a dish cloth & towel and containers.*

Maple Grove Middle School, Food Lab, 7000 Hemlock Ln

Saturday, December 17

9:30 a.m. – 12:00 pm

\$25

408402-01



VIKING FOOTBALL GAMES

Come and enjoy the Vikings Games with us at the Teen Center. If they are playing, we are watching! Free popcorn during the game!

Date and Time		Opponent
Sept 11	1:00 pm	at Tennessee Titans
Sept 25	1:00 pm	at Carolina Panthers
Oct 9	1:00 pm	Houston Texas
Oct 23	1:00 pm	at Philadelphia Eagles
Nov 6	1:00 pm	Detroit Lions
Nov 13	1:00 pm	at Washington Redskins
Nov 20	1:00 pm	Arizona Cardinals
Nov 24	12:30 pm	at Detroit Lions
Dec 11	1:00 pm	at Jacksonville Jaguars
Dec 18	1:00 pm	Indianapolis Colts
Dec 24	1:00 pm	at Green Bay Packers
Jan 1	1:00 pm	Chicago Bears



JAMMIN' IN THE TEEN CENTER

Join us in the Teen Center for our new event "JAMMIN'". We are laid back musicians sharing original music or just playing our favorite songs. All are welcome. Bring sheet music to share, drop your original song or just come and enjoy the talent. Participants must bring their own instrument.

Maple Grove Teen Center

Friday, November 18

7:00 – 10:00 pm

Free



MEA - TEEN VOLLEYBALL TOURNAMENT

Ages 13 - 18

The Teen Center is hosting its first teen volleyball tournament! Teams can be made up of 5-6 players. Each team will get a chance to compete in this double-elimination tournament to win the grand prize; Championship T-shirt, Gold Medal, and \$10 gift card to Dick's Sporting Goods for each team member. 2nd and 3rd place winners will also receive medals. Get your team together and start practicing!

Maple Grove Community Center

Thursday, October 20

10:30 a.m. - 3:30 pm

\$60/team

408101-01

Adult Sport Leagues

ADULT CO-REC VOLLEYBALL LEAGUE

Power Volleyball for Adults, 18+

Online and in-person registration is accepted immediately. Registration deadline is Friday, September 9. Teams must provide an email address. All correspondence will be by email only. Questions may be directed to Katie Lallier, klallier@maplegrovern.gov or by calling 763-494-6511.

Maple Grove Middle School, Gyms, 7000 Hemlock Lane

Wednesday, September 28 – December 21

6:15, 7:15, 8:15 & 9:15 pm game times

Upper Division	\$350	410105-01
Middle Division	\$350	410105-02
Lower Division	\$350	410105-03

WOMEN'S UNOFFICIATED VOLLEYBALL

Adults, 18+

Women's Volleyball is unofficiated and recreational. Power volleyball rules are not used. All registration accepted immediately. The registration deadline is Friday, September 2 or until spaces fill. Registration is available beginning Thursday, July 28. Questions may be directed to Katie Lallier, klallier@maplegrovern.gov or by calling 763-494-6511.

Oakview Elementary, 6710 East Fish Lake Rd

Mondays, September 12 – December 5

6:15, 7:20, 8:25 and 9:30 pm game times

Spiking League	\$100 per team	410106-01
Non-Spiking League	\$100 per team	410106-02

3 PERSON BASKETBALL

Adults, 18+

This is a half court unofficiated league. All registration accepted immediately. The registration deadline is Friday, September 9 or until spaces fill. Questions may be directed to Katie Lallier at klallier@maplegrovern.gov or by calling 763-494-6511.

Maple Grove Middle School, 7000 Hemlock Lane

Tuesdays, September 20 – December 6

Game times of 7:00, 8:00 & 9:00 pm

Open Division	\$90 per team	410101-01
Over 30 Division	\$90 per team	410101-02

ADULT OPEN GYM

Adults, 18+

Offered for those interested in playing basketball. This is an adult activity.

Children are not allowed in the gym at this time. Child care is not available.

Identification will be checked.

Osseo Middle School, 10223 93rd Ave

Mondays, October 10 – December 12

8:15 - 10:00 pm

\$5.00 per person, payable each night



Adult Fitness

STRENGTH TRAINING AND TONING

This class is designed for all fitness levels. This program will assist in building bone density, losing weight and strength & energy building. Basic exercises using weights are geared toward individuals' abilities, and can help with providing for a healthier, more active lifestyle. Authorities suggest that strength training can lower your risk of heart disease, diabetes and osteoporosis. Come join this class for an energy overhaul. Instructor, Renae Cole. *Wear comfortable clothing and bring a mat for floor exercises.*

Rice Lake Elementary School, Gymnasium, 13775 89th Ave N
Mondays, Sept 12 – Dec 12 (ex Oct 31, Nov 7)

***Class on Nov. 14 held at Fernbrook Elem. Cafeteria**

7:30 – 8:20 pm \$84 (12 ses) 409209-01

Wednesdays, Sept 14 – Dec 14 (ex Nov 9 & 23)

***Class on Nov. 16 held at Fernbrook Elem. Cafeteria**

6:30 – 7:20 pm \$84 (12 ses) 409209-02

50/50 COMBO FITNESS

Half cardio, half strength, 100% fun! A low impact, moderate to intense class that includes cardio training for 50% of the class, & strength training for the other 50%. A great total body workout. Please wear appropriate workout shoes and clothes. *Bring a mat for the cool down segment.* Instructor, Renae Cole.

Rice Lake Elementary School, Gymnasium, 13775 89th Ave N
Wednesdays, Sept 14 – Dec 14 (ex Nov 9 & 23)

***Class on Nov. 16 held at Fernbrook Elem. Cafeteria**

7:30 - 8:20 pm \$84 (12 ses) 409206-01



BARRELATES

(Formerly Fit Fusion)

Join us for a group fitness class that combines Pilates, dance, yoga and sculpting movements. Using bodyweight, this class challenges the whole body, especially the muscles of the legs, butt and core in a completely new way to tighten and tone, without adding bulk. This class will enhance flexibility and both muscular and cardiovascular endurance through joint-friendly, low-impact movements. Whether performing exercises lying down, seated, or standing, the focus is always on maintaining proper alignment and core stabilization to create a fun, yet effective workout experience. This class is designed for healthy individuals with no previous dance experience. Participants are encouraged to work at their own pace and ability level. *Please bring a mat to class.* Instructor, Kristie Walker.

Oak View Elementary School, Cafeteria, 6710 E Fish Lk Rd

Thursdays, Sept 22 – Dec 15 (ex Nov 24)

7:10 – 8:10 pm \$84 (12 ses) 409218-01

Adult Fitness

BEGINNING YOGA

After a long day, join this relaxing class to reduce stress, increase flexibility and restore a healthy, positive mind and body balance. Recommended for those interested in a slower paced environment or have not advanced Yoga experience. Come stretch and relax. Instructor, Dee James. *Bring a mat for floor work.*
Weaver Lake Elementary School, Cafeteria, 15900 Weaver Lk Rd
Mondays, Sept 12 – Dec 12 (ex Oct 31 & Nov 21)

6:00 - 7:00 pm \$84 (12 ses) 409204-01
 Wednesdays, Sept 14 – Dec 14 (ex Nov 23)
 6:00 – 7:00 pm \$91 (13 ses) 409204-02

ALL-LEVELS YOGA

Morning Class

Reduce stress, increase flexibility, restore a healthy, positive mind and body balance. Gentle Vinyasa Flow builds heat, strength and flexibility through holding positions. For those who have some experience with yoga or new to Yoga, but are active. Instructor, Dee James. *Bring a mat for floor work.*

Maple Grove Middle School, Comm. Gym, 7000 Hemlock Lns
Wednesdays, Sept 14 – Dec 7 (ex Nov 23)
 9:30 - 10:30 a.m. \$84 (12 ses) 409204-03

VINYASA FLOW YOGA

Intermediate/Advanced

After a long day, join this relaxing class to reduce stress and to restore a healthy, positive mind and body balance. This Vinyasa Flow class builds heat in the body with sun salutation and builds strength and flexibility through holding poses. Recommended for those who have done Yoga before who are active and want a faster paced practice. Instructor, Dee James. *Bring a mat for floor work.*

Weaver Lake Elementary School, Cafeteria, 15900 Weaver Lk Rd
Mondays, Sept 12 – Dec 12 (ex Oct 31 & Nov 21)
 7:10 - 8:10 pm \$84 (12 ses) 409212-01



HEALING YOGA

Learn how yoga can help release deeply ingrained pathways caused by physical and emotional trauma through heightened inner awareness and self-guided movement. This healing style of yoga will be useful for those suffering from PTSD such as car accident victims, veterans, emergency responders, victims of abuse - as well anyone who has experienced any type of emotional or physical trauma. Certified instructor,; 200 hr. RYT specializing in Yoga Fit Warriors program. *Bring a mat for floor work.*

Eagle Lake Community Building, 6259 Eagle Lake Dr.
Wednesdays, Sept 14 – Oct 19
 6:00 - 7:00 pm \$42 (6 ses) 409204-04
Wednesdays, Oct 26 - Dec 7 (ex. Nov 23)
 6:00 - 7:00 pm \$42 (6 ses) 409204-05

YOGILATES

Come join us for a class designed to reduce stress and restore a healthy and balanced mind and body. Yogilates combines the slow controlled breathing and stretching of Yoga with the core strengthening of Pilates. Yogilates is designed to relieve tension and help calm the mind while also increasing strength, balance, flexibility and coordination. Class sessions will include Yoga and Pilates exercises, balance poses, stretching and a stress-reducing, relaxation segment. Options and modifications will be given to include all levels. *Bring a mat for floor work.* Instructor, Kristie Walker.

Oakview Elementary School, Cafeteria, 6710 E Fish Lk Rd
Thursdays, Sept 22 – Dec 15 (ex Nov 24)
 6:00 – 7:00 pm \$84 (12 ses) 409214-01



PRENATAL YOGA

Join Blooma certified Prenatal Yoga Instructor Sarah Auna for 75 minutes of strength building, birth preparation and total bliss. No experience is needed for this all-levels class which focuses on connecting with your incredible body and the baby in your belly. We'll build endurance and move organically while preparing the body for birth and the emotional-marathon of motherhood that exists beyond labor. At the

center of this class is breath and an attitude of gratitude. All levels of experience and pregnancy welcome - *bring a yoga mat* - props, tea and aromatherapy provided. This is a class for women only.

Eagle Lake Community Building, 6259 Eagle Lake Dr.
Thursdays, Sept 15 – Oct 27 (ex. Oct 20)
 7:15 - 8:30 pm \$42 (6 ses) 409208-01
Thursdays, Nov 3 – Dec 15 (ex. Nov 24)
 7:15 - 8:30 pm \$42 (6 ses) 409208-02

SUN SALUTATION SATURDAYS

Saturday Morning Yoga Class

Reduce stress, increase flexibility, restore a healthy, positive mind and body balance. Gentle Vinyasa Flow builds heat, strength and flexibility through holding positions. For those who have some experience with Yoga or new to Yoga but are active. Instructor, Dee James. *Bring a mat for ground/floor work.* **During inclement weather, group will meet inside the building.**

Central Park of Maple Grove, The Garden, 12000 Central Park Way (2 blocks east of the Library)
Saturdays, August 6 - 27
 8:30 - 9:30 a.m. Free-will offering
 No registration required

TAI CHI EXERCISE

Tai Chi Ch'uan is a traditional Chinese exercise system which has been widely practiced for preventative and therapeutic purposes. Occasionally referred to as "moving meditation" or "moving pole," it is one of the most popular exercise programs of Chinese tradition for improving personal fitness for people of any age. The primary benefits include postural control and balance, flexibility, coordination, agility, strength and power, sensitivity and awareness, reaction time and confidence. The movements are practiced in the beginning as slow and relaxed to develop strength while eliminating tension and increasing energy. As you advance in practice the movements will offer a practical way to learn to work with others and still reduce stress and tension. Taught by Gold Tai Chi group, Elaine Schrade, head instructor.

Weaver Lake Elementary School, Cafeteria, 15900 Weaver Lk Rd
Tuesdays, Sept 13 – Dec 13 (ex Nov 8 & 15)
7:05 – 8:05 pm \$84 (12 ses) 409210-01



KETTLEBELL FITNESS

The Russian Kettlebell has forever altered the landscape of American fitness, with the breakthrough system for achieving astonishingly rapid yet consistent gains in muscle strength, explosive power, energy and functional performance with a single, simple tool. The Kettlebell is now becoming the favored fitness training for busy men, women, elite athletes and those simply wishing to attain their highest possible level of physical excellence. **Certified Kettlebell Instructor Roxanne Altmeyer** RKC & EMT, gives you a perfect mix of follow-along Kettlebell workouts to rapidly burn off unwanted pounds! This workout is done in bare feet or flat soled shoes. *Wear loose-fitting clothing, bring water and your own bells if you have them!* If pre-existing health conditions or injuries exist, please check with your doctor before starting this physically challenging class. *Don't forget the sweat towel!*

Maple Grove Middle School, Cafeteria, 7000 Hemlock Ln
Tuesdays, Sept 13 – Dec 13 (ex Oct 18 & Nov 8)
6:00 - 7:00 pm \$84 (12 ses) 409207-01

XaBEAT FITNESS

XaBeat Fitness is a dance-fitness program that provides high intensity cardio and toning in a party-like atmosphere. The routines are easy and simple to follow allowing participants to concentrate on getting a better workout! XaBeat participants burn calories without realizing they are working out! Top rated, highly energetic American music is used so participants can relate. The music sets the mood and creates an environment that leaves participants wanting more!

Weaver Lake Elementary School, Cafeteria, 15900 Weaver Lk Rd
Thursdays, Sept 15 – Dec 8 (ex Nov 24)
***Class on Nov. 3 & 17 held at Rush Creek Elem. Cafeteria**
6:00 - 7:00 pm \$84 (12 ses) 409213-01



ZUMBA FITNESS

Come sweat away your worries. Zumba is a fun and easy to do workout that feels more like a dance party. Inspired by high energy and motivating Latin and international music, Zumba is a dynamic, exciting, effective head-to-toe fitness system. Zumba combines fast and slow paced rhythms that tone and sculpt the body using aerobic interval training. Zumba is fun and great for the mind and body. No previous dance experience necessary. Come ready for a workout in tennis shoes. Instructor, Susan Gahan. *Bring a water bottle and a sweat towel.*

Basswood Elementary School, Gymnasium, 15425 Bass Lk Rd
Mondays, Sept 12 – Dec 12 (ex Oct 31)
6:30 – 7:30 pm \$91 (13 ses) 409215-01
Wednesdays, Sept 14 – Dec 14 (ex Oct 5 & Nov 16)
6:30 - 7:30 pm \$84 (12 ses) 409215-02

Maple Grove Middle School, Cafeteria, 7000 Hemlock Ln
Saturdays, Sept 17 – Dec 10 (ex Oct 22, Nov 26 & Dec 3)
8:30 - 9:30 a.m. \$70 (10 ses) 409215-04

ZUMBA FITNESS - 45 MINUTE

New Thursday Zumba class! Have you always wanted to try Zumba but were worried that an hour was too long? Then this is the class for you! This Zumba class will provide a fun and effective workout with plenty of shaking and sweating in 45 minutes! Zumba is for everyone and can be modified for any fitness level from someone new to exercise to a seasoned athlete. No experience is necessary for Zumba and the smaller class size means that it will be even easier to follow along. Whether you are new to Zumba or a Zumba veteran, you will get a great workout while have a great time! *Bring a water bottle and a sweat towel.*

Basswood Elementary School, Cafeteria, 15425 Bass Lk Rd
Thursdays, Sept 15 – Dec 15 (ex Oct 6, 20 & Nov 24)
6:15 – 7:00 pm \$66 (11 ses) 409215-05

ZUMBA FITNESS PUNCH CARD

Can't decide what Zumba class to attend. Schedule too busy to commit to a certain night? Why not try a quarterly punch card? Ten punches for \$70.00. You may attend any fall Zumba class that is listed in the brochure.

- Fee is \$70 for 10 punches
- Times not used are not transferable to another quarter.
- Refunds are not issued for punch cards.
- Registration begins on Tuesday, August 16 at 9:00 am.
- Punch cards and a calendar will be sent in the mail.

Questions? Call Michelle DeBace at 763-494-6516.

\$70.00 for 10 punches 409216-01

Adult Fitness and Dance

TABATA FITNESS

Tabata is High Intensity Interval Training (H.I.I.T.) and is the ultimate workout for cardio and fat burning. Tabata is an intense interval training circuit, which gets the body's major muscle groups involved. With high intensity exercise your body continues to burn fat long after your workout is complete. Each session consists of 20 seconds high intensity work, followed by 10 seconds rest. This pattern repeats for 4 minutes. There are 8 sessions per workout. The class begins with a warm up and ends with a stretch/cool down. Modifications for exercises are offered, so it's perfect for any fitness level. This full body workout is guaranteed to transform your body! *Please bring an exercise mat and medium weight dumbbells.*

Fernbrook Elementary School, Cafeteria, 9661 Fernbrook Ln
Mondays, Sept 12 – Dec 12 (ex Oct 31)

6:00 - 7:00 pm \$91 (13 ses) 409211-01



SWING & SOCIAL BALLROOM DANCE FOR BEGINNERS

Ages 16 - adult

Children welcome if dancing with adult partner

If you wish you knew how to dance so you could get on the floor and NOT feel self-conscious, then this is the PERFECT course for you! Gain confidence learning how to dance real steps in sync with your partner, and to current and classic songs played at weddings, parties and most social events. Practice several easy to learn steps in waltz, swing, foxtrot, hustle and polka. Come with or without a partner. Couples dance with their partner only and singles rotate with one another. Teens and adults of all ages welcome! Classes are easier than you think! Instructor guarantees you WILL LEARN to dance! Free make up lessons if you need to miss class for any reason. For more information, visit www.ConstantineDance.com, or call instructor Deanna Constantine at 612-240-8329. Registration now being taken on-line at: webtrac.maplegrovern.gov

Maple Grove Middle School, Cafeteria, 7000 Hemlock Ln
Sundays, October 2 - 23 (4 ses)

6:30 - 8:00 pm \$55/person 409101-01



Live Lively



Square Dance

WALKING TO MUSIC - MODERN AMERICAN SQUARE DANCING

Ages 8 - Adult

Couples or singles come join Maple Grove's Square Dance Organization for great low impact exercise and dance with lots of fun. This class is designed for beginners and will teach you the basic moves of Modern American Square Dancing. You will have fun dancing/walking to a variety of music and making new friends in a safe and enjoyable environment. For more information please call 612-801-6064 or visit us at www.SquareDanceMapleGrove.com.

Oakview Elementary School, Cafeteria, 6710 E Fish Lk Rd
Wednesdays, September 7 – December 14 (ex Nov 2 & 23)

***Class on October 26 will be held at Cedar Island Elem Gym**

7:00 – 9:00 pm \$52 (13 ses) 409102-01



LINE DANCING

This is a fun, motion filled way to get some great exercise. Using a variety of music, from big band to pop, you'll learn the basic steps of line dancing and meet some friends at the same time! We welcome folks new to line dance! Don't be shy, join in the fun! Instructor Pamela Anne Reinert.

Maple Grove Community Center, Gymnasium

Tuesdays, August 16 - September 20

9:00 – 10:00 a.m. Beginners \$23 (6 ses) 311101-01
10:00 – 11:00 a.m. Beg Plus \$23 (6 ses) 311101-02

Adult/55 Forward Fitness & Health

STRENGTH & BALANCE TRAINING

Age 50 or 90, this program can help increase your energy level, build bone density, lose weight and gain strength along with better balance! Strength training can decrease risk for diabetes, heart disease, osteoporosis and other conditions. Join this class for an energy and confidence overhaul! *Bring weights to class.*

Instructor, Cyndy Long.

Crosswinds United Methodist Church, 15051 Weaver Lake Rd.

Wednesdays, September 7 – December 21 (ex Nov 23)

9:30 – 10:30 a.m. \$60 (15 ses) 411211-01



CHAIR YOGA

A seated yoga on chairs with yoga postures to improve flexibility, strength, coordination, balance and to relax the mind and body to handle the stresses of everyday life. Instructor, Cyndy Long.

Crosswinds United Methodist Church, 15051 Weaver Lake Rd.

Wednesdays, September 7 – December 21 (ex Nov 23)

10:30 – 11:30 a.m. \$60 (15 ses) 411204-01



FOUNDATION FITNESS

LifeTime Fitness and Maple Grove Parks and Recreation join together to offer this fitness class. The class is designed for those who are looking for ways to add exercise and movement to their life. Foundation Fitness combines strength training, flexibility and cardiovascular conditioning in one class. We will be using small hand weights as you work with the instructor to modify exercises to a level that is a perfect fit for you. Instructors, Kathy Bennethum & Jackie Goodwin.

LifeTime Fitness Center, Aerobics Room

Mondays, September 12 - October 24

10:40 – 11:40 a.m. \$28 (7 ses) 411207-01

Wednesdays, September 7 – October 26

10:40 – 11:40 a.m. \$32 (8 ses) 411207-02

Fridays, September 9 – October 28

10:40 – 11:40 a.m. \$32 (8 ses) 411207-03

Monday, October 31 – December 19

10:40 – 11:40 a.m. \$32 (8 ses) 411207-04

Wednesday, November 2 – December 21

10:40 – 11:40 a.m. \$32 (8 ses) 411207-05

Friday, November 4 – December 23

10:40 – 11:40 a.m. \$32 (8 ses) 411207-06



EASY, BEGINNING YOGA

Join this class to reduce stress, increase flexibility and strength and restore a healthy balance to your body. This class is recommended for those interested in a slower paced class. Come, give Yoga a try and see the benefits of this form of exercise! Must be able to move to and from the floor. Instructor, Dee James.

K Hovnanian's Four Seasons at Rush Creek, Community Clubhouse Ballroom, 7550 Ranier La N, Maple Grove MN 55311

Tuesdays, September 6 – October 25

9:00 – 10:00 a.m. \$32 (8 ses) 411205-01

10:15 – 11:15 a.m. \$32 (8 ses) 411205-02

Thursdays, September 8– October 27

9:00 – 10:00 a.m. \$32 (8 ses) 411205-03

10:15 – 11:15 a.m. \$32 (8 ses) 411205-04

Tuesdays, November 1 – December 20

9:00 – 10:00 a.m. \$32 (8 ses) 411205-05

10:15 – 11:15 a.m. \$32 (8 ses) 411205-06

Thursdays, November 3 – December 22 (ex Nov 24)

9:00 – 10:00 a.m. \$28 (7 ses) 411205-07

10:15 – 11:15 a.m. \$28 (7 ses) 411205-08

FITNESS WALKING

Maple Grove residents, age 62 & older

Don't let the rain, clouds or snow stop your walking program. LifeTime Fitness and Maple Grove Parks and Recreation invite you to join the Fitness Walking program. Using the Athletic Club's walking track, you can get your exercise, chat with your friends while you walk, and enjoy the walking pace you choose. Stop by the Senior Center when you are done for a cup of coffee. For additional information, call Kris at 763-494-6514. *All registrations will be handled at LifeTime Fitness, Membership Services.*

LifeTime Fitness walking track

Monday – Friday, ongoing

9:00 – 11:00 am & 1:00 – 3:00 pm

\$10 (monthly)

Adult/55 Forward Fitness & Health

SHIBASHI TAI CHI

Shibashi Tai Chi Qigong, as developed by Lin Hoa Sheng in China, is designed to improve your general health and wellbeing. The gentle rocking motions and stretching movements improve circulation and digestion. The chest exercises and controlled breathing are good for lung conditions and asthma. And the overall effect of the exercise is to reduce mental stress and physical tension carried in the muscles of the body. This Qigong is very effective and easy to learn. It is practiced around the world by over 10 million people, and is considered a national health exercise in Malaysia, Thailand and Indonesia. Weather permitting we will hold class outside, moving inside as needed/desired. Instructor, Karine Platt.

Town Green Meeting Room, 7991 Main St N, Maple Grove

Thursdays, September 8– October 27

4:00 – 5:00 pm \$48 (8 ses) 411209-01

Thursdays, November 3 - December 22 (ex Nov 24)

4:00 – 5:00 pm \$42 (7 ses) 411209-02

TAI CHI

Tai Chi is slow, rhythmical movement that offers healing benefits to people of all ages and physical abilities. Regular Tai Chi practice can be used to gain a greater sense of well-being, increased flexibility and muscle strength; it can improve balance, increase relaxation, reduce stress, and help manage health concerns such as high blood pressure, diabetes and arthritis. Instructor, Karine Platt.

Village Hall at Lakeview Knolls, 9391 Fernbrook La N (upper Arbor View parking lot)

Beginning Tai Chi – teaches basic Tai Chi movements combined from the Sun and Yang style forms by Dr. Paul Lam of Australia

Tuesdays, September 6 – October 25

8:30 – 9:30 a.m. \$48 (8 ses) 411213-01

Tuesdays, November 1 – December 20

8:30 – 9:30 a.m. \$48 (8 ses) 411213-02

Tai Chi 2 - For those who are moving beyond the beginning level in Tai Chi and want to learn more about Tai Chi movement.

Tuesdays, September 6 – October 25

11:00 - 12:00 pm \$48 (8 ses) 411213-03

Tuesdays, November 1 – December 20

11:00 - 12:00 pm \$48 (8 ses) 411213-04

Continuing Tai Chi - For people who have taken beginning Tai Chi for health, or those who are familiar with the moves designed by Dr. Paul Lam and a team of medical experts, which teaches movements from the Sun Style Tai Chi form that are specific to arthritis.

Tuesdays, September 6 – October 25

9:45 – 10:45 a.m. \$48 (8 ses) 411213-05

Tuesdays, November 1 – December 20

9:45 – 10:45 a.m. \$48 (8 ses) 411213-06

ARTHRITIS FOUNDATION AQUATIC EXERCISE PROGRAM

The Arthritis Foundation's Aquatic Program is a water exercise program designed for people with arthritis. This class is taught by a volunteer trained through the Arthritis Foundation, and follows the standardized format of the Arthritis Foundation. All classes are held in the leisure pool, which is maintained at a warmer temperature. The program is a recreational program that does not replace a prescribed regimen of therapeutic exercises. Instructor, Carol Zemke.

Maple Grove Community Center Leisure Pool

Mondays & Fridays, Sept 19 – Dec 16 (ex Nov 25)

8:00 – 9:00 a.m. \$93 (25 ses) 411203-01

Tuesdays & Thursdays, Sept 20 – Dec 15 (ex Nov 24)

9:00 – 10:00 a.m. \$93 (25 ses) 411203-02

SWIM FITNESS

Jump into the water for a great way to exercise your way to better health! Tone your muscles, improve your cardiovascular system, have fun, stay fit and do it with the help and buoyancy of water to support your joints. Class is held in the lap swim pool. A great form of exercise for people with arthritis or water lovers. Instructor, Jean Holub.

Maple Grove Community Center Pool

Mornings

Tuesdays, Sept 20 – Dec 13, Aerobics

8:00 - 9:00 a.m. \$52 (13 ses) 411212-01

Wednesdays, Sept 21 – Dec 14, Strengthening

8:00 - 9:00 a.m. \$52 (13 ses) 411212-02

Thursdays, Sept 22 – Dec 15 (ex Nov 24), Aerobics

8:00 - 9:00 a.m. \$48 (12 ses) 411212-03

Afternoons

Mondays, Sept 19 – Dec 12 (ex Oct 10) Aerobics/Strengh

1:00 – 2:00 pm \$48 (12 ses) 411212-04

Wednesdays, Sept 21 – Dec 14 (ex Nov 23) Aerobics/Strengh

1:00 – 2:00 pm \$48 (12 ses) 411212-05



7:57 am NORDIC WALKING WALKERS

Join Sher Monfore and get together with friends to explore new parks and trails in and around Maple Grove. Use more muscles, burn more calories; do this and more while enjoying a walk in nature. Available for Active and Lesiure walkers as well. A limited number of poles are available to borrow, or bring your own.

Contact Kris to get on the email list for the park meeting places and/or to borrow poles 763-494-6514.

Wednesdays ongoing as weather allows.

7:57 – 9:30 a.m.

Pickleball

PICKLEBALL – INDOORS

This exciting game is a combination of ping-pong, tennis and badminton and is played with a smaller racquet/paddle and a whiffle ball.

OPEN GYM PICKLEBALL

Ongoing open games. Join the fun!! Pickleball Memberships, Coupon Book or Gym Fees apply.

Maple Grove Community Center

Wednesday 7:30 – 10:00 pm

Saturday 7:00 – 9:00 a.m.

Sunday 6:00 – 8:00 pm

Maple Grove Middle School, Comm. Gyms, 7000 Hemlock Ln (starting October 3)

Tuesday, Thursday, Friday 7:00 a.m. – Noon

Monday, Wednesday: 7:00 – 9:00 am and 11:30 am – 2:30 pm

PICKLEBALL - INTRO LESSONS

Want to learn the very basics and get to know the game of Pickleball? Free lessons will be given monthly as people are interested. This one day, 2 hour lesson will provide you the chance to learn skills, and play with other like players. It is a fun game, you can learn quickly and improve on the more you play. **Register for these lessons online at no cost.**

Outdoors at Central Park

Tuesday, August 9

7:00 – 9:00 pm.

Free

411320-01

Maple Grove Middle School Comm. Gyms, 7000 Hemlock Ln.

Mon, Oct 10 1:00 – 3:00 pm Free

411320-02

Mon, Nov 14 1:00 – 3:00 pm Free

411320-03

Mon, Dec 12 1:00 – 3:00 pm Free

411320-04

PICKLEBALL - OUTDOORS

Outdoor courts have been lined for Pickleball, and we welcome you to enjoy the game outside this summer. You will find multiple courts at Central Park (4 courts) and Lakeview Knolls (6 courts) as well as single courts integrated into tennis courts at the following parks: Elm Creek School, East Fish Lake, and Teal Lake. Play on your own, or join in the scheduled play as noted. There is no fee.

Lakeview Knolls Park Courts, 9391 Fernbrook Ln

Monday – Saturday mornings weather permitting

8:00 – 11:30 a.m.

Monday, Wednesday & Sunday evenings weather permitting

6:00 pm - Darkness

PICKLEBALL FEES

Play Pickleball in Maple Grove and enjoy a variety of payment options!

Annual Dual Membership (Community Center & MG Middle School Community Gyms)

\$175 resident, \$195 non-resident

Coupon Books (MG Community Center & MG Middle School Community Gyms)

\$35 for 10 pass coupon book

Daily Fees

\$4 - \$7 (Community Center) \$5 (Community Gyms)

SENIOR HOCKEY SKATE

Ages 55 and up - all levels of skaters with interest in having some skating and stick-handling fun. An informal hockey skate with other Senior skaters might typically include 15 minutes of on-ice warm-up and introductions, followed by some friendly, no-contact pond-style hockey. Nets will be on the ice and pucks will be provided. Skaters must wear a helmet & bring your own stick, shin pads and gloves are recommended. Wear a distinctly dark or light jersey. Just show up!

Maple Grove Community Center, West Rink

Tuesdays & Thursdays

9:00 - 11:00 a.m.

Free



BALANCE CLINIC

Have you fallen in the past year? How many times have you fallen in the past year? Are you afraid of falling? Having a major fall can change one's life forever. It could mean giving up living a full independent life. Have your balance screened by Dr. Eva Norman, Physical Therapist, to ensure you continue to live your life active and healthy by determining your risk of falling and learning how to prevent future falls. This free screening is provided to you, but appointments must be scheduled with Kris at 763-494-6514.

Maple Grove Community Center

Friday, September 30

10:00 am - noon

Free

HAPPY FEET FOOT CARE

Well cared for feet will help your entire body to feel better! Happy Feet, a service of Happy Helpers, Inc., provides a quality foot care service. They specialize in routine foot care for elder and diabetic feet, and are able to meet the special needs you may have. A foot soak and massage are provided with each visit along with the care needed.

Maple Grove Community Center

2nd Thursday, 3rd Wednesday, & 4th Monday monthly

9:00 a.m. – 3:00 pm, appointments required

\$34.00 per visit, call 763-560-5136, Happy Helpers Inc. for an appointment.

Classes, Conversations and More...

HEALTH INSURANCE HELP

Wondering about your choices with supplemental coverage? Have questions about Part D? Worried about the details in filing a claim or appeal? Do you need help through the Medicare maze? Trained volunteers will help answer these questions and more in a one on one information session. *Appointment required by calling Kris at 763-494-6514 at least a week in advance.*

Maple Grove Community Center

2nd Thursday monthly

By appointment, starting at 2:30 pm

MEDICATION USE SAFETY TRAINING

MUST FOR SENIORS A National Education Campaign For Older Adults And Caregivers

Take control of your health by understanding how physical changes with aging can impact medication. Learn about the general risks and benefits of medication therapy, the differences between prescription medicines and over the counter (nonprescription) medicines, and common medicine use problems. Be prepared when visiting the doctor! Learn ways to improve medicine use and administration safety. **Register for this discussion online at no cost.**

Maple Grove Community Center

Thur, Sept 29 6:00 – 7:30 pm Free 411320-05

Thur, Nov 3 6:00 – 7:30 pm Free 411320-06

NAVIGATING MEDICARE

Thinking or getting ready to retire? Family member or a caregiver to someone that has Medicare coverage? Already have Medicare and just want to know what is going on with Medicare? This class is a chance for anyone to learn about Medicare. Spend the evening learning about the Medicare Adventure. We will discuss Medicare Parts A, B, C and D coverages, supplement types and Part D plans. The class is an educational opportunity and not a sales pitch; it is offered in cooperation with SCS (Senior Community Services), a non-profit agency. A nominal \$10 dollar fee is collected for materials.

Maple Grove Community Center

Thursday, October 13

6:30 – 8:30 pm \$10 411310-01

HOUSEHOLD AND OUTSIDE MAINTENANCE FOR ELDERLY

Help is around the corner! Senior Community Services is a nonprofit that helps older adults and caregivers navigate aging to maintain independence and quality of life. We work with trusted professionals and volunteers in your community who are ready to stop and listen to your unique needs, helping you take care of the place you call home. Through our Household & Outside Maintenance for Elderly (HOME) program, we now provide free Home Health and Safety Assessments. For more information, please call 952-746-4046 or visit our website www.seniorcommunity.org. For help with projects around your house, our core staff, with a network of skilled workers and volunteers will perform painting, minor repairs, raking, snow shoveling, lawn mowing, house cleaning, laundry, and grocery shopping. H.O.M.E. is a program of Senior Community Services. CALL: 952-746-4046

VERTIGO: WHEN YOUR WORLD IS SPINNING

Presenter: Kristi Feriancek, PT, DPT, CKTP

Dizziness is the 2nd most common health complaint in the United States, affecting more than 15 million people annually. Vertigo is one of the symptoms a person can experience when a problem exists within the vestibular system and can significantly limit an individual's ability to carry out their daily activities. Although vertigo cannot be prevented, it can be managed through vestibular treatment and rehabilitations. During this session, we will look at the vestibular system, some of the most common problems of the vestibular system, the diagnostic process, and what to expect in vestibular rehabilitation. **Register for this discussion online at no cost.**

Maple Grove Community Center

Wed, Sept 28 2:30 – 4:00 pm Free 411320-07

HEARING SCREENING

Hearing Health Clinic - Osseo will provide a Hearing Screening (Touchscreen). All participants will receive an emailed copy of their hearing screening. At screening we can look at your hearing devices and do some onsite cleaning of aids. The screening participants are eligible for a FREE 15 min. consultation with our Dr. of Audiology at our Osseo office if requested. Call Kris at 763-494-6514 to schedule an appointment.

Maple Grove Community Center

First Tuesday monthly, by appointment

10:00 a.m. – Noon

THERE'S MORE TO HEAR

Hearing Health Clinic–Osseo will provide a free monthly talk on various topics. **Register for these discussions online at no cost.**

Failing Hearing Solutions: You have a loss and simply don't know what to do? We will give you step-by-step solutions for anyone who is experiencing a hearing loss (or have someone in their life that is). We will cover: How do you know?; When do you need Screenings and Diagnostic testing?; How to prevent further damage?; Where do you go for help; and solutions that fit you!

Tue, Sept 6 1:00 – 2:00 pm Free 411320-08

Hearing Loss, Health Concerns: Overview on what health issues like Diabetes and Cancer can have on your hearing, as well as how some types of medicine can harm your hearing. We will go over common hearing conditions and give you tips on how to research online and work with your physician on how to keep your hearing healthy.

Tue, Oct 4 1:00 – 2:00 pm Free 411320-09

Hearing Loss, Treatment & Technology: Hearing losses are very TREATABLE. This class will share what technology and science can do to help almost every loss. We will discuss how Doctors and Audiologists can help. How hearing devices work and how they are 'fitted' to exactly YOUR need. Tips on finding out what devices are available and what YOU need ... not what you are being SOLD. Prevention solutions will also be discussed.

Tue, Nov 1 1:00 – 2:00 pm Free 411320-10

Classes, Conversations and More...

PROTECTING YOUR LEGACY

Presented by Roy B. Henline of Henline Law, P.A.

Have you ever wondered, "What kind of legacy will I leave for my family?" Attorney Roy B. Henline, a frequent speaker for many legal and community groups, will help you to answer this question in an easy to understand presentation that will also address other important issues including: Do I really need a will or a trust? What is the best way to leave money to my beneficiaries? How can I leave money to minors (grandchildren)? Will probate affect me? How do the new tax laws affect me? Can the government take my assets? This interesting presentation will provide information and resources for you to make many of the important decisions about the legacy you will leave for your family. **Register for this discussion online at no cost.**

Maple Grove Community Center

Thur, Sept 15	6:30 – 8:00 pm	Free	411320-11
Tues, Sept 20	6:30 – 8:00 pm	Free	411320-12
Thur, Nov 10	6:30 – 8:00 pm	Free	411320-13
Tues, Nov 15	6:30 – 8:00 pm	Free	411320-14

SOCIAL SECURITY PLANNING: A DISCUSSION

Please join Thrivent Financial Representatives, Michael Coughlin and Michelle Nisbet for a discussion on how to be savvy with your social security. This educational session covers the basics of Social Security and reveals strategies for maximizing your benefits, including: the five factors to consider when deciding when to apply for benefits, how to minimize taxes on Social Security benefits, how to coordinate Social Security with your other sources of retirement income. **Register for this discussion online at no cost.**

Maple Grove Community Center

Thurs, Oct 13	6:30 - 8:00 pm	Free	411320-15
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WILL YOU RUN OUT OF MONEY IN RETIREMENT? ARE YOU SURE?

How to get the most from Social Security, including all the new benefits. Discover how to avoid running out of money during retirement. Presented by Industry Leader, Jim Bear. There is no charge for this **Baby Boomers and Seniors only event**, people who are retired or planning retirement. It's your money and it's your life, so it's your personal responsibility to get the information you need to make the right choices. You'll learn how the new change implemented on May 1 will look for you. Your retirement is far too important to do on your own, so it is vital that you find out all you can to assure you receive the best benefit available for your individual situation. When you attend, you receive a complimentary copy of The Social Security Decisions, a helpful guide that reveals how to increase your Social Security benefits.. how you may be cheating yourself out of your Social Security benefits.. and more.

**<http://www.ssa.gov/retire2/withdrawal.htm> This is provided for informational purposes only and is not intended to provide specific tax or legal advice or serve as the basis for any financial decisions. Be sure to speak with qualified professionals before making any decisions about your personal situation. Jim Bear is an Investment Advisor Representative. Investment Advisory Services are offered through Global Financial Private Capital LLC, an SEC Registered Investment Advisor.*

Register for this discussion online at no cost.

Maple Grove Community Center

Tues, Oct 11,	6:00-7:00 pm	Free	411320-16
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AFTER THE FUNERAL

No matter how well-prepared for death one is, there will always be tasks left for survivors to do. Most of them can be undertaken in an orderly fashion over time, but some typically need immediate attention. Come learn about what needs to be done, when and by whom. Pick up some tips that can help families avoid liquidity, bill paying and family dynamic issues. Taught by Attorney Susan Peterson, an experienced Estates and Trusts attorney.

Maple Grove Community Center

Thurs, Oct 6	6:30 - 7:30 pm	Free	411320-17
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AVOIDING GUARDIANSHIP/ CONSERVATORSHIP

Guardianship/conservatorship proceedings in MN have received negative press in recent years. What is guardianship/ conservatorship? What are the issues? Why are guardianship/ conservatorship proceedings problematic and to be avoided? How? Come learn all about Mn guardianships and conservatorships. Taught by Attorney Susan Peters, an experienced Estates and Trust attorney.

Maple Grove Community Center

Thurs, Oct 27	6:30 - 7:30 pm	Free	411320-18
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CIVIL WAR STORIES

Join Dick Falor to share in learning and discussion. These four, hour-long sessions will allow you to learn about interesting and somewhat little known facts, issues, and stories about battles, personalities and more, that will entertain and inform. Learn how the war came about and what took place after the war. Enjoy hearing the stories of this epic time in our history.

Maple Grove Community Center

Mondays, September 12 - October 3

9:30 - 10:30 am	\$20 (4 ses)	411318-01
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MINNESOTA HISTORY WITH A FRENCH ACCENT

Did you ever wonder where the name "Bottineau Boulevard" came from? Do you have a French surname? Why is the State motto "L'Etoile du Nord" in French? Did you learn in school that much of Minnesota was explored and settled by French and French Canadians? Most of us may not pronounce Hennepin, Radisson, LaSalle or Lafayette, or Saint Paul the way the Francophones do; but we are reminded that the French left an indelible mark on our society and culture. This series, developed by members of the French-American Heritage Foundation, focuses on rich French history and heritage in our State. "It was 210 years ago that Lewis and Clark completed their "Corps of Discovery" journey west which was commissioned by President Thomas Jefferson in 1803. This exploration concluded with the Louisiana Purchase that made the United States whole in 1806. Early settlement of French speaking settlers in Minnesota and French-Canadian resistance to Americanization, especially in this "New England of the West", assimilation into society, resurgence of French language and culture today.

Maple Grove Community Center

Mondays, October 3 - October 24

10:00 am - 12:00 pm	\$25 (4 ses)	411318-02
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Classes, Conversations and More...

GREAT DECISIONS

This wonderful program, co-sponsored by the Minnesota International Center, will bring world topics to discover and discuss right here in Maple Grove. Hear all the 'hot' topics of the time, from local events to world dilemmas; there is much to learn from instructors and conversation with your neighbors. Each session will include a speaker or program to help us learn additional information and then time to discuss that which we have learned. Each topic will be covered in a single lesson. Register for any that interest you. Topic books are available for purchase, if desired (\$12.00 for all topics), for an additional fee. See Kris Orluck for the topic books.

Maple Grove Community Center

The United Nations

On the eve of the international organization's 70th birthday, the United Nations stands at a crossroads. This year marks a halfway point in the organization's global effort to eradicate poverty, hunger and discrimination, as well as ensure justice and dignity for all peoples. But as the UN's 193 member states look back at the success of the millennium development goals, they also must assess their needs for its sustainable development goals - a new series of benchmarks, which are set to expire in 2030. With the appointment of the ninth secretary-general in the near future as well, the next UN leader is bound to have quite a lot on his or her plate going into office.

Wednesday, September 21

9:30 – 11:30 a.m. \$8 411305-01

Climate Change

In the past few years, the American public has become more aware of the damage wrought by climate change. From droughts in the west to extreme weather in the east, a rapidly changing climate has already made its footprint in the United States. Now, it's expected that the presidential election in 2016 will be one of the first ever to place an emphasis on these environmental changes. What can the next president do to stymie this environmental crisis? And is it too late for these efforts to be effective?

Wednesday, October 19

9:30 – 11:30 a.m. \$8 411305-02

Cuba and the U.S.

The U.S. announced in December 2014 that after decades of isolation, it has begun taking major steps to normalize relations with Cuba. The announcement marks a dramatic shift away from a policy that has its roots in one of the darkest moments of the Cold War - the Cuban missile crisis. Although the U.S. trade embargo is unlikely to end any time soon, American and Cuban leaders today are trying to bring a relationship, once defined by antithetical ideologies, into the 21st century.

Wednesday, November 16

9:30 – 11:30 a.m. \$8 411305-03

Great Discussions

A VIEW OF THE MIDDLE EAST

A Four Seminar Series by Dan Hartman

A historical examination of the area with a focus on the Two Wars involving the United States.

Maple Grove Community Center

The Crusades and Warrior Monks

The seminar will examine the Crusades during the Middle Ages that were called to take back the Holy Land. Discover what happened and then look at certain groups of religious knights, who together are called Warrior Monks. We will explore the Knights Templar, the Knights Hospitaller and the Teutonic Knights from their creation to their effects after the Crusades to today.

Tuesday, September 20

10:00 – 12:00 pm \$10 411318-03

The Middle East

It is important to look at the overall history of what is called the Middle East. This seminar will then review events from the defeat of the Ottoman Empire in 1918 to present day conflicts in the Arab world. It will look at the creation of the individual countries in the Middle East and the way each has progressed to the present day. It will also look at the different terrorist organizations that have developed and their impact on the world today.

Tuesday, October 18

10:00 – 12:00 pm \$10 411318-04

Persian Gulf War

The Gulf War (2 August 1990 – 28 February 1991), codenamed Operation Desert Shield for operations leading to the buildup of troops and defense of Saudi Arabia and Operation Desert Storm was a war waged by coalition forces from 34 nations led by the United States against Iraq in response to Iraq's invasion of Kuwait. Iraq was met with international condemnation by the U.N. Security Council.

Tuesday, November 15

10:00 – 12:00 pm \$10 411318-05

Iraq War

The Iraq War was an armed conflict in Iraq that consisted of two phases. The first was an invasion of Iraq starting on March 20, 2003 by an invasion force of the United States and allies that led to the end of Ba'athist Iraq. It was followed by a longer phase of fighting, in which an insurgency emerged to oppose the occupying forces and the newly formed Iraqi government. Roughly 96.5 percent of the casualties suffered by the U.S.-led coalition were suffered during the second phase, rather than the initial invasion. The U.S. completed its withdrawal of military personnel in December 2011, during the ninth year of the war.

Tuesday, December 6

10:00 – 12:00 pm \$10 411318-06

OR ALL 4 SESSIONS \$30 411318-07

Creative Classes, Support Group



OIL PAINTING

Spend an afternoon each week learning a new art skill! Complete an oil painting in just four sessions. **No prior experience is necessary.** You will be proud of the beautiful picture you create. Frame it for yourself or give it as a special gift. The paintings may be viewed at the Maple Grove Community Center, room 112. Supply list on request, or purchase all supplies to complete the picture from the instructor for \$15.00 (cash). Instructor, Dianne Swanson.

Maple Grove Community Center

View of 3 Peaks

Thursdays, September 8 - 29

1:00 – 3:30 pm	\$40 (4 ses)	411501-01
6:00 – 8:30 pm	\$40 (4 ses)	411501-02

Chickadees in the Evergreen

Thursdays, October 6 - 27

1:00 – 3:30 pm	\$40 (4 ses)	411501-03
6:00 – 8:30 pm	\$40 (4 ses)	411501-04

Alexander's Garden

November 3 – December 1 (ex Nov 24)

1:00 – 3:30 pm	\$40 (4 ses)	411501-05
6:00 – 8:30 pm	\$40 (4 ses)	411501-06

WATERCOLOR - STEP 2

If you know the joy and delight of painting and want to learn new techniques and skills, this next course will give you the opportunity to fine-tune your painting skills and to capture nature's beauty. We will work on new and different pictures each week. Come and be surprised. **Prerequisite** Beginning Watercolor, or similar experience. Instructor, Dianne Swanson.

Maple Grove Community Center

Wednesdays, October 12 - 26

6:00 – 8:30 pm	\$35 (3 ses)	411506-01
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STUDIO ARTS

Express yourself and share and learn ideas from your peers. This is the class for the person with some art experience who wants to move beyond a step by step approach to art. In other words, do your own thing, but have help when needed. The instructor will help you on perfecting technique, composition, problem solving perspective and other elements. Bring your own supplies and start a new project or finish those projects you've tucked away! Instructor, Dianne Swanson.

Maple Grove Community Center

Tuesdays, September 6 – October 4

9:30 – 12:00 pm	\$45 (5 ses)	411503-01
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Tuesdays, October 11 – November 8

9:30 – 12:00 pm	\$45 (5 ses)	411503-02
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Tuesdays, November 15 – December 13

9:30 – 12:00 pm	\$45 (5 ses)	411503-03
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MYSTERY WRITERS WORKSHOP

Highly-acclaimed national and international award-winning mystery author Marilyn Jax shares her secrets for crafting the perfect mystery. In this three hour workshop, learn how to incorporate intriguing plots, memorable characters, clues, twists and turns, red herrings and more into your work; then hone your new skills through a series of writing exercises. The course fee includes a signed hardcover copy of *The Find*, Jax's first book in her Caswell & Lombard series. Space is limited and preregistration is required. For more information on Marilyn Jax, visit her web site: www.MarilynJax.com.

Maple Grove Community Center

Thursday, September 29

1:00 – 4:00 pm	\$36	411306-01
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CAREGIVER & FAMILY SUPPORT GROUP

Build a support system with people who understand. Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to: Develop a support system; Exchange practical information on caregiving challenges and possible solutions; Talk through issues and ways of coping; Share feelings, needs and concerns; and Learn about community resources.

Register for this discussion online at no cost.

Maple Grove Community Center

First Tuesday monthly starting September 6

6:00 – 7:00 pm	Free	411320-19
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STRESS MANAGEMENT

North Ridge Health and Rehab presents an interactive workshop in stress management. Everyone has stress in their life, how you cope and work with it determines how it affects your life. If you are currently dealing with stress, (moving, illness, money, family, etc.) you could greatly benefit from this class. By working to eliminate some of the stress in your life and challenging some of your habitual patterns of thought and reaction to stress, you can really improve your overall quality of life. Please join us for an interactive class of stress management activities and techniques. Register for this discussion online at no cost.

Maple Grove Community Center

Wednesday, November 2

10:00 – 11:00 a.m.	Free	411230-20
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Classes, Conversations and More...



LET THE GAMES BEGIN!

Come to a welcoming, fun event. Meet new people of different ages while playing interactive games that everyone is guaranteed to enjoy. There is no charge, just bring a positive attitude. These games are not the ones you know, but they are ones you will want to play. A group of individuals from the surrounding communities of Maple Grove, Champlin and Osseo are committed to helping build bonds within our communities. Join us for this all-inclusive social event including music, skits, presentations and games. No fee, but please register on-line.

Maple Grove Community Center

Wednesday, October 26

7:00 pm - 9:00 pm Free 411320-21

PLANNING YOUR MOVE

Whether you're thinking about selling your home this fall or next spring, now's the time to get thinking about one of your biggest investment and what it means for your future. Planning Your Move will bring in three experts to teach you about getting your home ready to sell. Hear from local REALTOR, GRI Renee Miller of Keller Williams Classic Realty she'll touch on understanding home values, timing your move, market statistics and how realtors market your home. A Home Inspector will share tips on what to expect from a home inspection and how to prepare for it. Finally what to do with all of your treasures as you downsize and how to prepare for the physical move are important steps to consider as well. A move management company will share their expertise to round out your day. Guaranteed to get you inspired and organized for your next steps.

Maple Grove Community Center

Thursday, October 20

10:00 a.m. - Noon \$5 411311-01

LEAVING A LEGACY

Join Attorney Chuck Roulet and discover how to make sure your wishes are carried out exactly as you want. Even if you have an estate plan or a living trust, new laws and often overlooked items make this a must attend workshop! You won't hear a bunch of legal mumbo-jumbo, just straight talk. You'll hear exactly the differences between a will and a trust, what probate is and how it works, planning for incapacity, taxes, long-term care planning, leaving a real legacy, and still have plenty of time for individual questions and answers. Register for this discussion online at no cost.

Maple Grove Community Center

Wed, Oct 19 10:00 - 11:00 am Free 411320-22

Need an evening option? Bring along a family member(s) to listen and learn!

Thurs, Oct 27 6:30 - 7:30 pm Free 411320-23

Adult Defensive Driving

AARP 55 SMART DRIVER COURSE

This is the nation's first curriculum designed specifically for mature drivers to review important safety tips. Taught by trained volunteers, you will learn and review tips and tactics for safe driving on our ever busy roads. Upon completion of the course, persons may apply for a 10% discount on their auto insurance. All registration accepted immediately. **\$17.00 for AARP members, \$22.00 for non-members - Must present your membership card at registration for the discount!**

Electronic registration is not available for this program. Checks, cash or credit card accepted at the time of registration. Checks should be written to MGPR.

**NOT
available
for Internet
registration!**

Maple Grove Community Center

8 Hour Driver Safety Course: This 2 session class is for those who have never taken a course.

Saturday, September 24

9:00 a.m. - 5:00 pm \$17/\$22 411701-01

4 Hour Refresher Course: This class is for those who have taken the 8-hour course and whose eligibility for a 3-year auto insurance discount is expiring.

Wednesday, September 14

9:00 a.m. - 1:00 pm \$17/\$22 411701-02

Tuesday, October 11

12:30 - 4:30 pm \$17/\$22 411701-03

Tuesday, November 15

5:30 - 9:30 pm \$17/\$22 411701-04

Monday, December 5

9:00 a.m. - 1:00 pm \$17/\$22 411701-05

MHSRC DRIVING CLASSES

This course is taught by MN Hwy Safety Resource Center certified instructors. The class will explore the latest in vehicle technology, changes in laws and review defensive driving principles. The classroom-style sessions are available in an eight hour course or a four hour refresher course. Minnesota state law allows a 10% reduction on auto insurance premiums each year for three years to individuals completing the course. To register, visit the MN Hwy Safety Center website at www.mnsafetycenter.org or call 1-888-234-1294. The instructor will collect fees during class. **The 8-Hour class fee is \$24.00; the 4 hour class fee is \$20.00.**

8-Hour Full Course: This 2 session class is for those who have never taken a course.

Tues & Wed, October 3 & 4 5:30 - 9:30 pm

Mon & Tues, December 12 & 13 5:30 - 9:30 pm

4-Hour Refresher Course: This class is for those who have taken the 8-hour course and eligibility for a 3-year auto insurance discount is expiring.

Thursday, Sept. 8 12:30 - 4:30 pm

Tuesday, Sept. 13 5:30 - 9:30 pm

Thursday, Sept. 22 8:30 am - 12:30 pm

Thursday, Oct. 20 8:30 am - 12:30 pm

Tuesday, Oct. 25 12:30 - 4:30 pm

Tuesday, Nov. 1 8:30 am - 12:30 pm

Thursday, Nov. 10 12:30 - 4:30 pm

Monday, Nov. 14 5:30 - 9:30 pm

Thursday, Dec. 1 12:30 - 4:30 pm

COMPUTER EDUCATION on Windows 10 System

Would you like to learn new computer skills? The Maple Grove Computer Learning Center offers courses to adults who want to use computers for fun and profit. The computer lab, which is located in the Senior Center, can accommodate six learners. Our volunteer instructors and coaches pace classroom and individualized instruction to learners' needs. *Learning Center volunteers provide additional support and time to practice new skills during open lab every Wednesday from 11:30 to 2:00.* We use Microsoft Windows 10, Office 365, Adobe Family Tree Maker, and Photoshop Elements software. Class fees include instruction materials and a flash drive with your work and files for home use. Call Kris 763-494-6514 with questions. All classes are held in the Maple Grove Community Center, Computer Lab

INTRODUCTION TO COMPUTERS & MICROSOFT OFFICE 2013

This course is intended for beginner level users, or the novice who wants to learn the concepts of a computer and get hands-on experience. Learn about word processing, spreadsheet, database and e-mail and Internet applications. There are eight 2½ hour weekly lessons using Microsoft Office. *Proficiency with the mouse is helpful for this class.*

Mondays, September 19 – November 7

9:00 – 11:30 a.m. \$60 (8 ses) 411408-01



INTERNET AND CYBER SECURITY

Among all the computer use concerns in the world, "Systems and Cyber Security" is one of the most important concerns people have. Understanding computer security can truly help us better safeguard our valuable technology data and devices we use. Our "Internet and Cyber Security" class is performed in the workshop, hands on practice format to help us learn the tricks to keep safe and secure thus saving us potential high repair expenses, or at least minimize the risk. We learn and compare different security software available in the market today, tips and warnings signs that can alert us about potential cyber-attack, how to handle and avoid online scams, solicitors, security threats, and phone calls that sync unknown callers to our computer causing us harm, and how to ensure our security essentials in place to better protect our online banking, health, family communications and data sharing.

Tuesday, September 20

1:00 – 3:00 pm \$25 (1 ses) 411414-01

Tuesday, October 18

1:00 – 3:00 pm \$25 (1 ses) 411414-02

Tuesday, November 15

1:00 – 3:00 pm \$25 (1 ses) 411414-03

GENEALOGY & FAMILY TREE MAKER

Come learn the program Family Tree Maker, and how it can help you study your own roots. Spend time understanding research sites and techniques, and then apply your knowledge to the fabulous organization provided by Family Tree Maker! This class will give you the resources to search for your ancestors and create a family file, ancestor chart, descendant chart and more. If you have always wanted to get started with the search on your family or are currently involved in a search and would like a great format to put it in, here is the class for you! **Prerequisite:** [Introduction to Computers](#).

Wednesdays, September 21 – November 9

9:00 – 11:30 a.m. \$60 (8 ses) 411404-01

WINDOWS 10 OPERATING SYSTEM AND FILE MANAGEMENT

Have you ventured into Windows 10? Thinking about making the change, or purchasing a new computer with this operating system? Need to understand apps, what the tiled desktop does, how to make your computer look and work the way you want it to? Customize your computer using Windows options for shortcuts, icons, taskbar, program menu, start menu and the desktop arrangement. Learn to use Windows Explorer to find, save, move, copy and delete files and folders. Also, learn to rename files, back-up files, use system restore and do basic preventative maintenance on the computer.

Thursdays, September 22 – November 10

1:00 - 3:30 pm \$60 (8 ses) 411411-01

Fridays, September 23 – November 11

9:00 - 11:00 a.m. \$60 (8 ses) 411411-02

GOOGLE CHROME

Search the Internet the fast and easy way with Google Chrome's free web browser. Google Chrome works on your personal computer, Mac computer and mobile device. Using Google Chrome, on a personal computer, you will search the Internet using voice recognition, create and organize bookmarks into folders, do tab browsing, set the homepage, view your history and learn about the privacy features in Google Chrome. Other features covered are creating a Google account, setting up the account, and sync your bookmarks to your other computers and mobile devices.

Tuesdays, October 4 & 11

9:00 – 11:30 a.m. \$15 (2 ses) 411406-01

G-MAIL

Gmail is a popular web-based email service provided by Google that works on personal computers, Mac computers, and most mobile devices. Working on a personal computer learn how to compose, send and respond to emails, then explore Gmail's features for managing your email. Some of the features covered are setting up a G-mail account, sending attachments, forwarding, creating contacts, setting privacy rules, organizing email, creating an e-mail signature and creating web and email links.

Tuesdays, October 18 & 25

9:00 – 11:30 a.m. \$15 (2 ses) 411405-01

Adult Computer Education

MICROSOFT EDGE ON WINDOWS 10

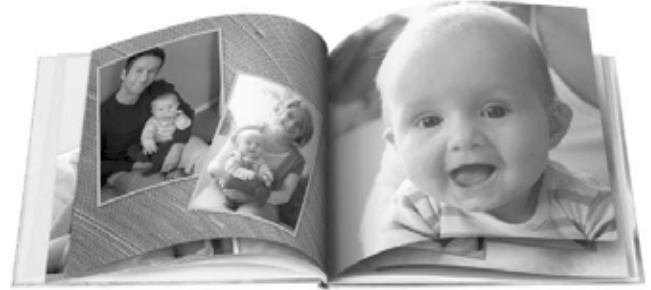
Explore the new features of the web browser Microsoft Edge for Windows 10. Features such as Cordana (a virtual assistant), reading view, web note and importing bookmarks. Some other topics covered are; how to locate websites of interest to adults, create and organize favorites, view and delete browsing history, use tabs and shortcuts to browse more efficiently. Also included are how to copy and paste web addresses, change your home page, add other search engines, download pictures from the Internet and print selected information.

Thursdays, September 22 - October 13

9:00 – 11:30 a.m.

\$25 (4 ses)

411407-01



FUN WITH GRAPHICS

Learn to use the many capabilities of the surprisingly powerful PrintArtist software, (Version 24 or 25). Learn with our on-screen demonstrations of computer graphics techniques, our step-by-step instructions, and volunteer coaches Every week, get a printed lesson for learning in the computer lab and on your home computer. Enjoy the experience of designing personalized greeting cards, labels, business cards, bookmarks and album pages. Use a fast, touchscreen computer and a color laser printer for a professional finish to your graphic creations. **Prerequisite:** *Introduction to Computers, a basic understanding of computer files management, and accuracy in using a mouse.*

Fridays, September 23 – November 11

1:00 – 4:00 pm

\$60 (8 ses)

411403-01



FACEBOOK

Wondering what all the conversation is about? Just starting or wanting to learn how to do more with your Facebook account? We will cover starting a Facebook account, security measures to take, settings and notifications, finding friends, posting comments, adding pictures, creating an event and inviting family.

Thursday, November 3

9:00 – 11:30 a.m.

\$7 (1 ses)

411402-01

Thursday, November 10

9:00 – 11:30 a.m.

\$7 (1 ses)

411402-02

EXCEL SPREADSHEETS, MICROSOFT OFFICE 2013

Spreadsheets provide you with a variety of tools; Create mailing labels, maintain your household budget, track your investments, keep your checkbook, create an itemized list of your possessions. These and so many more reasons are why you want to learn Excel. This class will help you understand formulas, creating sequences and worksheets, format cells, design a spreadsheet, and more!

Prerequisite: *Introduction to Computers, or equivalent experience.*

Mondays, September 19 – November 7

1:00 – 3:30 pm

\$60 (8 ses)

411401-01

OPEN LAB ON COMPUTERS

Maple Grove Community Center, Senior Center

Wednesdays

11:30 – 2:00 pm

There is no fee for current students, but pre-registration is required by calling Kris at 763-494-6514.

See more Computer Classes next page ➔



iPAD CLASSES

Apple company products offer amazing Smart Devices people easily use to enjoy personal and business communication with others. iPad is one of the most popular Apple devices in the market today. In our iPad classes, we learn more about iPad technology, how we can better utilize it to really enjoy communication and information sharing with family and friends.

All classes held at the Maple Grove Community Center

BASIC iPad

Among other things covers: iPad at a glance, overview, accessories, buttons, status icons, learn & using Siri, camera, taking pictures, store and locate them, basics of using apps, what you need to setting up your iPad, password setting, typing, dictation, searching, restaurants, movies, Wi-Fi settings, Safari, Internet connection & web browsing, read and print messages and attachments, and more.

Tuesday, September 6

1:00 – 3:00 pm

\$25 (1 ses)

411413-01

INTERMEDIATE iPad

Among other things covers: Customizing iPad, notifications, sharing, connecting iPad to a TV or other device, syncing with iTunes, using iCloud, printing with Air-Print, Bluetooth devices, file sharing, security features, airplane mode & more on Wi-Fi settings, connecting iPad to your computer, personal Hotspot, Bluetooth, sending photos, videos, Email account, sharing photos and videos, management, setting up mail and other accounts, managing content, finding locations & getting directions, downloads and installs, updates and upgrades, and more.

Tuesday, September 20

1:00 – 3:00 pm

\$25 (1 ses)

411413-02

ADVANCED iPad

Among other things covers: Editing photos and trimming videos, Email account signature customization, getting music & playing music, studying notes and vocabulary lists, organizing the bookshelf, syncing books and PDFs, game center, setting up Microsoft Exchange accounts, FaceTime, sharing photos and videos on social networks, working with multiple calendars, Managing contacts, font size setting, closed captioning, cellular data, do not disturb & notifications, international keyboards, special input methods, important safety, handling & support, low-battery image or "Not Charging" messages, iTunes store and App store, safeguard and security protection and more.

Tuesday, October 4

1:00 – 3:00 pm

\$25 (1 ses)

411413-03



Craft, Game & Card Clubs

New look for registration for these
Craft, Game and Card Clubs!
Log in to webtrac.maplegrovmn.gov
and click on the link on the front page.

DUPLICATE BRIDGE

Challenge your mind and improve your bridge skill level! This stimulating game of duplicate is played on Tuesdays at the Community Center. You must bring a partner! Only full tables play. Call Kris, 763-494-6514 if you need a partner.

[Maple Grove Community Center](#)

Tuesdays weekly

12:00 - 3:30 pm \$10 (yearly) Duplicate Bridge Card Club

SOCIAL BRIDGE

Here is an opportunity for all of you bridge players to get together and enjoy the game. This is an intermediate Party Bridge game, meeting weekly. Volunteers lead the meeting every week.

You're sure to make new friends and perfect your bridge skills.

No partners needed to attend this game! A prize fee of 50¢ is collected at each meeting.

[Maple Grove Community Center](#)

Wednesdays weekly

12:30 - 3:30 pm \$10 (yearly) Social Bridge Card Club

ACBL SANCTIONED DUPLICATE BRIDGE

This game will be run by Scott Smith, allowing opportunity for you to receive master points. For more information or if you need a partner, contact Scott at 612-845-8090. **\$6.00 paid weekly at the game to the director.** Wireless scoring and hand records.

[Maple Grove Community Center](#)

Thursdays weekly

12:00 - 3:30 pm \$6.00 (weekly-pay the Game Director)

HAND AND FOOT

Join in playing this fun and challenging game. Hand and Foot is a North American game related to Canasta, in which each player is dealt two sets of cards – the **hand**, which is played first, and the **foot**, which is played when the hand has been used up. Come and join the group meeting each week.

[Maple Grove Community Center](#)

Tuesdays weekly

9:00 - 1:00 pm \$10 (yearly) Hand & Foot Card Club

500 CARD CLUB

Bauers, No Trump, Nula and Slam are some of the terms you'll hear on Thursday afternoons. If you enjoy 500, here is your chance to find area friends and master the always exciting game of 500.

No partners needed. This is an open game, and we will make partners and tables as you arrive. A 50¢ prize fee will be collected at the start of each game date. Arrive early, game starts officially at 1:00!

[Maple Grove Community Center](#)

Thursdays weekly

1:00 - 3:30 pm \$10 (yearly) 500 Card Club



PINOCHLE

Want a night out of the house to socialize and play cards? Join this Pinochle group playing weekly. If you love to play Pinochle, come join this fun group.

[Maple Grove Community Center](#)

Tuesdays weekly

6:30 - 9:30 pm \$10 (yearly) Pinochle Card Club

CRIBBAGE

The latest card game to be added at MGCC. Join in the fun with other avid Cribbage players. Come weekly, or as it fits into your schedule.

[Maple Grove Community Center](#)

Mondays weekly

1:00 - 4:00 pm \$10 (yearly) Cribbage Game Club

SCRABBLE

Get those cobwebs out of your head. Use the vocabulary skills you rarely get to challenge yourself with. Join in this informal "come when available" game among friends that meets every Friday afternoon. Feel free to join in a game when you find yourself looking for a fun encounter on Friday. Beginners are welcome!

[Maple Grove Community Center](#)

Fridays weekly

1:00 - 3:30 pm \$10 (yearly) Scrabble Game Club

MAH JONG

Born in China, hugely popular in the USA in the 1920's, Mah Jong is back and more fun than ever. Blending elements of rummy and dominos, it's lively, addictive entertainment for family and friends. We welcome you to join in the fun. Come learn the game or join with other skilled players.

[Maple Grove Community Center](#)

Thursdays weekly

9:00 - noon \$10 (yearly) Mah Jong Game Club T

Wednesdays weekly

2:00 - 4:30 pm \$10 (yearly) Mah Jong Game Club W

DOMINO'S MEXICAN TRAIN

Come and learn this simple game played with double twelve dominos. It is easy, fun, entertaining and a great way to socialize. Whether you know how to play or are new to "Mexican Train", you will have a great time!

[Maple Grove Community Center](#)

Tuesdays weekly

1:00 - 4:00 pm \$10 (yearly) Dominos Game Club

Craft, Game & Card Clubs

FREE MONTHLY BINGO

Join us the first Friday monthly for a fabulous hour of BINGO hosted by Northridge Health and Rehab and the Residence at North Ridge. They are teaming up to bring you an hour of fun and great prizes. Grand prize for cover-all which include gift cards to local businesses. This is a free event for everyone 55+. No need to sign up, just come to the Community Center ready to play.

Maple Grove Community Center

First Friday monthly 11:00 a.m. FREE

BINGO

Twice a month come into the Community Center for a round of bingo. We play a variety of games; Crazy T, X, Layer Cake, Railroad Tracks, 9 Patch, Postage Stamps, etc. All will be explained and displayed as we play each different game. (Winner chooses the game.) Play 10 games for an afternoon of fun! No registration required, games start 1:00 sharp, so arrive early to choose your cards.

Maple Grove Community Center

2nd & 4th Friday monthly \$1 per card for 10 games (all proceeds returned to the players)

BOOKS, BOOKS, BOOKS!

Energize your reading, with new and different book selections followed by stimulating discussions! This ongoing book club is a continuous program (meeting monthly); reading and discussing a variety of books. Books will be selected from the Book Kits offered by the Hennepin County Library System. These kits provide a number of books and questions for discussion. Join us to learn more about the books, or call Kris for the reading list.

Maple Grove Community Center

1st Wednesday of every month
9:30 – 11:30 a.m. \$10 (yearly) Book Club

COMPUTER USERS GROUP

Ask Ray, The Computer Guy

Join in this group conversation. Bring your questions or problems. Have ideas or topics to explore? Ray is here to help! Ray is a Computer Science graduate from the U of M and retired from the State of Minnesota and is serving the public through his technology knowledge. Ray has knowledge in PC and Mac and he wants you to have peace of mind around your computer. Check him out at www.raythecomputerguy.com. Free, no RSVP required.

Maple Grove Community Center

1st Monday monthly
9:00 – 11:00 a.m. Free

ANYTHING GOES CRAFTERS

Whether you knit, crochet, cross stitch, scrapbook, quilt... you are invited to join this informal group! Pull together your supplies and come weekly to share ideas, learn new skills, laugh and enjoy the company while you "work"!

Maple Grove Community Center

Wednesday weekly
9:00 a.m. – Noon \$10 (yearly) Crafters Club

COLOR ME HAPPY

Join in this ongoing coloring group, meeting monthly to share lessons learned, ideas, supply tips and have a fun social time. Bring your supplies or use ours; just come and join in the fun. Beginners welcome!

Maple Grove Community Center

Fourth Monday monthly
9:30 – 11:30 a.m. Free

THE KNITTING GRANDMAS AND FRIENDS

We are currently making newborn hats for babies at Maple Grove Hospital (400+ /month). We are looking for an additional 10-12 experienced knitters to join our efforts. The hats are knit with double pointed or circular needles, (sz 4) There is a sample pattern available to pick up at the Community Center. Simply Soft yarn is recommended; the hat pattern was written for that brand of yarn. If you are interested, please pick up a pattern, knit it and come to one of our meetings. We have knit and donated over 20,000 hats since the hospital opened in December of 2009. The hats require about 2.5 – 4 hours to knit. The Knitting Grandmas are a wonderful group of people; come and join us. Call Kris 763-494-6514 with questions.

Maple Grove Community Center

Mondays weekly, noon - 2:00 pm

TIME TO QUILT TOGETHER

Share idea patterns, conversation and a passion for quilting! Whether you are working on hand piecing, or a machine, or if you are making a placemat or a king size quilt, this informal group allows you to gather the 1st and 3rd Wednesday monthly to work on projects. This group works on their own projects and also makes lap-sized quilts for North Memorial Hospice. So if you are a novice or an accomplished quilter, you are welcome to come and share your time and visit with other quilters. Minimal instruction is available. Bring your own sewing machine (if needed) and project.

Maple Grove Community Center

1st & 3rd Wednesday each month
9:30 – 4:00 pm \$10 (yearly) Quilting Club



WOODCARVING

Any level of woodcarver is invited to join this group! The purpose of this group is to share ideas and techniques while having fun! If you want to learn, a woodcarver will work on a select project with you, starting with a blank chunk of wood that you will shape into a finished product. Bring your project and woodcarving tools!

Maple Grove Community Center

Tuesdays weekly
12:30 – 3:00 pm \$10 (yearly) Woodcarving Club

Food & Fellowship

CELEBRATION LUNCHEONS & DINNER

Luncheons or dinners will be served on the 3rd Thursday monthly. This is a time to gather at the Senior Center for a meal. Come for a meal and stay for the company and entertainment. The price is determined by the menu and entertainment costs.

Maple Grove Community Center, Banquet Room

LUNCH, Gather 11:30 a.m., lunch noon, entertainment follows.

Thursday, September 15– *Accordion Fun Club*

Join us while the Lookout Catering serves up a delicious meatloaf meal along with mashed potatoes. Next, let's enjoy the Accordion Fun Club, founded in 1991, which consists of seniors from the north suburban area. Their mission is to entertain and have fun with the motto - "We've got bellowship"! Be ready to embrace accordions, a guitar, a tuba, a garbage can bass and a washboard percussionist! As they play a variety of music from old time to show tunes, prepare for their 'tender spot' which is particularly fond of the polkas and waltzes! We will leave room on the dance floor for those of you to shuffle the floor! Last day to register or cancel is September 12

\$11 per person 11:30 am Sept. Luncheon

Thursday, October 20 - *Hi Tones*

Come in today and the Lookout will be here to serve a fabulous baked pork roast with a delicious baked potato. But, stay for the engaging, energetic, funny, awesome duo, 'The Hi Tones'! Elliot and Scott will bring you back to the 50's and 60's with hits like; Good Night Irene, Bye Bye Love, Blue Suede Shoes and more music that is 100% recognizable! So let's talk Elvis and Ricky Nelson and other teen idols of that era! Oh yes, listen for Johnny Cash, Willie Nelson for the country fans, as well as sing-a-longs, and possibly a Name That Tune contest! Don't miss this fun and lively show! Last day to register or cancel is October 17.

\$11 per person 11:30 am Oct. Luncheon

Thursday, December 8 – *The Montessori Kids*

For our special holiday luncheon, we will have the Lookout Catering delight us with their chef's special broasted chicken along with baby reds. Don't forget the tasty apple pie with whipped topping to complete the scrumptious meal. Then, you will not want to miss our holiday tradition which brings the fun and entertaining annual visit from the adorable Montessori Kids. Every year brings a set of new faces, personalities and sweet voices that will make the day complete! Last day to register or cancel is December 5.

\$11 per person 11:30 am Dec. Luncheon



DINNER, Gather 5:30 pm, dinner 6:00 , entertainment follows

Thursday, November 17 – *Maple Grove Jazz Ensemble*

Thursday, November 17 – Join us for our annual turkey dinner catered by the Lookout! They will have all the special touches that a standard Thanksgiving meal can provide! Turkey, stuffing, mashed potatoes, even cranberries and of course, we will not forget the pumpkin pie for dessert! Whether you are looking for this delicious food, great company or enjoyable entertainment, we have it all! After this very tasty meal, sit back and listen to the music from the fantastic Maple Grove Jazz Ensemble! **Please note the dinner is an hour later than in the past** due to the hard working men and woman in the band that need the time to get to you from their day jobs. Fills quickly, don't miss this wonderful dinner and incredible tunes! Last day to register or cancel is November 14.

\$11 per person 5:30 pm Nov. Dinner

CUPCAKE CONVERSATIONS

Cupcakes and coffee will be provide at this informative session. Guest speakers with a life changing situation to inspire and encourage us in our own lives will be here! Jean Abbott's powerful story of perseverance no matter what life brings will have you laughing one minute and crying the next. Since Jean's story appeared on the Today Show, Good Housekeeping, Yahoo!, and the U.K.'s "Daily Mail", an overwhelming number of people from around the world have contacted Jean to tell her how inspired they were by her journey from "wheels to heels". Jean is sure to inspire, encourage and motivate you to live a more positive life. Jean shares her journey of misdiagnosis and how her sense of purpose along with a positive attitude enabled her to survive three decades of unnecessary doctor appointments, medications and surgeries with genuine gratitude and grace. Jean will have her book here, "Misdiagnosed - My thirty-year struggle with a debilitating disorder I never had!" Everyone is sure to be motivated to live a more positive, purpose filled life after Jean's presentation!

Maple Grove Community Center

Wednesday, October 5

10:00 a.m.

Free

411320-24

Cupcakes & Conversations

MOVIES, SODA, POPCORN!

Arbor Lakes Senior Living

~ Mondays, September 12 & 26

~ Mondays, October 10 & 24

~ Mondays, November 14 & 28

~ Monday, December 8 ~ Monday December 12

Show times are 9:30 a.m. and 12:30 pm We wil limit seating to 25 per time slot! Call to reserve a seat. You may register when the monthly newsletter is mailed.

Adult Trips

ADULT TRIPS

Trip Registration & Cancellation Policy

Trip registration is accepted on-line, at the Community Center or through the mail-in process. **All registration is accepted immediately.** Participants may cancel trips with refund prior to the registration deadline date (a \$5.00 processing fee is charged). If you need to cancel after the registration deadline, a refund will be given only if your spot can be filled from the waiting list. If Maple Grove Parks and Recreation cancels a trip, a full refund check will be sent.



PLEASE MEET THE BUS FOR ALL TRIPS AT THE ICE ARENA DOORS, unless otherwise noted, at the time listed. Return times for all trips are approximations and may be adjusted due to weather, traffic or scheduling conflicts.

Trip registrations must now be made individually with each person's name, phone, etc. Sorry, we can no longer offer group registrations!

PADDLE THE MISSISSIPPI

Wilderness Inquiry

Looking for adventure in the heart of the Twin Cities? Explore the Mighty Mississippi River up close and personal on a half-day guided canoe trip. Paddling the Mississippi in one of our beautiful 24-foot cedar strip canoes is easy, fun, and affordable - everyone enjoys it. These popular adventures take place in our local National Park, the Mississippi National River and Recreation Area (MNRRA). We will travel from Hidden Falls Regional Park to Harriet Island. You will discover wildlife and experience the amazing human history of the River. You will be paddling in 24-foot Voyageur canoes, following the river's 3-4 mph current as it winds along the shoreline. The voyageur canoes hold 6-10 paddlers. They are fast and stable boats, designed specifically for trips on big or moving water. It is active, but not strenuous. We stop mid-paddle for a delicious boxed lunch break. A fun way to enjoy early fall, get some action and try something new. Join us! Last day to register or cancel is August 15.

Thursday, September 1

9:30 a.m. – 3:00 p.m. \$65 311801-09

MIRACLE ON SOUTH DIVISION STREET

Day Trippers Theatre, Bloomington

Start your afternoon out with a delicious lunch including Swedish Meatballs, Chicken Kiev, House Green Salad, Minnesota Macaroni Salad (with peas, cheese and onions), Rice, Rolls and Butter, Mandarin Orange Cake and Coffee or Tea.. Following lunch you will enjoy a hilarious and heartfelt play about a "miracle" in the family barbershop. An *All in the Family*-esque comedy delivering a solid message on faith, why we believe what we believe, and how we can adjust to life's surprises. A family comedy, based on a true story. Meet the Nowaks – a Catholic family living in Buffalo. Clara and her three grown children have always known they were special, ever since the miraculous night in 1942 when the Blessed Mother appeared to grandpa in his barbershop. Since then, the neighborhood has looked upon the Nowak's 20 foot high commemorative shrine as a beacon of hope and faith in the town. But when daughter Ruth unveils her plan to write a play about the miracle, a long-ago deathbed confession reveals that the family is actually Jewish... and the legend hilariously unravels. Last day to register or cancel is September 2.

Friday September 16

11:30 a.m. – 4:30 p.m. \$48 411801-01

A DAY AT THE VILLA

Waconia

Escape the city for the closest thing to Tuscany, the beautiful Sovereign Estate Winery in Waconia welcomes us with wine tasting of five of their top delicious wines along with cheese and crackers. Next, let's have a vineyard and winery tour with Isaac Savaryn and Ben Banks, they wineries top experts! A delicious chicken parmesan meal complete with your choice of a glass of wine, sangria, beer or soda and a delectable dessert will be served in the lovely tent pavilion! After lunch have time to stroll in Mary's garden or check out the gift store. Plan to stop at the Deardorf Orchard and Parley Lake winery store on the way home! If the season goes as planned, they may even have the Honeycrisp apples in stock! Last day to register or cancel, September 14.

Thursday, September 22

9:30 a.m. – 4:00 p.m. \$74 411801-02

THAT LOVIN' FEELING

St. Croix Off Broadway Dinner Theatre

St. Croix Off Broadway Dinner Theatre at Hudson House Grand Hotel offers casual wholesome dining with the best that St. Croix Valley has to offer in musical theatre and comedy. Start with full hot lunch including slices of turkey with onion sage dressing mashed potatoes with turkey gravy, fresh vegetable, mixed greens with dressing, assorted rolls with butter, beverage of milk, soda, tea or coffee, and dessert. Join St. Croix Off Broadway Dinner Theatre for the return of its world premiere *That Lovin' Feelin'*, a musical biography chronicling The Righteous Brothers' life story and featuring 18 of their memorable songs. If you were lucky enough to see it before, it has been revised again by playwright Jim Zimmerman so it is the same, but different. The Righteous Brothers were the musical duo of Bill Medley and Bobby Hatfield. They recorded from 1963 through 1975, and continued to perform until Hatfield's death in 2003. The Righteous Brothers galvanized the link between rock and rhythm & blues so convincingly that they spurred the creation of a new term, "blue-eyed soul." **NOTE: There is mature language used in this show.** Last day to register or cancel is September 1.

Saturday, October 1

11:00 a.m. – 4:00 p.m. \$55 411801-03



Adult Trips



ST CROIX VALLEY LUNCH TRAIN

Hear the clickity-clack and enjoy the fall colors with a ride on the rails with Osceola & St Croix Valley Dinner Train in grand old railroad tradition, while traveling down the St Croix Valley. We will enjoy all the sensations of a bygone era from the vintage turn-of-the-century railcar or in the air-conditioned comfort of a modern streamliner. Take in the stunning vistas of Bridal Veil Falls, Buttermilk Falls and the Cedar Bend Drawbridge while enjoying a delicious lunch of ham, potatoes, served on china & fine linen with the absolutely delightful dessert that will complete this charming lunch! Fee includes train ride, lunch, tip and motorcoach bus. Last day to register or cancel is September 28.

Wednesday, October 12

10:30 a.m. – 3:15 pm \$62 411801-04



CABARET

Orpheum Theatre

The acclaimed Broadway classic returns! Welcome to the Kit Kat Klub, where the Emcee, Sally Bowles and a raucous ensemble take the stage nightly to tantalize the crowd – and to leave their troubles outside. But as life in pre-WWII Germany grows more and more uncertain, will the decadent allure of Berlin nightlife be enough to get them through their dangerous times? Come hear some of the most memorable songs in theatre history, including “Cabaret,” “Willkommen” and “Maybe This Time”. Right this way, your table’s waiting at Cabaret. John Kander, Fred Ebb and Joe Masteroff’s Tony-winning musical about following your heart while the world loses its way. **Note: This show contains mature content.** Last day to register or cancel is August 30.

Sunday, October 16

Noon – 4:30 pm \$54 311801-13

TREASURE ISLAND & SPIRIT OF THE WATER

Enjoy some time gaming at Treasure Island Casino, and then sit back and enjoy a leisurely cruise and delicious lunch as the autumn colors surround you. Come aboard the Spirit of the Water and enjoy a unique experience cruising the beautiful Mississippi River! Enjoy a buffet luncheon including grilled flank steak, roasted chicken, salad, potatoes and cookies. Register early, it fills fast!



NOTE: walking required to

the boat landing. Fee includes buffet, cruise and bus. **Special*

Registration Note: When you register, you will be asked to provide your Casino Card number or birthdate. When you provide this information you are giving Maple Grove Parks and Recreation permission to share your name, address and birthdate (private data) with the casino. You are welcomed to sign up for the trip and decline to provide permission; however, doing so will eliminate the free bus ride. Last day to register or cancel is October 3.

Monday, October 24

7:30 a.m. – 5:30 p.m. \$40 411801-05



GERITOL FROLICS

in Brainerd

The *Geritol Frolics* is a musical variety show presented in vaudeville fashion by talented performers over age 55 from around the Brainerd Lakes area. Originally created as a means of promoting involvement of seniors in community theatre, the show has become an entity in its own right, delighting audiences with a fast-paced show of song, dance and comedy at the Franklin Arts Center. We think you will leave with a smile on your face and in your heart singing our theme song, “You’re As Young As You Act, You’re As Young As You Feel”. Before we leave the Brainerd area, let’s stop for a delicious seasonal buffet at Prairie Bay, including beef brisket and ¼ roasted chicken as the entrees. Chef Matt loves food; whether cooking, serving, eating, or just talking about it. Food is his profession and passion and Matt’s rapport with 40 local farmers allows him to use as much local product as he can! So, don’t miss this adventure northbound! Last day to register or cancel is October 1.

Thursday, October 27

Noon – 8:30 pm \$67 411801-06

TRIPLE ESPRESSO

Paramount Theater

FINALLY – AFTER SEVEN YEARS! TRIPLE ESPRESSO IS RETURNING TO THE PARAMOUNT! But, first let's enjoy a delicious three entrée buffet with fresh popovers at Coyote Moon Grille located at the Territory Golf Club in St. Cloud among its distinctive Minnesota lodge-style architecture overlooking the beautiful course and wetland valley. Next, we will move onto the beautiful Paramount Theatre for Triple Espresso with the irresistible story of a comedy trio going for their big break, only to have their hopes dashed over and over on the rocks of one magnificently funny failure after another. Hugh, Buzz and Bobby reunite for a hilarious afternoon of music, magic and mega-laughs in this audience favorite that appeals to everyone from 6 to 106! "The essence of comedy" says the Minneapolis Star Tribune. The laughter is infectious, so kickback and enjoy the show. Last day to register or cancel October 7

Thursday, November 10

9:45 a.m. – 5:00 p.m.

\$49

411801-07

TREASURE ISLAND CASINO

Try your luck, watch people, enjoy the food, the choices are yours as we head to Red Wing and Treasure Island Casino. Enjoy the matinee bingo session, play some black jack or try your luck at the slots. Upon arrival at the casino you will receive \$15 in slot play and a \$3 food coupon to be used at any of their restaurants or cafés. For the fastest and best experience please provide us with your Passport Club number. Last date to register or cancel, November 1. **Note:** *When you register, you will be asked to provide your Passport Club number or birthdate. When you provide this information you are giving Maple Grove Parks and Recreation permission to share your name, address and birthdate (private data) with the casino. You are welcomed to sign up for the trip and decline to provide permission; however, doing so will eliminate your cash incentives.*

Wednesday, November 16

8:00 am – 3:30 pm

\$25

411801-08



ORPHAN TRAIN & ST. PAUL GRILL

Great American History Theatre

We start our morning out at the History Theatre to see Orphan Train, a timeless story of family told with humor and love. 1889. Over 100,000 orphaned children were shipped by rail from the slums of New York City to farm families in the Midwest between 1858 and 1929. Orphan Train brings to life the struggles and joys of the children who landed in Minnesota and the families who took them in. This stirring folk musical follows a handful of children – a brother and sister who were separated, a tough boy and a spirited girl whose courage soars in the face of adversity, and an African-American girl who finds love in the home of a Buffalo Soldier's family. Don't miss this new look at a History Theatre classic that will tug at your heartstrings and entertain audiences of all ages with humor and love. Following the show we stop at the St. Paul Grill for lunch. Here, enjoy the historical St. Paul Hotel's main restaurant with a choice of **Landmark Salad (spinach & chicken plus)**, **Black & Blue Burger**, **Walleye Sliders**, **The Grill Charlies (2 grilled medallions of beef on buns)** or **Chicken Pot Pie** and finish the meal off with a Turtle Tort. Last day to register or cancel is October 11.

Tuesday, November 22

9:00 a.m. – 3:00 p.m.

\$36

411801-09



All classes, trips and programs are planned for seniors' participation, but are open to any adult interested. Call Kris Orluck at 763- 494-6514 with any questions.

Happy Holidays

HILL HOUSE HOLIDAY TOUR

James J. Hill House

Start the afternoon with a wonderful lunch at WA Frost. From there we head to the James J. Hill House, where the bustle and excitement of a Gilded Age Christmas is brought to life as the servants of the James J. Hill House prepare for the holidays. Costumed actors portray people who worked for the Hill family in a dramatized portrayal of servant life and holiday preparations at the Hill family's Summit Avenue mansion. The one-hour program moves through the elegant first floor spaces and then to the basement servant work areas. The script is based on letters and oral histories of people who worked for the Hill family during the first decade of the 20th century. After touring, we'll visit bus driver Kevin's church, Faith Alliance for Christmas carols and dessert.

Details on this trip are not available at print. Watch for the flyer in the monthly newsletter.



MURDER ON THE NILE

Theater in the Round

We are back to Theatre in the Round, to enjoy this Agatha Christy mystery. A newlywed couple take their honeymoon on a paddle steamer on the Nile River, with a bevy of colorful characters as fellow passengers. But when their serene cruise is jolted by a murder, everyone onboard becomes a suspect - except Canon Ambrose Pennefeather, the clergyman who solves the mystery in this delightful classic by Agatha Christie. "Fans of Christie's riddles will find much to enjoy; a conundrum of evidence and motive... meticulously unraveled after intermission." -The Reviews Hub, London. Last day to register or cancel is November 21.

Sunday, December 11

1:00 – 5:00 pm

\$27

411801-10

A NICE FAMILY CHRISTMAS

St Croix Off Broadway Dinner Theatre

St. Croix Off Broadway Dinner Theatre at Hudson House Grand Hotel offers casual wholesome dining with the best that St. Croix Valley has to offer in musical theatre and comedy. Start with full turkey dinner including slices of turkey with onion sage dressing, mashed potatoes with turkey gravy, fresh vegetable, mixed greens with dressing, assorted rolls with butter, beverage of milk, soda, tea, or coffee and dessert. It's Christmas Eve at Helen Lundeen's Minneapolis apartment, three years after her husband died. An unexpected visit from crazy Uncle Bob and their outrageous Grandmother starts the evening on its wild journey in *A Nice Family Christmas*. Helen's middle son, Carl, has been charged to write an article for his newspaper about Christmas with his family or he's fired. The problem is he doesn't have his family's consent. One by one, we learn about each family member's secrets, problems and dysfunctions; and when they learn that Carl is writing an article with some very personal family information, the fruitcake hits the fan! Will the magic of Christmas bring them back together? Last day to register or cancel is November 12.

Saturday, December 17

11:00 am – 4:00 pm

\$55

411801-11



THE KING AND I

Orpheum Theatre

From the award-winning creative team behind South Pacific and The Light in the Piazza; the Lincoln Center Theater Production of Rodgers & Hammerstein's *The King and I* is the current Tony Award-winner for Best Revival of a Musical. One of Rodgers and Hammerstein's finest works comes to the Orpheum Theatre for one week only and includes such beloved classics as "Getting to the Know You," "Shall We Dance" and "Something Wonderful." Set in 1860's Bangkok, the musical tells the story of the unconventional and tempestuous relationship that develops between the King of Siam and Anna Leonowens, a British schoolteacher whom the modernist King, in an imperialistic world, brings to Siam to teach his many wives and children. Last day to register or cancel is December 9.

Sunday, March 5

5:30 – 10:00 pm

\$56

411801-12

FALL EXTENDED TRIPS

CROSSPOINT TOURS EXTENDED TRIPS (USA)

Informational flyers with details are available by contacting Kris at 763-494-6514 or in room 110 at the Community Center.

AUTUMN IN NEW YORK CITY!

October 12-20, 2016

\$1498 per person sharing a room

- Travel through the beautiful landscape of Pennsylvania and enjoy the lovely fall colors as you head to New York City! In New York, enjoy a grand tour of the area including Central Park, Rockefeller Center, Times Square, 911 Museum, Ellis Island, The Statue of Liberty and much, much more! Fourteen meals are included.
- An optional show on Broadway will also be offered. This is a wonderful and very affordable tour! Join us!

DINNER THEATRES AT CHRISTMASTIME!

December 7-9, 2016

\$493 per person sharing a room

- Join your friends from Maple Grove Senior Center on a wonderful Christmas journey to Wisconsin! There, you will enjoy TWO dinner theatres: The Palace in Wisconsin Dells' "Miracle on 34th Street - The Musical" and "A Fireside Christmas" at the Fireside in Ft. Atkinson. Enjoy all the beautiful holiday decorations, lights, music and food of the Christmas Season!

2017 EXTENDED TRIPS

BEST OF PERU

March 2-10, 2017

Plan to join us for the Best of Peru, featuring Machu Picchu! Our presentation, will have Kent Van Roekel of Central Holidays West showing pictures and answering questions about

this unforgettable experience to Peru. Tour highlights include; Experience Lima, the City of the Kings, admire the Treasures of Ancient Peru and the Inca Nation, and tour Cusco, Archaeological Capital of the Americas & UNESCO World Cultural Heritage site. Travel by vista dome train to the famous Lost City of the Incas, breathtaking Machu Picchu. Visit and interact with local tribes' people in the markets of the Sacred Valley. See the spectacular Incan city of Machu Picchu – one of the new 7 Wonders of the World & UNESCO World Cultural Heritage site. There is also an optional extension available to Lake Titicaca to meet the Floating tribe of the Uru people! All this for \$3499 per person, double occupancy including Minneapolis St Paul airfare, professional tour manager, 7 nights deluxe lodging, 10 meals, and in-depth learning on the local economy, social systems and interaction with locals. Informational meeting is free but registration required.

Maple Grove Community Center

Wednesday, August 17

5:30 – 6:30 p.m.

Free Mtg

411320-25



2017 EXTENDED TRIPS



MAGESTIC DANUBE RIVER CRUISE

This 9 day/7 night adventure from Budapest to Passau is aboard the 5-star MS Amadeus Silver II, a new ship with 84 outside rooms. This package includes 21 chef prepared meals and local wines and beer with each meal. For your enjoyment we have 7 tours: city tour of Budapest, city tour of Bratislava, city tour of Vienna, city walk of Durnstein incl. wine tasting, excursion to Melk Abbey, city tour of Salzburg with Salzkammergut & lunch, and an excursion to Weltenburg Monastery. Other options are available. Imagine cruising Old World Europe in 5 star style and no daily motor coach to board! Register early, as cabin categories are limited and these popular, English speaking ships often sell out early! Informational meeting for more details and to get your questions answered is free, but registration required.

Maple Grove Community Center

Wednesday, August 17

7:00 – 9:00 p.m.

Free Mtg

411320-26

CANADIAN ROCKIES

9 Days, June 22 – 30 2017

Start this Collette Vacation in Vancouver, BC with a city tour including Stanley Park, Chinatown, the waterfront and Gastown. Have time to stroll Granville Island and its markets and enjoy dinner overlooking the city skyline. Later, you'll board VIA Rail's The Canadian to begin your journey to the majestic Canadian Rockies. Relive train travel in the days of old as you listen to the peaceful sounds of a bygone era while natural beauty dances to life before your eyes in a scenic wonderland; it's a veritable journey back in time as you travel from Vancouver to Jasper. Relax and discover the delight of overnight training aboard VIA Rail's The Canadian in your private accommodations. Heralded in 1955 as "the first and only all-stainless steel dome streamliner in Canada," The Canadian has been exceeding passenger expectations ever since. Once in Jasper travel to Maligne Lake the largest natural lake in the Canadian Rockies. After exploring this lovely town it is off for Icefields Parkway and Lake Louise. Enjoy the breathtaking canvas of beauty of Athabasca Falls, Columbia Icefield and Sunwapta Valley. The next day, to Banff, Moraine Lake and awe-inspiring Valley of the Ten Peaks where you will stay at the "castle in the Rockies" for two nights. Enjoy Bow Falls and Hoodoos, meet an ammolite (gem) specialist and enjoy time on your own. End in Calgary for your flight home. Informational meeting to get more details is free, but registration required.

Maple Grove Community Center

Thursday, November 17

10:00 – 11:00 a.m.

Free Mtg

411320-27

Maple Grove Community Center

MAPLE GROVE COMMUNITY CENTER

12951 Weaver Lake Road, Maple Grove, MN 55369

Monday-Friday 6:00 a.m. - 10:00 pm
 Saturday 8:00 a.m. - 10:00 pm
 Sunday 10:00 a.m. - 10:00 pm
Monday, September 5 - Labor Day 10:00 am - 6:00 pm
Thursday, November 24 - Thanksgiving..... Closed

Maintenance Closures

Grove Cove Aquatic Center, Sept. 6 - 18..... Closed
 Maple MAZE, Indoor Playground, Sept. 19 - 23..... Closed

Telephone numbers

Banquet Room Rental 763-494-5969
 Birthday Party Packages 763-494-5966
 Group Reservations 763-494-5969
 Ice Arena Dead Ice Times 763-494-5951
 Ice Arena Office 763-494-5968
 Ice Arena Rentals 763-494-6465
 Main Number 763-494-6500
 Meeting Room Rental 763-494-5969
 Membership Support Services 763-494-6508
 Website www.maplegrovecommunitycenter.org
 Facebook facebook.com/maplegrovecommunitycenter

All Building Daily Pass

The All Building Daily Pass allows access to the Grove Cove Aquatic Center, the Maple Maze indoor playground, gymnasium, open ice skating, and adult open hockey.

Daily Admission	Regular/Non-Res.	Resident
Single, under 1 free	\$10.00	\$9.00
Family	\$33.00	\$28.00
Coupon Book	Regular/Non-Res.	Resident
10 coupons/book-all ages	\$80.00	\$80.00

Fee Guidelines

Resident: Individual that lives or works full-time in Maple Grove. Residency will apply to immediate family members for family memberships and for family admissions only when the adult meeting the criteria is present at the time of paying the admission. The regular/non-resident fee will be charged to additional family members. Regular/non-resident fees will be charged when an individual cannot provide acceptable proof of residency.

Acceptable Forms of ID

- Drivers License or State ID
- ID and current pay stub from Maple Grove business

Age Criteria

- Youth - Age 17 and under
- Adult - Age 18-61
- Senior - Age 62 and above
- Family - consists of immediate family of up to two adults and their children ages 17 and under living at the same address and full-time college students ages 18-24 (with proof of full-time college status) at the same address. Multiple families living at the same residence will be charged separately at the family rate. Senior is ages 62 and older. Youth is 17 & under.

Membership Options

You can choose from an Annual Membership (payment is made by cash, check or credit card) or a Continual Membership (using the direct payment option from your checking account).

To purchase a new or renew an annual membership go to www.maplegrovecommunitycenter.org. Click on Memberships, WebTrac online registration. Follow the account set up process and payment.

See page 5 for Membership Sale flyer.

Online purchases for memberships are not available if you want to do the following: (you must register in person)

- ♦ If you plan on paying by check, cash or using the Direct Payment monthly option.
- ♦ If you work full-time in Maple Grove and want to receive the resident rate you must register in person and bring a current pay stub from a Maple Grove business showing a Maple Grove address.
- ♦ If you want to receive the MERSC rate you must register in person and bring a valid company ID or pay stub for proof of current employment.

Members are to present the ID each visit. If you are using a PCA, nanny or have a college student age 18-24 living at home (must show proof of full-time college status) you can add them to your Membership, but you must fill out a Special Request Form every year or they will automatically be removed from your account.

Terms and conditions will be given to you upon purchasing the membership or mailed to you for online purchases.

Community Center Memberships

The Community Center is the perfect place to spend time with your friends and family all year long! Select from the All Building Membership for all the recreational areas, the Pool Only membership or the Pickleball Membership. The All Building Membership allows access to the Grove Cove Aquatic Center, the Maple MAZE Indoor Playground, Gymnasium, Open Ice Skating, Adult Open Hockey, Low Test Freestyle and Dead Ice. The Pool Membership allows access to the Grove Cove Aquatic Center. The Pickleball Membership includes access to the CC Gym and MG Middle School Community Gyms during Open Pickleball only.

All Building Memberships:

	Regular/Non-Res.	Resident
	Annual / Monthly	Annual / Monthly
Youth/Senior	\$195.00 / \$16.25	\$175.00 / \$14.58
Adult	\$235.00 / \$19.58	\$195.00 / \$16.25
Family	\$475.00 / \$39.58	\$375.00 / \$31.25

Pool Annual Memberships:

	Regular/Non-Res.	Resident
	Annual / Monthly	Annual / Monthly
Youth/Senior	\$160.00 / \$13.33	\$135.00 / \$11.25
Adult	\$185.00 / \$15.42	\$160.00 / \$13.33
Family	\$375.00 / \$31.25	\$325.00 / \$27.08

Pickleball Memberships:

	Regular/Non-Res.	Resident
	Annual / Monthly	Annual / Monthly
Adults	\$195.00 / \$16.25	\$175.00 / \$14.58

Community Center - Rentals & Groups



GROUPS, HOME SCHOOLS & PRIVATE RENTALS

The Community Center is available for groups, overnight and after-hours private rentals. Choose from the pool, indoor playground, gym or ice skating. The Teen Center and meeting rooms can be added. Let us customize a package that works for your group. For details call the Rental Coordinator at 763-494-5969.

Group Rates

Group rates are available for 25 or more in all areas and 10 or more in the Maple Maze indoor playground. Advance reservations are required for all groups and payment must be made with one transaction. Chaperones are free and are based on a 1:10 ratio of adult/youth.

**See Pool Supervision Policy for pool ratio.*

Group Rates: single activity

Gym	\$2.50
Ice Skating	\$3.75
Maple Maze, Indoor Playground	\$3.75
Grove Cove Aquatic Center	\$5.00

Group Rates: multiple activities

Grove Cove Aquatic Center & Maple Maze	\$6.00
Grove Cove Aquatic Center & Gym	\$6.00
Grove Cove Aquatic Center & Ice Skating	\$6.00
Grove Cove Aquatic Center, Maze & Ice Skating	\$7.00
Grove Cove Aquatic Center, Maze & Gym	\$7.00
All Building Daily Admission	\$8.00

Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 pm - 8:15 pm or Saturdays from 8:15 pm - 10:15 pm. The fee of \$150 includes use of a room for up to 40 people for an hour.

Late Night or Overnight Rentals

Private parties are available after regular business hours. Prices will vary, but can start as low as \$350 for the Maze and lobby late night rental to a full overnight lock-in. For details call 763-494-5969.

Room Rental Information

Room rental requests can be made by the following methods:

- ~ On-line at maplegrovecommunitycenter.org. Click Room Rentals, then click the link to the form.
- ~ By phone at 763-494-5969.
- ~ By fax at 763-494-6453.

The Rental Coordinator works from 8:00 am-4:30 pm, Monday-Friday. Rental requests are processed in the order received. You will be contacted within 1-2 business days.

Cancellations must be emailed and require a 30 day notice to receive a refund.

Small meeting room rental fees are due at the time of booking.

MEETING ROOMS

From seminars and meetings to birthday parties, you'll want to schedule your next event here! The room sizes vary to accommodate 15-40 people, depending on room set up. Audiovisual equipment is available to rent.

Decorations: You may bring your own decorations. Tape/adhesives, mylar confetti and glitter are prohibited. Use of these materials may result in additional fees to be charged and invoiced.

Food/Beverage: No red beverages or alcohol are allowed in the small meeting/party rooms.

Hours Rooms are available:

Monday-Friday	6:00 a.m. – 10:00 p.m.
Saturday	8:00 a.m. – 10:00 p.m.
Sunday	1:00 pm – 10:00 p.m.

Fees:

(Monday-Sunday)	<u>Regular/Non-Res.</u>	<u>Resident</u>
<i>Private/Business</i>	\$30.00/hr.	\$25.00/hr.

***Add 7.275% Sales Tax**

Parties or gift openings are not allowed in the open lobby areas. Staff will ask you to rent a room or store belongings in your vehicle.

Early Morning Room Special

Kick start your weekday with a great deal. Schedule a small meeting room Monday thru Friday between 6:00 a.m. - 10:00 a.m. for only \$10 an hour plus tax. This is ideal for networking groups or businesses to take care of business at a great rate. Call 763-494-6527 for availability. This offer is valid at the Community Center or Town Green Meeting Room. Rentals must be done by 10:00 a.m.

Community Center - Large Area Rentals



BANQUET ROOM

The Community Room serves as a premier banquet and meeting facility seating up to 250 people, formal seating. The warm, attractive decor is inviting for all occasions. This room is sure to meet your needs whether it is for a wedding, anniversary, banquet, company picnic or holiday party, training seminars, conferences, and tradeshow or craft sales. Quality sound and audiovisual equipment offer spectacular presentations and training. Outside, our beautifully landscaped flower garden and picturesque patio are a perfect complement to the large meeting room. Call 763-494-5969 to process a room rental request.

Hours: This room is available Monday - Thursday from 6:00 a.m. to 10:00 pm; Friday and Saturday until 1:00 a.m.; Sunday from 2:00 pm to 10:00 pm.

Table Set-Up: Tables are 5-foot rounds and can seat up to 8 people. Layout is confirmed during the reservation process.

Decorations: You are welcome to bring in your own decorations.

Food/Beverage: Renters must select from four exclusive caterers for food served at events for an additional fee: Lookout Catering, Lynde's Catering, Green Mill and Holy Land. A licensed caterer is required to serve your refreshments and meal. A portable beverage bar with pop is available. Red beverages are not allowed. Rentals are required to use the exclusive liquor provider licensed to have alcohol served at MGCC. When alcohol is served a security guard is required to be present. Call 763-494-5969 for details.

Fees:	Regular/Non-Res.	Resident
Private Function		
Monday - Thursday	\$375.00	\$325.00
Friday	\$425.00	\$375.00
Saturday	\$725.00	\$675.00
Sunday	\$425.00	\$375.00
Kitchen	\$75.00	\$75.00

***Add 7.275% Sales Tax**

A non-refundable payment of 50% of the rental fees is due at the time of booking. The balance of the fees and the \$300 refundable damage deposit is due 30 days prior to the rental date.

ROOM 112

An excellent room for family gatherings, end of season parties, large meetings or seminars, sample sales and much more! The room has seating for up to 80 people, features a walk out patio, a large screen for presentations. Food may be catered or brought in. Licensed caterers have access to the small kitchen facilities. Potluck events are allowed, however, renters will not have access to the kitchen per state health codes. Alcohol is allowed. Ask for guidelines and fees for liquor providers, security services and beverage bar fees.

Fees:	Regular/Non-Res.	Resident
Private/Business Function		
Mon-Sun (1-5 hours)	\$45.00/hr.	\$40.00/hr.
Fri-Sat-Sun (5+ hours)	\$270.00	\$240.00

***Add 7.275% Sales Tax**

Senior Center room rental fees are due at the time of booking.

A \$300 damage deposit may be required depending on the type of event. When applied, the refundable damage deposit is required 30 days prior to the rental date.

Gymnasium Rental

The Maple Grove Community Center Gymnasium has two half courts (one full) gymnasium which offers a great variety of options for your rental needs. Each half court has 3 basketball hoops and is lined for basketball, volleyball and pickleball. Hoops have adjustable heights. Half court rentals are available Tuesday evenings. Full court rentals are available Saturday evenings after 8:00 pm and Sunday evenings after 6:00 pm.

1/2 Court Rental Fees

Regular/Non-Res.	Resident
\$55.00 per hour	\$50.00 per hour

MGCC Membership holders will receive \$10.00 off a private rental

To check availability or make a reservation, contact the Rental Coordinator at 763-494-5969.

Community Center - Gym & Indoor Playground

GYMNASIUM

<u>Daily Admission</u>	<u>Regular/Non-Res.</u>	<u>Resident</u>
Tots-Parents free with Tot*	\$3.00	\$2.50
Single	\$7.00	\$4.00
Home School **	\$2.50	\$2.50
Coupon Book	\$35.00	\$35.00

10 coupons/book-all ages

*Parents are free during scheduled tot time only.

**Home School rate during designated times only.

Everyone 9 and older MUST register to use the gym. The gymnasium schedule has specific times for drop-in basketball. Monthly schedules list gym closures; large group use, tot time and pickleball times.

A zero tolerance policy is enforced.

Registration: The gym registration is free of charge. Each patron is required to fill out a registration form and show a photo ID with an address. A digital picture is taken to confirm a person's identity and residency each visit.

Be Prepared: Bring accurate information of the patron's name, address, current home telephone number, and date of birth. Falsifying information is an automatic expulsion from MGCC property indefinitely. Youth under age 16 are required to have a parent present to sign the registration form and provide proof of residency for each youth registering. Youth 16-17 with a valid driver's license or MN ID card can register without a parent being present. The gym registration form will not be allowed to be sent home for signatures or to have the parent come at a later date. Age 9 and older need to sign the form to confirm their understanding of the gym rules. Residents and non-residents of all ages are required to present an acceptable form of ID.

Residency as referred to on the gym schedule is defined as people who live in Maple Grove or have full-time employment in Maple Grove.

Acceptable Forms of ID to Register

- Drivers license with current address.
- Non-residents working full time in Maple Grove are to bring a current pay stub and drivers license.
- MN ID with photo with current address.
- State ID and utility billing in the patron's name.

Each Gym Visit & Admissions

Patrons must provide their home telephone number or individual barcode. Membership Holders will scan their ID's at the gym or pool desk. All patrons must wear a wristband.

Gym Schedules

Monthly gym schedules are available in racks near the customer service desks or on our website at

www.maplegrovecommunitycenter.org

MAPLE MAZE - INDOOR PLAYGROUND

It's an AMAZING fun time for children ages 12 and under. Start on the first level by climbing the rock wall, hopping on the pogo stick or enter the tree house and climb to the second level. Multiple routes bring more to discover in the jungle of the MAZE. Four slides entice children to keep crawling back up to discover new routes to slide down, long tubes to push through and Hoover rings to crawl over. The toddler area for three and under has been expanded. Toddlers are able to crawl into the lion's mouth and back down a slide to venture on to the molded alligator, hippo and more. Activity panels keep the young minds intrigued and active. Let your child be the judge of the fun!



Hours of Operation

Monday – Saturday	9:00 a.m. – 8:00 p.m.
Sundays	10:00 a.m. – 6:00 p.m.
*Monday - Saturday	8:00 a.m. - 8:00 p.m.
(June 13 - September 5)	

<u>Daily Admission</u>	<u>Regular/Non-Res.</u>	<u>Resident</u>
Youth ages 1-12	\$5.50	\$4.50
Toddlers under age one	Free	Free
Socks	\$3.00/pair	\$3.00/pair

<u>Coupon Book</u>	<u>Regular/Non-Res.</u>	<u>Resident</u>
10 Coupons/all ages	\$40.00	\$40.00

Specials

Twilight Special

Pay \$3.00 to play in the Maple MAZE anytime after 7:00 pm Monday – Saturday and after 5:00 pm on Sunday.

Indoor Playground Rules

- **Socks must be worn.**
- Children 8 years & under must be accompanied by an adult.
- No food or beverages in the playground.
- No pushing or rough play.
- The toddler area is restricted to children 3 and under.
- Wristband must be worn.
- Groups visiting the Indoor Playground with reservations are posted.
- The Indoor Playground is supervised during anticipated HIGH VOLUME USE only.

***The MAPLE MAZE will be closed
September 19 - 23 for annual maintenance***

Community Center - Birthday Party Packages

BIRTHDAY PARTY PACKAGES

Celebrate your child's birthday or bring a group of children to party at the Community Center! **Submit request online at maplegrovecommunitycenter.org, Room Rentals** or call the Birthday Party Hot Line at 763-494-5966. Leave your name, address, phone number, the package, a preferred date and the estimated number who will attend the party. Your call will be returned within a 48-hour period. Calls are returned at various hours during the day.



Basic Package

The cost is \$100 for up to 10 youth, including the birthday person. The birthday boy/girl can choose one or two activities- playtime in the Grove Cove Aquatic Center pools, the Maple MAZE Indoor Playground or ice-skating. Skating is available most Fridays 7:15 - 8:45 pm and Saturdays & Sundays 1:00 pm - 2:30 pm. Parties include a private decorated party room for 90 minutes, a t-shirt for the birthday boy/girl, paper products (cups, plates, sporks and napkins) and beverages (pop or juice boxes). Place settings for two adults are included. Planning is a breeze when you let us help with scheduling the party. \$5.00 per additional child. Call the Birthday Party Hotline at 763-494-5966 today!

Princess Party

Come celebrate your birthday in royal style at the Community Center. Be a princess for the day! The cost is \$130.00 for up to 10 youth including the birthday princess and \$5.00 for each additional child. Place settings for two adults are also included. The princess and her royal court are able to choose up to two activities - swimming at the Grove Cove Aquatic Center Pools, the Maple Maze indoor playground or ice skating. Ice skating is available most Fridays 7:15-8:45 pm and Saturdays & Sundays 1:00-2:30 pm. Parties include a private party room for 90 minutes, decorated in the princess theme, pink and purple paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes). You will also receive a royal 5" pink and purple colored cake and ten cupcakes, tiaras or crowns for everyone and a T-shirt for the guest of honor. Call the birthday party hotline at 763-494-5966 to reserve.

Super Hero Party

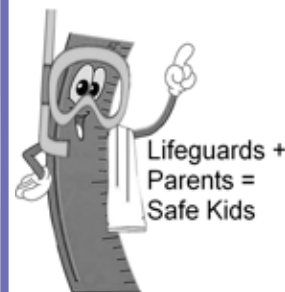
Let your child be a super hero for the day! The private party room is decorated in favorite super hero cutouts and decor to set the stage for a super fun birthday! The cost is \$130 for up to 10 children including the guest of honor and \$5 for each additional child. The super hero can choose up to two activities: swimming at the Grove Cove Aquatic Center Pools, the Maple MAZE Indoor Playground or ice skating. Ice skating is available most Fridays 7:15 - 8:45 pm and Saturdays & Sundays from 1:00 - 2:30 pm. Your party includes a decorated private room for 90 minutes, paper products (cups, plates, sporks and napkins) and beverages (soda or juice boxes). You will also receive a 5" blue and green colored cake with ten cupcakes, super hero masks and a T-shirt for the guest of honor. Call the Birthday Party hotline at 763-494-5966 to make your reservation!

See Teen Center Birthday celebrations on page 31!

POOL SUPERVISION POLICY!

All children under 42" tall must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

LIFEGUARDS + PARENTS = SAFE KIDS!



Reservation Information

Packages are offered Friday, Saturday and Sundays. A minimum of ten guests (youth) is required and pays the base rate. Additional guests can be added for a group up to 30 people. Rates per guest are dependent upon the package selected. A minimum of one adult must accompany youth.

The Birthday Party Package **base fee is due at the time of booking**. The amount due for the Basic Party rate is \$100.00 and the Princess and Superhero Party rates are \$130.00. The remaining balance is due the day of the party. This includes additional children, food, additional beverages, etc.

Cancellations must be received by email a minimum of 30 days prior to the date of the party to receive a full refund. Payment will be forfeited without a written cancellation. **No checks will be accepted.**

Additional options that can be added to any package

- ◆ \$3.50 per person for a hot dog and chips
- ◆ \$12.00 per one topping pizza. Select from cheese, pepperoni or sausage pizza. Additional toppings are \$1.50 per topping. Must place pizza order during the reservation process.
- ◆ \$5.00 for extra paper supplies for up to 15 adults
- ◆ \$4.00 per pitcher of pop
- ◆ \$4.50 per adult to swim
- ◆ \$2.00 per adult for ice skating & \$2.50 for skate rental
- ◆ \$15.00 for a 10" white or chocolate cake
- ◆ \$25/hour & tax for Residents and \$30/hour & tax for Non-Residents for additional room time.

***Add 7.275% Sales Tax**

Private Maple Maze Rentals

Rent the Maple Maze indoor playground for your private party on Sundays from 6:15 pm - 8:15 pm or Saturdays from 8:15 pm - 10:15 pm. The fee of \$150 includes use of a room for up to 40 people for an hour. Call 763-494-6527 for availability.

Community Center - Ice Arenas

ICE ARENA

The Ice Arena offers great opportunities to get together with family and friends. Open skating, adult open hockey, low test freestyle skating are available at scheduled times. Open skating schedules are updated monthly and made available at the ice arena office and customer service desks. Pick up an hour of ice time to skate with friends, family or co-workers. Call 763-494-6465 to schedule ice time.

Dead Ice Hotline

What is Dead Ice? Dead Ice is a block of time that has not been reserved by anyone. No Dead Ice is available on weekends. Skaters may use the ice until the next reserved hour. Admission is \$7.00 per skater. For more information call 763-494-5951.

<u>Daily Admission</u>	<u>Regular/Non-Res.</u>	<u>Resident</u>
Weekend/Evening Open Skate	\$6.00	\$5.00
Weekday Open Skate*	\$2.50	\$2.50
*Not valid during school release days. (Youth 4 and under are free)		
Adult Open Hockey	\$6.50	\$6.50
Low Test Freestyle	\$6.50	\$6.50
Dead Ice	\$7.00	\$7.00
Coupon Book Open Skate	\$45.00	\$45.00
10 coupons/book-all ages		

All Building Membership offers year round access to open skating, adult open hockey, Low Test Freestyle and Dead Ice.

Skating Services

Skate Rentals	\$2.50 per pair
(sizes youth 8 to adult 12)	
Skate Sharpening	\$4.00 per pair

Ice Rental Rates

<i>Prime Time Ice (Sept. - May)</i>	\$190.00/hour + tax
Mon - Fri	2:00 p.m. - 11:00 p.m.
Sat & Sun	6:00 a.m. - 11:00 p.m.
<i>Non-Prime Time Ice (June-August)</i>	\$155.00/hour + tax
Mon - Fri	11:01 p.m. - 1:59 p.m.
Sat - Sun	11:01 p.m. - 5:59 a.m.

***For exclusion dates please see the monthly schedule available online at www.maplegrovecommunitycenter.org or call the ice area office at 763-494-5968.**

Weekday Open Skate*

Beginning September 6
Tuesday & Thursday 11:30 a.m. – 1:00 p.m.
Youth ages 4 and under are free. Adult supervision is required.

Weekend Open Skate*

Fridays 7:15 p.m. – 8:45 p.m.
Saturdays 1:00 p.m. – 2:30 p.m.
(Beginning September 10)
Sundays 1:00 p.m. – 2:30 p.m.
Youth ages 4 and under are free. Adult supervision is required.

Adult Open Hockey*

Sundays 11:15 a.m. – 12:45 p.m.
Fridays 11:30 a.m. – 1:00 p.m.
**Helmets and shin pads are required. Skaters must be 18 years or older.*



School Vacation and Release Days Open Skate

\$5.00 resident & \$6.00 non-resident.
Youth ages 4 and under are free. Adult supervision is required.

Monday, October 10	11:30 a.m. – 1:00 p.m.
Thursday, October 20	11:30 a.m. – 1:00 p.m.
Friday, October 21	11:30 a.m. – 1:00 p.m.
Friday, November 25	11:30 a.m. – 1:00 p.m.

Low Test Freestyle*

Sundays 9:30 a.m. – 11:00 a.m.
Senior Open Skate* (ages 50 and older)
Tuesdays & Thursdays 9:00 a.m. – 10:00 a.m.
(beginning September 11)
No Charge

2016 Fall Open Skate Specials

Fall Colors - Wear orange and receive a 50% discount on admission.

Friday, September 23 7:15 pm - 8:45 pm

Scary Skate - Free admission for skaters in Costume. Skate to the fun sounds of Halloween mixed with chilling and creepy music. \$2.00 for skaters not in costume. Win fun prizes!

Friday, October 28 7:15 pm - 8:45 pm

A Thanksgiving Donation - Bring in one can of non-perishable food to donate to a local food shelf and receive a 50% discount on admission. Bring in two cans of food and skate free!

Friday, November 25 7:15 pm - 8:45 pm

Ice Arena Concession Stand

Thanks to OMGHA for providing volunteers and quality services with a friendly smile. Stop in for a cup of hot coffee, hot dog, cookies, french fries and more items at the lower level concession stand.



Community Center - Aquatic Center



Admission fee provides access to the lap and leisure pools, offering activities for the entire family. The indoor leisure pool features a zero-depth beach area, water spray activities, a 130-foot waterslide and a tot slide. The lap pool features 25-yard lap lanes, a climbing wall and a rope swing that drops into 12.5 feet of water. The outdoor pool features a lazy river, tumble buckets, log walk and water sprays. The pool schedule is listed on page 58. Patrons under the age of 1 are free with a paying adult.

Daily Admission	Regular/Non-Res	Resident
Single - under 1 free	\$7.00	\$6.00
Family	\$25.00	\$22.00
Coupon Book	Regular/Non-Res	Resident
10 coupons/book-all ages	\$55.00	\$55.00

Hours of Operation

Pool schedules list hours for open swim, waterslide, rope swing and hours the pools are closed for instructional programs. Lap swim hours are updated weekly. Pool schedules are available at the customer service desks or on our website at maplegrovecommunitycenter.org

Flotation Fun!

During designated times, the lap pool will have fun flotation items available for you to play with! All persons using the lap pool during this time must be capable of swimming in deep water unassisted, and will be tested by a lifeguard. Please DO NOT bring your own flotation! We will provide everything you need for a fabulous float time!

Please check at the pool customer service desk for dates and times. The climbing wall, rope swing and volleyball net will not be available during float times.

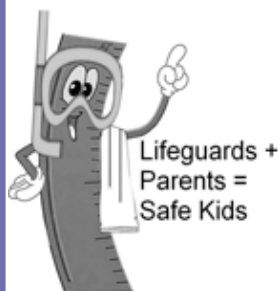
Group Rates

Group rates are available for 25 or more swimmers at \$5.00 per person. A two-week advance reservation is required and you must pay with one transaction. Groups are scheduled Thursdays and Fridays during the school year from 10:00 a.m. – 12 pm, or after hours any night of the week. A minimum of 50 swimmers is required to make the water slide, rope swing & climbing wall available. Call 763-494-5969 to schedule your group now.

POOL SUPERVISION POLICY!

All children under 42" tall must have an adult in the water within arms reach to use the Grove Cove Aquatic Center Pools. One adult may be responsible for supervising up to 3 children under 42".

**LIFEGUARDS + PARENTS =
SAFE KIDS!**



Special Events and Family Fun

Friday Family Fundays!

Every Friday from September 23 - December 30 will be a **Friday Family Funday!** Discounted admission rates and great concession specials make each Friday a great family day at the pool. There may be drawings or give-aways for pool patrons throughout the day. Come in and check it out - specials will run all day, every Friday this Fall!

Special Saturdays at the Grove Cove

Love Your Library Day - October 1

All book lovers can visit the Grove Cove for discounted daily admission rates of \$5.00/individual or \$19.00/family. Bring your library card to receive the discount.

Marathon Weekend - October 8

Anyone who has participated in any organized race of any length can visit the Grove Cove for discounted daily admission rates of \$5.00/individual or \$19.00/family. Bring your race number to receive the discount.

Education Appreciation Day - October 15

All teachers, principals, school staff and their families can visit the Grove Cove for discounted daily admission rates of \$5.00/individual or \$19.00/family. Bring your school ID to receive the discount.

Scout Day - October 22

All Girl Scouts, Boy Scouts, troop leaders and their families can visit the Grove Cove for discounted daily admission of \$5.00/individual or \$19.00/family. Wear a piece of your uniform to receive the discount.

Age Limit

Patrons with children age 4 and older must use the same-sex lockerroom or the family changing rooms.

Pool Rules

- ♦ US Coast Guard approved lifejackets are allowed if there is an adult in the water within arms reach. Lifejackets may not be worn on the rope swing, climbing wall, blue waterslide or during lap swim or flotation fun. Lifejackets may not be inflatable. No other flotation devices are allowed, including water wings, noodles, kickboards, tubes and air mattresses, unless approved by the Supervisor on Duty in the case of a therapeutic, instructional or exercise program or a special need.
- ♦ Parents are **required** to be in the water with all children under 42" tall.
- ♦ Swim diapers are required for all non-trained swimmers, and are for sale at the lower level customer service desk.
- ♦ Small toys, diving rings, and beach balls are allowed if used in a safe manner and do not endanger other swimmers. Footballs, baseballs, tennis balls, hockey pucks and other hard objects are not allowed.
- ♦ No diving in any of the pools.
- ♦ No diving masks with glass lenses are allowed in the pool.
- ♦ No glass, street shoes, food or beverages in the pool area.
- ♦ No refunds are issued for pool closure due to defecation, vomit, weather, or other unforeseen situations.

The Grove Cove Pools will be closed

Sept. 6 - 18 for annual maintenance.

The indoor pools will to reopen on Sept. 19 at 6:00 a.m.

Please bring your life jackets and diving masks to the pool office to be checked before using!

Community Center - Aquatic Center

THE GROVE COVE AQUATIC CENTER FALL SCHEDULE

Come in and join the fun at the Grove Cove Aquatic Center! There are activities and features for the entire family. The Leisure Pool features a zero-depth beach area and water spray activities including a teacup, water curtain, umbrella jet water geysers and a bubble bench. This pool also includes a twisting 130-foot long waterslide that empties into 3½ feet of warm water. The Lap Pool features 25-yard lap lanes, volleyball net, and a rope swing and climbing wall that both drop into 12½ feet of water.

FALL SCHEDULE - BEGINNING SEPTEMBER 19, 2016

LEISURE POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 am	Open Swim	Open Swim	Open Swim	Open Swim	Open Swim	Pool Closed	Pool Closed
7:00 am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am	Lessons / Open 8:00am-12:00 pm	Open Swim 10:00am-12:00pm
8:00 am	Arthritis / Open	Arthritis / Lessons	Sr Swim / Open	Arthritis / Lessons	Arthritis / Open		
9:00 am	Lessons / Open		Lessons / Open		Open Swim	(Groups may use Pools from 10am- 12pm. Pools will be open to Public)	
10:00 am	9:15am-12:40pm	Lessons / Open	9:15am-12:40pm	(Groups may use Pools from 10am- 12pm. Pools will be open to Public)			
11:00 am		9:15am-12:40pm					
12:00 pm		Open Swim					
1:00 pm	Sr Swim / Open	Open Swim	Sr Swim / Open	Lessons / Open	Open Swim with Waterslide 12:00pm-8:00pm		
2:00 pm	Open Swim	12:40pm-3:40pm	Open Swim				
3:00 pm	Lessons / Open	Lessons / Open	Lessons / Open	Lessons / Open	Open Swim with Waterslide 5:00pm-9:00 pm	Open Swim with Waterslide 12:00pm-6:00pm	
4:00 pm	3:40pm-6:30 pm	3:40pm-6:30 pm	3:40pm-6:30 pm	3:40pm-6:30 pm			
5:00 pm	Open Swim with Waterslide	Open Swim with Waterslide	Open Swim with Waterslide	Open Swim with Waterslide			
6:00 pm							
7:00 pm							
8:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm	6:30pm-9:00 pm	Pool Closed		

NOTE: The Leisure Pool will remain open to the Public during swim lessons and classes. We ask that open swim patrons please be respectful of classes. Instructional equipment is for class use only. **PLEASE NOTE:** The water spray features may be turned OFF during classes! On dates when lessons or classes are not in session, the entire Leisure Pool will be available for Open Swim.

LAP POOL SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
6:00 am	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Pool Closed	Pool Closed		
7:00 am	6:00am-9:15am	6:00am-8:00am	6:00am-9:00am	6:00am-8:00am	6:00am-9:00am	LTF Aerobics			
8:00 am	LTF Aerobics 9:15am-10:30am Lap Swim 10:30am-3:40pm 1:00 pm 2:00 pm 3:00 pm	Sr Swim Fitness	LTF Aerobics Lap Swim 10:00am-3:40pm	Sr Swim Fitness	LTF Aerobics Groups*** 10:00am-12:00pm Lap Swim 12:00pm-3:40pm			Lessons / Lap 9:00am-12:00pm	Lap Swim 10:00am-1:00pm
9:00 am		Lap Swim		Lap Swim		Lessons / Lap 9:00am-12:00pm	Lap Swim 12:00pm-5:00pm	Open Swim with *Rope Swing / Climbing Wall 1:00pm-8:00pm	Open Swim with *Rope Swing / Climbing Wall 1:00pm-6:00pm
10:00 am		9:00am-3:40pm		Lap Swim		Groups*** 10:00am-12:00pm			
11:00 am		Lap Swim		10:00am-3:40pm		Lap Swim 12:00pm-3:40pm			
12:00 pm		10:30am-3:40pm							
1:00 pm						Open Swim with *Rope Swing / Climbing Wall 1:00pm-8:00pm	Open Swim with *Rope Swing / Climbing Wall 1:00pm-6:00pm		
2:00 pm									
3:00 pm									
4:00 pm									
5:00 pm									
6:00 pm	Lessons / Lap 3:40-6:00 pm	Lessons / Lap 3:40-6:00 pm	Lessons / Lap 3:40-6:00 pm	Lessons / Lap 3:40-6:00 pm	Open Swim with *Rope Swing / Climbing Wall 5:00-9:00 pm				
7:00 pm	Lap Swim	Lap Swim	Lap Swim	Lap Swim					
8:00 pm	MGPR Aerobics	LTF Aerobics	MGPR Aerobics	6:00-9:00pm					
9:00 pm	Lap Swim	Lap Swim	Tri Trng/Lap			Pool Closed			

NOTE: At least one Lap Lane will remain open during afternoon swim lessons, and at least three Lap Lanes will remain open during Saturday morning swim lessons. The Lap Pool will NOT be available during Aerobics classes! On dates when lessons or classes are not in session, the Lap Pool will be open for Lap Swim. ***On Thursday and Friday mornings, when NO GROUPS are scheduled, all Lap Lanes will be available for Lap Swim. Weekly Lap Swim schedules are available at the Customer Service desks or in the literature racks located around the Community Center. *During these times, the Rope Swing and Climbing Wall will be open on an alternating basis as determined by staff.

The Pools will have **Special Hours** on the following dates due to Holidays or District #279 No School Days:

9/6/16 – 9/18/16.....Pools Closed for Annual Shut-Down and Maintenance.
 9/19/16.....Indoor Pools re-open at 6:00 am.
 10/10/16.....Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00–9:00 pm.
 10/20/16.....Rope Swing / Climbing Wall open from 1:00-5:00 pm. Waterslide open 12:00–9:00 pm.
 10/21/16.....Rope Swing / Climbing Wall from 1:00-5:00 pm and 7:00-9:00 pm. Waterslide open 12:00–9:00 pm.
 11/24/16.....**POOLS & COMMUNITY CENTER CLOSED.**
 11/25/16.....Rope Swing / Climbing Wall open from 1:00-5:00 pm and 7:00-9:00 pm. Waterslide open 12:00–9:00 pm.
 12/2/16.....Rope Swing / Climbing Wall open from 1:00-5:00 pm and 7:00-9:00 pm. Waterslide open 12:00–9:00 pm.

Learn to Swim

New look! Now
sorted by age and
skill level!

RED CROSS CERTIFICATION

Maple Grove Middle School
7000 Hemlock Lane North

Maple Grove Community Center
12951 Weaver Lake Road

Miscellaneous: **Lessons missed by students will not be made up.** You can purchase a cap for \$2.00 and goggles for \$6.00 from the Pool Supervisor.

The American Red Cross offers six comprehensive course levels that teach anyone 18 months through adult to be safe in, on and around water. The prerequisite for each level is the successful demonstration of the skills from the preceding level, except for Level 1, which has no prerequisite. Each level of Learn to Swim includes training in basic water safety and helping a swimmer in distress, in addition to swim skills. Exit skills are a combination of skills learned. Instructors will be checking skills the first day of class to confirm that swimmers are placed in the appropriate class. If you have any questions or concerns, contact Adrienne Vassar, 763-494-6493.

SESSIONS

- 01. MG Middle School - Mondays, September 26 - November 7 (ex Oct 10 & 31) - 5 lessons**
- 02. MG Middle School - Mondays, November 14 - December 19 - 6 lessons**
- 03. MG Middle School - Wednesdays, September 28 - November 2 (ex Oct 19) - 5 lessons**
- 04. MG Middle School - Wednesdays, November 9 - December 14 (ex Nov 23) - 5 lessons**
- 05. MG Community Center - Saturdays, October 1 - November 19 (ex Oct 22) - 7 lessons**
- 06. MG Community Center - Mondays DAYTIME, September 26 - November 7 (ex Oct 10) - 6 lessons**
- 07. MG Community Center - Mondays After School, September 26 - November 6 (ex Oct 10) - 6 lessons**
- 08. MG Community Center - Mondays DAYTIME, November 14 - December 19 - 6 lessons**
- 09. MG Community Center - Mondays After School, November 14 - December 19 - 6 lessons**
- 10. MG Community Center - Tuesdays DAYTIME, September 27 - November 1 - 6 lessons**
- 11. MG Community Center - Tuesdays DAYTIME, November 15 - December 20 - 6 lessons**
- 12. MG Community Center - Wednesdays DAYTIME, September 28 - November 2 - 6 lessons**
- 13. MG Community Center - Wednesdays After School, September 28 - November 2 - 6 lessons**
- 14. MG Community Center - Wednesdays DAYTIME, November 16 - December 21 - 6 lessons**
- 15. MG Community Center - Wednesdays After School, November 16 - December 21 - 6 lessons**
- 16. MG Community Center - Tues & Thurs After School, September 27 - October 13 - 6 lessons**
- 17. MG Community Center - Tues & Thurs After School, October 25 - November 17 (ex Nov 8) - 7 lessons**
- 18. MG Community Center - Tues & Thurs After School, November 29 - December 15 - 6 lessons**

Parent/Child - 30 Minute Classes

Ages 18 months - 5 years with adult. Adult and child are in the water together. Includes ~ Submerging mouth, nose and eyes in water. ~ Floating on front and back. ~ Entering and exiting the water. ~ Glide on front and back with support. ~ Begin leg and arm movement.

Skill Level	Time	Cost	Location	Date	Code	Sess
Parent/Child	6:45-7:15 pm	\$64	MG Mid School	Mon, Sept 26 - Nov 7 (ex Oct 10 & 31)	412101-01	01
Parent/Child	6:45-7:15 pm	\$76	MG Mid School	Mon, Nov 14 - Dec 19	412101-02	02
Parent/Child	6:45-7:15 pm	\$64	MG Mid School	Wed, Sept 28 - Nov 2 (ex Oct 19)	412101-03	03
Parent/Child	6:45-7:15 pm	\$64	MG Mid School	Wed, Nov 9 - Dec 14 (ex Nov 23)	412101-04	04
Parent/Child	10:20-10:50 am	\$88	Comm Center	Sat, Oct 1 - Nov 19 (ex Oct 22)	412101-05	05
Parent/Child	9:50-10:20 am	\$76	Comm Center	Mon, Sept 26 - Nov 7 (ex Oct 10) DAYTIME	412101-06	06



Like us on Facebook!
www.facebook.com/grovecoveaquaticcenter

See more Parent/Child Classes next page →

Learn to Swim

Parent/Child - 30 Minute Classes

Ages 18 months - 5 years with adult. Adult and child are in the water together. Includes ~ Submerging mouth, nose and eyes in water. ~ Floating on front and back. ~ Entering and exiting the water. ~ Glide on front and back with support. ~ Begin leg and arm movement.

Skill Level	Time	Cost	Location	Date	Code	Sess
Parent/Child	6:00-6:30 pm	\$76	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) After School	412101-07	07
Parent/Child	9:50-10:20 am	\$76	Comm Center	Mon, Nov 14 – Dec 19 DAYTIME	412101-08	08
Parent/Child	6:00-6:30 pm	\$76	Comm Center	Mon, Nov 14 – Dec 19 After School	412101-09	09
Parent/Child	9:50-10:20 am	\$76	Comm Center	Tue, Sept 27 – Nov 1 DAYTIME	412101-10	10
Parent/Child	9:50-10:20 am	\$76	Comm Center	Tue, Nov 15 – Dec 20 DAYTIME	412101-11	11
Parent/Child	10:25-10:55 am	\$76	Comm Center	Wed, Sept 28 – Nov 2 DAYTIME	412101-12	12
Parent/Child	6:00-6:30 pm	\$76	Comm Center	Wed, Sept 28 – Nov 2 After School	412101-13	13
Parent/Child	10:25-10:55 am	\$76	Comm Center	Wed, Nov 16 – Dec 21 DAYTIME	412101-14	14
Parent/Child	6:00-6:30 pm	\$76	Comm Center	Wed, Nov 16 – Dec 21 After School	412101-15	15
Parent/Child	6:00-6:30 pm	\$76	Comm Center	Tue & Thur, Sept 27 – Oct 13 After School	412101-16	16
Parent/Child	6:00-6:30 pm	\$88	Comm Center	Tue & Thur, Oct 25 – Nov 17 (ex Nov 8) After School	412101-17	17
Parent/Child	6:00-6:30 pm	\$76	Comm Center	Tue & Thur, Nov 29 – Dec 15 After School	412101-18	18

Age 3 without parent - 30 Minute Classes

Designed for cautious swimmers. Includes ~ Submerge face in the water. ~ Glide on front and back with support. ~ Begin arm stroke and kicks. If your child shows he or she is not ready to be without a parent, you and your child **may join the Parent/Child class**. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 3 w/o parent	10:20–10:50 am 11:30 am-noon	\$88	Comm Center	Sat, Oct 1 – Nov 19 (ex Oct 22)	412102-01 412102-02	05
Age 3 w/o parent	9:50-10:20 am 10:25-10:55 am	\$76	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) DAYTIME	412102-03 412102-04	06
Age 3 w/o parent	6:00-6:30 pm	\$76	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) After School	412102-05	07
Age 3 w/o parent	9:50-10:20 am 10:25-10:55 am	\$76	Comm Center	Mon, Nov 14 – Dec 19 DAYTIME	412102-06 412102-07	08
Age 3 w/o parent	6:00-6:30 pm	\$76	Comm Center	Mon, Nov 14 – Dec 19 After School	412102-08	09
Age 3 w/o parent	9:50-10:20 am 10:25-10:55 am	\$76	Comm Center	Tue, Sept 27 – Nov 1 DAYTIME	412102-09 412102-10	10
Age 3 w/o parent	9:50-10:20 am 10:25-10:55 am	\$76	Comm Center	Tue, Nov 15 – Dec 20 DAYTIME	412102-11 412102-12	11
Age 3 w/o parent	9:50-10:20 am 10:25-10:55 am	\$76	Comm Center	Wed, Sept 28 – Nov 2 DAYTIME	412102-13 412102-14	12
Age 3 w/o parent	6:00-6:30 pm	\$76	Comm Center	Wed, Sept 28 – Nov 2 After School	412102-15	13
Age 3 w/o parent	9:50-10:20 am 10:25-10:55 am	\$76	Comm Center	Wed, Nov 16 – Dec 21 DAYTIME	412102-16 412102-17	14
Age 3 w/o parent	6:00-6:30 pm	\$76	Comm Center	Wed, Nov 16 – Dec 21 After School	412102-18	15
Age 3 w/o parent	6:00-6:30 pm	\$76	Comm Center	Tue & Thur, Sept 27 – Oct 13 After School	412102-19	16
Age 3 w/o parent	6:00-6:30 pm	\$88	Comm Center	Tue & Thur, Oct 25 – Nov 17 (ex Nov 8) After School	412102-20	17
Age 3 w/o parent	6:00-6:30 pm	\$76	Comm Center	Tue & Thur, Nov 29 – Dec 15 After School	412102-21	18

Learn to Swim

Ages 4-5 without parent - 30 Minute Classes

Designed for swimmers who are comfortable in the water. Includes ~ Float independently. ~ Glide on front and back, roll over and float for 5 seconds with support. ~ Combine arm and leg action on front and back with support. ~ Enter and exit the water independently. ~ Use combined arm and leg action for 5 body lengths independently. If your child shows he or she is not ready to be without a parent, you and your child **may join the Parent/Child class**. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 4-5 w/o parent	6:45-7:15 pm 7:20-7:50 pm	\$64	MG Mid School	Mon, Sept 26 – Nov 7 (ex Oct 10 & 31)	412103-01 412103-02	01
Age 4-5 w/o parent	6:45-7:15 pm 7:20-7:50 pm	\$76	MG Mid School	Mon, Nov 14 – Dec 19	412103-03 412103-04	02
Age 4-5 w/o parent	6:45-7:15 pm 7:20-7:50 pm	\$64	MG Mid School	Wed, Sept 28 – Nov 2 (ex Oct 19)	412103-05 412103-06	03
Age 4-5 w/o parent	6:45-7:15 pm 7:20-7:50 pm	\$64	MG Mid School	Wed, Nov 9 – Dec 14 (ex Nov 23)	412103-07 412103-08	04
Age 4-5 w/o parent	9:10-9:40 am 9:45-10:15 am 10:55-11:25 am	\$88	Comm Center	Sat, Oct 1 – Nov 19 (ex Oct 22)	412103-09 412103-10 412103-11	05
Age 4-5 w/o parent	10:25-10:55 am 11:00-11:30 am 11:35-12:05 pm 12:10-12:40 pm	\$76	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) DAYTIME	412103-12 412103-13 412103-14 412103-15	06
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$76	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) After School	412103-16 412103-17 412103-18	07
Age 4-5 w/o parent	10:25-10:55 am 11:00-11:30 am 11:35-12:05 pm 12:10-12:40 pm	\$76	Comm Center	Mon, Nov 14 – Dec 19 DAYTIME	412103-19 412103-20 412103-21 412103-22	08
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$76	Comm Center	Mon, Nov 14 – Dec 19 After School	412103-23 412103-24 412103-25	09
Age 4-5 w/o parent	10:25-10:55 am 11:00-11:30 am 11:35-12:05 pm 12:10-12:40 pm	\$76	Comm Center	Tue, Sept 27 – Nov 1 DAYTIME	412103-26 412103-27 412103-28 412103-29	10
Age 4-5 w/o parent	10:25-10:55 am 11:00-11:30 am 11:35-12:05 pm 12:10-12:40 pm	\$76	Comm Center	Tue, Nov 15 – Dec 20 DAYTIME	412103-30 412103-31 412103-32 412103-33	11
Age 4-5 w/o parent	9:50 – 10:20 am 11:00-11:30 am 11:35-12:05 pm 12:10-12:40 pm	\$76	Comm Center	Wed, Sept 28 – Nov 2 DAYTIME	412103-34 412103-35 412103-36 412103-37	12
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$76	Comm Center	Wed, Sept 28 – Nov 2 After School	412103-38 412103-39 412103-40	13



Learn to Swim

Ages 4-5 without parent - 30 Minute Classes

Designed for swimmers who are comfortable in the water. Includes ~ Float independently. ~ Glide on front and back, roll over and float for 5 seconds with support. ~ Combine arm and leg action on front and back with support. ~ Enter and exit the water independently. ~ Use combined arm and leg action for 5 body lengths independently. If your child shows he or she is not ready to be without a parent, you and your child **may join the Parent/Child class**. Ratio is 3:1.

Skill Level	Time	Cost	Location	Date	Code	Sess
Age 4-5 w/o parent	9:50-10:20 am 11:00-11:30 am 11:35-12:05 pm 12:10-12:40 pm	\$76	Comm Center	Wed, Nov 16 – Dec 21 DAYTIME	412103-41 412103-42 412103-43 412103-44	14
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$76	Comm Center	Wed, Nov 16 – Dec 21 After School	412103-45 412103-46 412103-47	15
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$76	Comm Center	Tue & Thur, Sept 27 – Oct 13 After School	412103-48 412103-49 412103-50	16
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$88	Comm Center	Tue & Thur, Oct 25 – Nov 17 (ex Nov 8) After School	412103-51 412103-52 412103-53	17
Age 4-5 w/o parent	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$76	Comm Center	Tue & Thur, Nov 29 – Dec 15 After School	412103-54 412103-55 412103-56	18

Ages 6 and older - 45 Minute Classes

Classes are 45 minutes long with 1 teacher to 3 - 6 children. List swim level when prompted. See below for Level selection. Skills are checked the first day of lessons to confirm that swimmers are placed in the appropriate level.

Level 1 - Introduction to Water Skills: Designed for beginning swimmers. Includes ~ Submerge entire head. ~ Glide on front and back with support. ~ Combine arm and leg action on front and back with support.

Level 2 - Fundamental Aquatic Skills: Includes ~ Tread water. ~ Glide independently. ~ Float on front and back for 5 seconds independently. ~ Use combined arm and leg action on front and back for 5 body lengths independently.

Level 3 - Stroke Development: Builds on skills with practice in deeper water. Includes ~ Front crawl for 15 yards. ~ Tread in deep water for 30 seconds. ~ Swim elementary backstroke for 15 yards.

Level 4 - Stroke Improvement: Develops confidence and improves skills. Includes ~ Swim front crawl and elementary backstroke for 25 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 15 yards.

Level 5 - Stroke Refinement: Develops stroke refinement and endurance. Includes ~ Swim front crawl and elementary backstroke for 50 yards. ~ Swim breaststroke, butterfly, sidestroke and backstroke for 25 yards.

Level 6 - Swimming and Skill Proficiency: Level 6 has Fitness and Diving menu options in addition to ~ Endurance for front crawl, back crawl, breaststroke, elementary back stroke, sidestroke and butterfly and open and flip turns. ~ Swim 500 yards continuously using 3 strokes.

Skill Level	Time	Cost	Location	Date	Code	Sess
Levels 1-2	8:10-8:55 am	\$88	Comm Center	Sat, Oct 1 – Nov 19 (ex Oct 22)	412104-01	05
Levels 1-3	6:45-7:30 pm	\$64	MG Mid School	Mon, Sept 26 – Nov 7 (ex Oct 10)	412105-01	01
Levels 1-3	6:45-7:30 pm	\$76	MG Mid School	Mon, Nov 14 – Dec 19	412105-02	02
Levels 1-3	6:45-7:30 pm	\$64	MG Mid School	Wed, Sept 28 – Nov 2 (ex Oct 19)	412105-03	03
Levels 1-3	6:45-7:30 pm	\$64	MG Mid School	Wed, Nov 9 – Dec 14 (ex Nov 23)	412105-04	04

Learn to Swim

Ages 6 and older - 45 Minute Classes

Classes are 45 minutes long with 1 teacher to 3 - 6 children. List swim level when prompted. See page 68 for Level selection. Skills are checked the first day of lessons to confirm that swimmers are placed in the appropriate level.

Skill Level	Time	Cost	Location	Date	Code	Sess
Levels 1-3	5:10-5:55 pm	\$76	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) After School	412105-05	07
Levels 1-3	5:10-5:55 pm	\$76	Comm Center	Mon, Nov 14 – Dec 19 After School	412105-06	09
Levels 1-3	5:10-5:55 pm	\$76	Comm Center	Wed, Sept 28 – Nov 2 After School	412105-07	13
Levels 1-3	5:10-5:55 pm	\$76	Comm Center	Wed, Nov 16 – Dec 21 After School	412105-08	15
Levels 1-3	5:10-5:55 pm	\$76	Comm Center	Tue & Thur, Sept 27 – Oct 13 After School	412105-09	16
Levels 1-3	5:10-5:55 pm	\$88	Comm Center	Tue & Thur, Oct 25 – Nov 17 (ex Nov 8) After School	412105-10	17
Levels 1-3	5:10-5:55 pm	\$76	Comm Center	Tue & Thur, Nov 29 – Dec 15 After School	412105-11	18
Levels 2-3	10:40-11:25 am	\$88	Comm Center	Sat, Oct 1 – Nov 19 (ex Oct 22)	412107-01	05
Levels 3-4	9:00-9:45 am	\$88	Comm Center	Sat, Oct 1 – Nov 19 (ex Oct 22)	412108-01	05
Levels 4-6 (6Diving)	7:35-8:20 pm	\$64	MG Mid School	Wed, Sept 28 – Nov 2 (ex Oct 19)	412109-01	03
Levels 4-6 (6Diving)	7:35-8:20 pm	\$64	MG Mid School	Wed, Nov 9 – Dec 14 (ex Nov 23)	412109-02	04
Levels 4-6 (6Fitness)	7:35-8:20 pm	\$64	MG Mid School	Mon, Sept 26 – Nov 7 (ex Oct 10 & 31)	412110-01	01
Levels 4-6 (6Fitness)	7:35-8:20 pm	\$76	MG Mid School	Mon, Nov 14 – Dec 19	412110-02	02
Levels 4-6 (6Fitness)	9:50-10:35 am	\$88	Comm Center	Sat, Oct 1 – Nov 19 (ex Oct 22)	412110-03	05
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$76	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) After School	412110-04	07
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$76	Comm Center	Mon, Nov 14 – Dec 19 After School	412110-05	09
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$76	Comm Center	Wed, Sept 28 – Nov 2 After School	412110-06	13
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$76	Comm Center	Wed, Nov 16 – Dec 21 After School	412110-07	15
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$76	Comm Center	Tue & Thur, Sept 27 – Oct 13 After School	412110-08	16
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$88	Comm Center	Tue & Thur, Oct 25 – Nov 17 (ex Nov 8) After School	412110-09	17
Levels 4-6 (6Fitness)	4:20-5:05 pm	\$76	Comm Center	Tue & Thur, Nov 29 – Dec 15 After School	412110-10	18
Adult & Teen	7:35-8:20 pm	\$64	MG Mid School	Mon, Sept 26 – Nov 7 (ex Oct 10 & 31)	412111-01	01
Adult & Teen	7:35-8:20 pm	\$76	MG Mid School	Mon, Nov 14 – Dec 19	412111-02	02

Learn to Swim

Private Lessons - 30 Minute Classes

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. See page 68 for Level selection.

Skill Level	Time	Cost	Location	Date	Code	Sess
Private levels 1-2	8:00-8:30 am 8:25-8:55 am 8:35-9:05 am	\$124	Comm Center	Sat, Oct 1 – Nov 19 (ex Oct 22)	412202-01 412202-02 412202-03	05
Private levels 1-2	9:15-9:45 am	\$107	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) DAYTIME	412202-04	06
Private levels 1-2	6:00-6:30 pm	\$107	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) After School	412202-05	07
Private levels 1-2	9:15-9:45 am	\$107	Comm Center	Mon, Nov 14 – Dec 19 DAYTIME	412202-06	08
Private levels 1-2	6:00-6:30 pm	\$107	Comm Center	Mon, Nov 14 – Dec 19 After School	412202-07	09
Private levels 1-2	9:15-9:45 am	\$107	Comm Center	Tue, Sept 27 – Nov 1 DAYTIME	412202-08	10
Private levels 1-2	9:15-9:45 am	\$107	Comm Center	Tue, Nov 15 – Dec 20 DAYTIME	412202-09	11
Private levels 1-2	9:15-9:45 am	\$107	Comm Center	Wed, Sept 28 – Nov 2 DAYTIME	412202-10	12
Private levels 1-2	6:00-6:30 pm	\$107	Comm Center	Wed, Sept 28 – Nov 2 After School	412202-11	13
Private levels 1-2	9:15-9:45 am	\$107	Comm Center	Wed, Nov 16 – Dec 21 DAYTIME	412202-12	14
Private levels 1-2	6:00-6:30 pm	\$107	Comm Center	Wed, Nov 16 – Dec 21 After School	412202-13	15
Private levels 1-2	6:00-6:30 pm	\$107	Comm Center	Tue & Thur, Sept 27 – Oct 13 After School	412202-14	16
Private levels 1-2	6:00-6:30 pm	\$124	Comm Center	Tue & Thur, Oct 25 – Nov 17 (ex Nov 8) After School	412202-15	17
Private levels 1-2	6:00-6:30 pm	\$107	Comm Center	Tue & Thur, Nov 29 – Dec 15 After School	412202-16	18
Private all levels	7:55-8:25 pm 8:30-9:00 pm	\$90	MG Mid School	Mon, Sept 26 – Nov 7 (ex Oct 10 & 31)	412201-01 412201-02	01
Private all levels	7:55-8:25 pm 8:30-9:00 pm	\$107	MG Mid School	Mon, Nov 14 – Dec 19	412201-03 412201-04	02
Private all levels	7:55-8:25 pm 8:30-9:00 pm	\$90	MG Mid School	Wed, Sept 28 – Nov 2 (ex Oct 19)	412201-05 412201-06	03
Private all levels	7:55-8:25 pm 8:30-9:00 pm	\$90	MG Mid School	Wed, Nov 9 – Dec 14 (ex Nov 23)	412201-07 412201-08	04
Private all levels	9:10-9:40 am 9:45-10:15 am 10:55-11:25 am 11:30-noon	\$124	Comm Center	Sat, Oct 1 – Nov 19 (ex Oct 22)	412201-09 412201-10 412201-11 412201-12	05
Private all levels	11:00-11:30 am 12:10-12:40 pm	\$107	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) DAYTIME	412201-13 412201-14	06
Private all levels	3:40-4:10 pm 4:50-5:20 pm	\$107	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) After School	412201-15 412201-16	07
Private all levels	11:00-11:30 am 12:10-12:40 pm	\$107	Comm Center	Mon, Nov 14 – Dec 19 DAYTIME	412201-17 412201-18	08

Learn to Swim

Private Lessons - 30 Minute Classes

Class size is 1 teacher to 1 swimmer for age 18 months and older with any swimming ability. List swim level when prompted. [See page 68 for Level selection.](#)

Skill Level	Time	Cost	Location	Date	Code	Sess
Private all levels	3:40-4:10 pm 4:50-5:20 pm	\$107	Comm Center	Mon, Nov 14 – Dec 19 After School	412201-19 412201-20	09
Private all levels	11:00-11:30 am 12:10-12:40 pm	\$107	Comm Center	Tue, Sept 27 – Nov 1 DAYTIME	412201-21 412201-22	10
Private all levels	11:00-11:30 am 12:10-12:40 pm	\$107	Comm Center	Tue, Nov 15 – Dec 20 DAYTIME	412201-23 412201-24	11
Private all levels	11:00-11:30 am 11:35-12:05 pm	\$107	Comm Center	Wed, Sept 28 – Nov 2 DAYTIME	412201-25 412201-26	12
Private all levels	3:40-4:10 pm 4:50-5:20 pm	\$107	Comm Center	Wed, Sept 28 – Nov 2 After School	412201-27 412201-28	13
Private all levels	11:00-11:30 am 11:35-12:05 pm	\$107	Comm Center	Wed, Nov 16 – Dec 21 DAYTIME	412201-29 412201-30	14
Private all levels	3:40-4:10 pm 4:50-5:20 pm	\$107	Comm Center	Wed, Nov 16 – Dec 21 After School	412201-31 412201-32	15
Private all levels	3:40-4:10 pm 4:50-5:20 pm	\$107	Comm Center	Tue & Thur, Sept 27 – Oct 13 After School	412201-33 412201-34	16
Private all levels	3:40-4:10 pm 4:50-5:20 pm	\$124	Comm Center	Tue & Thur, Oct 25 – Nov 17 (ex Nov 8) After School	412201-35 412201-36	17
Private all levels	3:40-4:10 pm 4:50-5:20 pm	\$107	Comm Center	Tue & Thur, Nov 29 – Dec 15 After School	412201-37 412201-38	18

Semi-Private Lessons - 30 Minute Classes

These lessons are for **2 swimmers ages 3 years and older of similar skill level taught by 1 teacher**. Sign up for only **ONE** spot and list the name of the second swimmer when prompted. List swim levels when prompted. [See page 68 for Level selection.](#)

Skill Level	Time	Cost	Location	Date	Code	Sess
Semi-Private levels 1-2	8:00-8:30 am 8:35-9:05 am	\$208	Comm Center	Sat, Oct 1 – Nov 19 (ex Oct 22)	412304-01 412304-02	05
Semi-Private levels 1-2	9:15-9:45 am	\$179	Comm Center	Wed, Sept 28 – Nov 2 DAYTIME	412304-03	12
Semi-Private levels 1-2	9:15-9:45 am	\$179	Comm Center	Wed, Nov 16 – Dec 21 DAYTIME	412304-04	14
Semi-Private all levels	7:20-7:50 pm 7:55-8:25 pm	\$150	MG Mid School	Mon, Sept 26 – Nov 7 (ex Oct 10 & 31)	412303-01 412303-02	01
Semi-Private all levels	7:20-7:50 pm 7:55-8:25 pm	\$179	MG Mid School	Mon, Nov 14 – Dec 19	412303-03 412303-04	02
Semi-Private all levels	7:20-7:50 pm 7:55-8:25 pm	\$150	MG Mid School	Wed, Sept 28 – Nov 2 (ex Oct 19)	412303-05 412303-06	03
Semi-Private all levels	7:20-7:50 pm 7:55-8:25 pm	\$150	MG Mid School	Wed, Nov 9 – Dec 14 (ex Nov 23)	412303-07 412303-08	04
Semi-Private all levels	11:30-noon	\$208	Comm Center	Sat, Oct 1 – Nov 19 (ex Oct 22)	412303-09	05
Semi-Private all levels	9:15-9:45 am 11:35-12:05 pm	\$179	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) DAYTIME	412303-10 412303-11	06

[See more Semi-Private Lessons next page →](#)

Learn to Swim

Semi-Private Lessons - 30 Minute Classes

These lessons are for **2 swimmers ages 3 years and older of similar skill level taught by 1 teacher**. Sign up for only **ONE** spot and list the name of the second swimmer when prompted. List swim levels when prompted. **See page 68 for Level selection.**

Skill Level	Time	Cost	Location	Date	Code	Sess
Semi-Private all levels	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$179	Comm Center	Mon, Sept 26 – Nov 7 (ex Oct 10) <i>After School</i>	412303-12 412303-13 412303-14	07
Semi-Private all levels	9:15-9:45 am 11:35-12:05 pm	\$179	Comm Center	Mon, Nov 14 – Dec 19 <i>DAYTIME</i>	412303-15 412303-16	08
Semi-Private all levels	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$179	Comm Center	Mon, Nov 14 – Dec 19 <i>After School</i>	412303-17 412303-18 412303-19	09
Semi-Private all levels	9:15-9:45 am 11:35-12:05 pm	\$179	Comm Center	Tue, Sept 27 – Nov 1 <i>DAYTIME</i>	412303-20 412303-21	10
Semi-Private all levels	9:15-9:45 am 11:35-12:05 pm	\$179	Comm Center	Tue, Nov 15 – Dec 20 <i>DAYTIME</i>	412303-22 412303-23	11
Semi-Private all levels	12:10-12:40 pm	\$179	Comm Center	Wed, Sept 28 – Nov 2 <i>DAYTIME</i>	412303-24	12
Semi-Private all levels	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$179	Comm Center	Wed, Sept 28 – Nov 2 <i>After School</i>	412303-25 412303-26 412303-27	13
Semi-Private all levels	12:10-12:40 pm	\$179	Comm Center	Wed, Nov 16 – Dec 21 <i>DAYTIME</i>	412303-28	14
Semi-Private all levels	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$179	Comm Center	Wed, Nov 16 – Dec 21 <i>After School</i>	412303-29 412303-30 412303-31	15
Semi-Private all levels	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$179	Comm Center	Tue & Thur, Sept 27 – Oct 13 <i>After School</i>	412303-32 412303-33 412303-34	16
Semi-Private all levels	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$208	Comm Center	Tue & Thur, Oct 25 – Nov 17 (ex Nov 8) <i>After School</i>	412303-35 412303-36 412303-37	17
Semi-Private all levels	3:40-4:10 pm 4:15-4:45 pm 5:25-5:55 pm	\$179	Comm Center	Tue & Thur, Nov 29 – Dec 15 <i>After School</i>	412303-38 412303-39 412303-40	18

POOL CLOSINGS

The last day of the outdoor pool season is Monday, September 5. The Maple Grove Community Center indoor pools will be closed for annual maintenance Tuesday, September 6 - Sunday, September 18. The indoor pools will reopen on Monday, September 19 at 6:00 a.m.

GROUP POOL RENTAL

The Maple Grove and Osseo Middle School pools are available on a limited basis for group gatherings. Use of the pool and lockerrooms, including supervision and lifeguards is \$90.00 per hour on weekdays and \$135.00 per hour on Friday nights and weekends. For additional information and scheduling, contact Adrienne Vassar, 763-494-6493 or avassar@maplegrovern.gov a minimum of two weeks in advance of your requested date.

NHCP SWIM CLUB

The NHCP Swim Club provides an opportunity for boys and girls, ages 6-18, to acquire the skills for competitive swimming through professional coaching, teamwork and self-discipline. The club is sanctioned by United States Swimming and promotes good sportsmanship, fitness, fun and friendship. Competitive swim meets are held throughout the state of Minnesota, with most in the metropolitan area.

This is a year-round program with fall, winter, spring and summer sessions. Each session has a different schedule. Splash Opportunities (tryouts) are held throughout the year as well as individual assessments for team readiness and placement. For more information or to contact the head coach visit

www.teamunify.com/mnnhnp.

Speciality Swim Classes



WATER AEROBICS

Let's stay in shape! Tone your muscles, improve your cardiovascular system, have fun and stay fit with the help and buoyancy of water to support your joints. This is a great form of exercise for water lovers.

Maple Grove Community Center Pool

Mondays, September 19 – December 19

7:15 – 8:00 pm \$114 (14 ses) 412401-01

Wednesdays, September 21 – December 21

7:15 – 8:00 pm \$114 (14 ses) 412401-02

BASIC LIFEGUARD REVIEW CLASS

Here is your opportunity to renew your lifeguarding!

This course is designed to recertify those who have current certification for Basic Lifeguard. You are required to complete the pre-course test listed under the lifeguard training full class to continue the class. There will be a lecture, video and practice time to prepare for the final written tests and scenarios. You need proof that you are currently certified with your Lifeguard/First Aid/CPR/AED at the time of this class. If your certification has expired, you need to take the full course which is offered at the Maple Grove Community Center starting November 10. To complete this class you must attend all sessions, pass the skills and pass the written tests by 80%. When this course is completed you will receive a 2 year certification for Basic Lifeguard/First Aid/CPR/AED. Bring your swim wear, towel, goggles, lifeguard book and snacks or money for concessions. There is a minimum requirement of 6 participants to run the program. Questions may be directed to Adrienne Vassar at 763-494-6493.

Maple Grove Community Center Pool

Friday - Sunday, November 4 - 6

5:00 – 10:00 pm \$155 412403-01

Note: If your child has any type of disability such as learning, hearing, is a diabetic, has asthma, etc., please indicate this on your mail-in form or contact Michelle DeBace, Program Specialist with the Maple Grove Parks & Recreation Department at 763-494-6516. This information will enable us to provide a more positive learning experience for your child.

BASIC LIFEGUARD TRAINING

Purpose

The purpose of the American Red Cross Lifeguarding course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over.

Prerequisites

1. Must be 15 years old on or before the final scheduled session of this course.
2. Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Candidates may swim using the front crawl, breaststroke or a combination of both but swimming on the back or side is not allowed. Swim goggles may be used.
3. Tread water for 2 minutes using only the legs. Candidates should place their hands under the armpits.
4. Complete a timed event within 1 minute, 40 seconds.
 - Starting in the water, swim 20 yards. The face may be in or out of the water. **Swim goggles are not allowed.**
 - Surface dive, feet-first or head-first, to a depth of 7 to 10 feet to retrieve a 10 pound object.
 - Return to the surface and swim 20 yards on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface so you are able to get a breath. Candidates should not swim the distance under water. Exit the water without using a ladder or steps.

The skills evaluation will occur on the first day of the course. Please bring a swimsuit and towel for the skills evaluation and for every class. Bring proof of age to the pre-course session to continue class. A birth certificate, passport, driver's permit or license will work to prove age.

Certification Requirements

- Attend and participate in all seven class sessions.
- Demonstrate competency in all required skills and activities.
- Demonstrate competency in all required final rescue skill scenarios.
- Pass both the Section 1 – CPR/AED for the Professional Rescuer and First Aid and Section 2 – Lifeguarding Skills final written exams with minimum grades of 80 percent.

Certificate Issued and Validity Period

American Red Cross Certificate for Lifeguarding/First Aid/CPR/AED: 2 years. Contact Adrienne Vassar, 763-494-6493 with questions. Minimum requirement of 6 participants for the class.

Maple Grove Community Center Pool

Thursday, November 10, 6:30 - 9:00 pm

Fridays, November 11 & 18, 5:00 - 10:00 pm

Saturdays, November 12 & 19, 5:00 - 10:00 pm

Sundays, November 13 & 20, 4:00 - 9:00 pm

\$255 412402-01



Like us on Facebook!

www.facebook.com/grovecoveaquaticcenter

Registration Dates

Seniors/55 Forward program registration starts on **Monday, August 15 at 9:00 am.**

General program registration starts on **Tuesday, August 16 at 9:00 am.**

Swim and evening Water Aerobics registration begins **Wednesday, August 17 at 9:00 am.**

The fastest and easiest way to register is online at webtrac.maplegrovern.gov. All Parks & Recreation programs are available to register electronically **EXCEPT** music, Playhouse Preschool, Defensive Driving and tiered-fee programs. Set up your new account BEFORE registration to save time!

Four Easy Ways To Register!



DON'T STAND IN LINE!

ONLINE WITH WebTrac

Log on to

webtrac.maplegrovern.gov

Click on Create an Account.

Create a login (your email address).

Or complete the registration form on page 75 and mail, drop off or fax your registration form and payment in. Be sure to write down the activity number, activity name and fee for each program you're registering for. Missing information can delay your registration. Payment must accompany registration. We accept VISA, MasterCard, Discover, cash and checks. Make checks payable to Maple Grove Parks and Recreation.

Sorry, we cannot accept registrations over the phone.

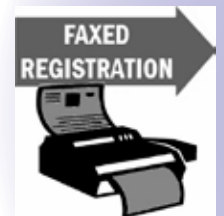
We do not send enrollment confirmations. You will be contacted only if the program is canceled or the date, time or location has changed.



MAIL (processed at random)

Fill out form on page 75.

Mail to: Maple Grove Parks & Recreation
12951 Weaver Lake Rd, Maple Grove,
MN 55369-9409. Make checks payable
to Maple Grove Parks/Rec. Visa,
Mastercard and Discover accepted.



FAX (processed at random)

Fill out form on page 75.

Fax to secure printer 763-494-6456
Visa, Mastercard and Discover accepted.

WALK-IN REGISTRATION

Registrations can be handled

Monday through Friday,
7:00 a.m. - 6:00 pm at the
Maple Grove Community
Center, 12951 Weaver
Lake Rd, Maple Grove.

To avoid standing
in line, register on-line!



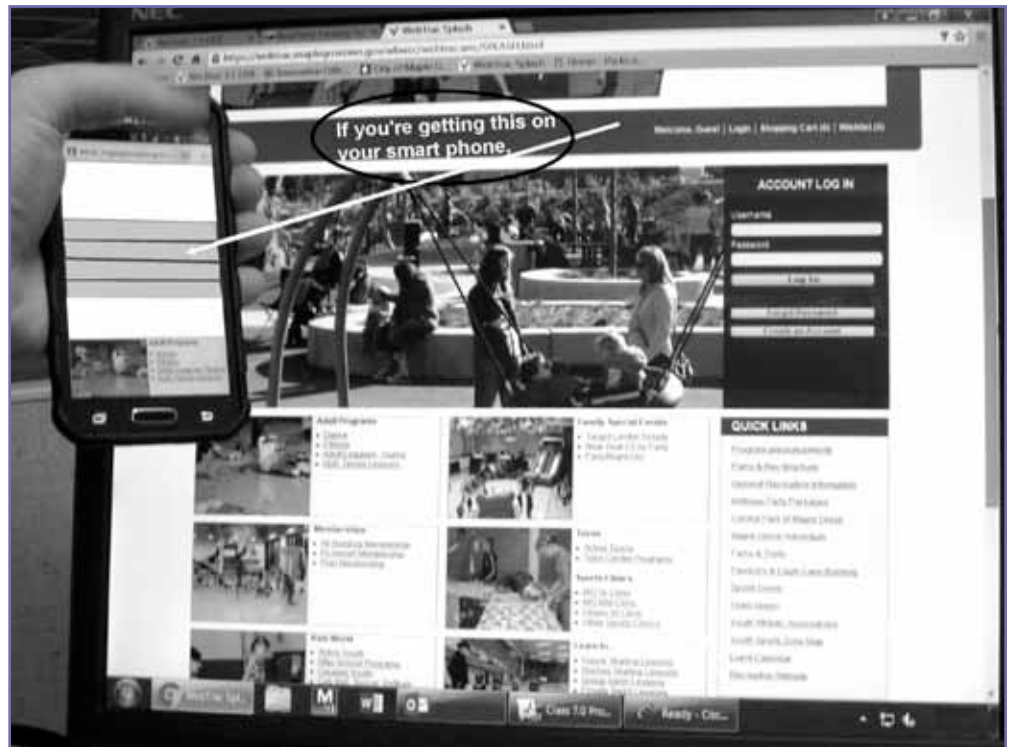
Agreement and Consent

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

Having problems seeing WebTrac?

If you're having problems viewing WebTrac on your Smartphone, bypass the top log-in section, click on the program link that you're interested in and you will be given a second chance to log in.

The preferred browser for this program is **Google!**



MAIL-IN AND FAX (763-494-6456) REGISTRATION FORM (processed at random)

NAME _____ GENDER _____ AGE _____ BIRTHDATE _____

ADDRESS _____ CITY _____ ZIP _____

PHONE: HOME _____ BEST DAY NUMBER _____ CELLPHONE _____

E-MAIL _____

ACTIVITY CODE _____ ACTIVITY TITLE _____ SKILL LEVEL (if applicable) _____

LOCATION _____ DATE _____ TIME _____ AMOUNT _____

CONSENT TO RELEASE INFORMATION & RELEASE OF LIABILITY

I shall indemnify, defend, and hold the City of Maple Grove and the Parks and Recreation Board harmless from any liability against all claims, losses, damages, person's injury or worse during participation in registered programs. In accordance with the Minnesota Government Data Practices Act, the Park Board hereby informs you that the personal information we are requesting of you and/or your child or guardian on this form is considered private. This private data is available to you, city staff, coaches and instructors who need this information to perform their duties, but not to the public. While you may choose to withhold this data, the consequences could be that you may not receive updated program information such as schedule changes. I further give consent to have any photos or videos taken during the program to be used for promotional materials. Either/both of these consents may be cancelled in writing at any time. The completion of this form signifies your acceptance with the hold harmless agreement and two consents.

Parent's Signature (if minor) or Participant's Signature

CHECK NO. _____ Credit Card Authorized Signature _____

VISA/Discover/MasterCard # _____ Expiration _____ Security Code on back _____

Maple Grove Parks and Recreation Board
12951 Weaver Lake Road
Maple Grove, MN 55369

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Osseo, MN

***** ECRWSS **
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Community Center Meeting Rooms



Nothing is quite so individual as meeting in person. We believe that working together is more genuine, and it's an important element to help you create and inspire. When the details of your meeting are professionally handled, you become free to succeed

From seminars and meetings to any group gathering, you'll want to schedule your next event here! The room sizes vary to accommodate 15-250 people. Audiovisual equipment is available to rent.

Call the Rental Line at 763-494-5969

See pages 58-59

Learn to Skate



Ice skating is a fun activity that can be done outdoors in the winter or in an ice rink year-round. Learning how to skate can seem intimidating, but once you get used to the feel of the ice and the movement of your feet, it can be a fun activity to do with friends and a great way to stay healthy!

See pages 12-17